



Eastern Oklahoma Development District

*Serving cities and towns in Adair, Cherokee, McIntosh,
Muskogee, Okmulgee, Sequoyah and Wagoner counties*

Area Agency on Aging

2023 — 2025



Resource Directory

For our

Older Consumers and Caregivers

The EODD Area Agency on Aging
wants you to know about services for the 60+ population in your area.

**CALL YOUR
AREA AGENCY ON AGING
FOR**

INFORMATION & ASSISTANCE

Information on available services in the local communities for seniors.
Referrals are made to all appropriate agencies and service providers as needed.

Assistance is provided to locate and enroll in programs as applicable.

Medicare Assistance Program (MAP) is also available as we are a
Certified SHIP (State Health Insurance Assistance Program) agency.

CAREGIVER PROGRAM

If you provide in-home care for a family member or loved one age 60 or older,
or are a senior age 55 or older who is raising a relative child under the age of 18,
you may be eligible for assistance through the caregiver program.

OUTREACH PROGRAM

In-home assessments are conducted for referral of services such as home-delivered meals,
caregiver, homemaker, transportation, nutrition counseling, health promotion and legal aid.

Our goal is to connect seniors 60 years and older in the EODD AAA service area
with services to meet their needs, now and in the future.

LONG TERM CARE OMBUDSMAN PROGRAM

The purpose of the long-term care Ombudsman program is to help improve
the quality of life and the quality of care available to older residents
living in long-term care nursing homes, assisted living and residential care homes.

A long-term care Ombudsman advocates for the rights of residents in all facilities
and attempts to resolve those complaints or issues of concern.

**CALL
(918) 682-7891
or
CARING ASSISTANCE LINE: 1-800-211-2116
www.eoddok.org**

Thank You to our 2023-2025 sponsoring advertisers!!!

Once again, we are sincerely grateful
for our sponsoring advertisers who made this book possible.
Through their donations for ads, they have helped us
to place this directory in the hands of our older population and their
caregivers throughout eastern Oklahoma.

KIBOIS Community Action

Cherokee Elder Care/PACE

KATS Transit System

Oklahoma Insurance Department/Medicare Assistance Program

OLLI/Learning Never Retires

Azalea Gardens/Heritage Grove Assisted Living

OSU Department of Wellness

Northeast Oklahoma Community Action Agency

Muskogee Swim & Fitness

EODD Area Agency on Aging Caregiver Program

EODD Area Agency on Aging Outreach Services



CUT AND MAIL THIS PORTION IF YOUR BUSINESS WOULD LIKE TO BE
CONTACTED ABOUT ADVERTISING IN THE 2025-2027 PRINTED EDITION
OR NOW FOR THE DIGITAL ONLY EDITION

NAME OF BUSINESS/AGENCY _____

CONTACT NAME _____ PHONE NUMBER _____

EMAIL _____

Mail to: EODD AAA, Resource Directory / PO Box 1367 Muskogee, OK 74402



Serving Eastern Oklahoma
Since 1968

OUR PROGRAMS INCLUDE:

- Housing / Weatherization
- Developmental Disabilities
- Supportive Services For Veteran Families
- Community Care
- Child & Adult Care Food Program
- Retired Senior Volunteer Program
- Foster Grandparent Program
- Domestic Violence Services
- KATS Transportation
- Rx For Oklahoma
- Volunteer Income Tax Assistance
- Emergency Services



Haskell, Latimer, LeFlore
Muskogee, Pittsburg & Sequoyah Counties



200 S.E. 'A' St. / P.O. Box 727
Stigler, OK 74462

R. Carroll Huggins, CCAP, Executive Director/CEO
918-967-3325 | 800-299-4479



CHEROKEE ELDER CARE

KEEPING PACE WITH TODAY'S
HEALTHCARE NEEDS!

**All nationalities are
welcome to apply for
Cherokee Elder Care!**

Cherokee Elder Care is unique. We provide a coordinated team of doctors, nurses, social workers, dietitians, and therapists to deliver care that addresses the specific medical and social needs of older adults.

Services

- Primary Medical & Nursing Care
- Medical Specialist
- Therapy-Physical, Occupations, & Speech
- Home Health Services
- Transportation
- Social Services
- Behavior Health
- Hospitalizations
- Medications
- Medical Equipment
- Adult Day Health Care & Social Activities

PACE

PACE (PROGRAM OF ALL-INCLUSIVE CARE FOR THE ELDERLY) IS A FEDERALLY REGULATED PROGRAM THAT WORKS TO KEEP ELDERS IN THEIR HOMES AND COMMUNITIES FOR AS LONG AS POSSIBLE.

Contact Us



(918) 453-5554



1387 W. 4th St.
Tahlequah, OK 74464

KATS

KI BOIS Area Transit System



KI BOIS Area Transit System began operation in 1983. Today, KATS is one of the fastest growing rural public transit operators in Oklahoma, even the nation.

KATS serves the total family from Head Start to senior programs and continues to address the barriers that face rural Oklahomans.

Stilwell 918-696-4787

Tahlequah 918-453-1155

Checotah 918-473-2388

Eufaula 918-689-1020

Okmulgee 918-752-0070

Henryetta 918-652-3329

Sallisaw 918-775-7433

Wagoner 918-485-0059

Toll Free 800-289-7728

OPEN TO THE PUBLIC



Wheelchair Accessible Buses & Vans
If you have a special need, let KATS help you.



www.kibois.org



QUESTIONS ABOUT MEDICARE OR MEDICARE FRAUD?

The Oklahoma Insurance Department's Medicare Assistance Program can answer your questions. We provide unbiased counseling and assistance for Medicare beneficiaries, their representatives or people who will soon be eligible for Medicare.

WE CAN GIVE YOU THE LATEST INFORMATION ABOUT:

- Medicare Parts A and B
- Medicare Supplemental Insurance
- Low Income Assistance for
- Medicare Advantage Plans
- Medicare Fraud Prevention and
- Prescriptions and Medicare Premiums
- Part D Prescription Drug Benefits
- Detection

PROTECT YOURSELF AGAINST MEDICARE FRAUD

Detecting and preventing Medicare waste, fraud and abuse is as easy as 1, 2, 3 and it starts with **YOU!**

1

PROTECT

Protect your personal information, including your Medicare card

2

DETECT

Read your Medicare Summary Notices and Explanations of Benefits

3

REPORT

Report incorrect billing or suspicious activity

To report fraud, contact the Oklahoma Medicare Assistance Program

MAP.OID.OK.GOV | 800.763.2828

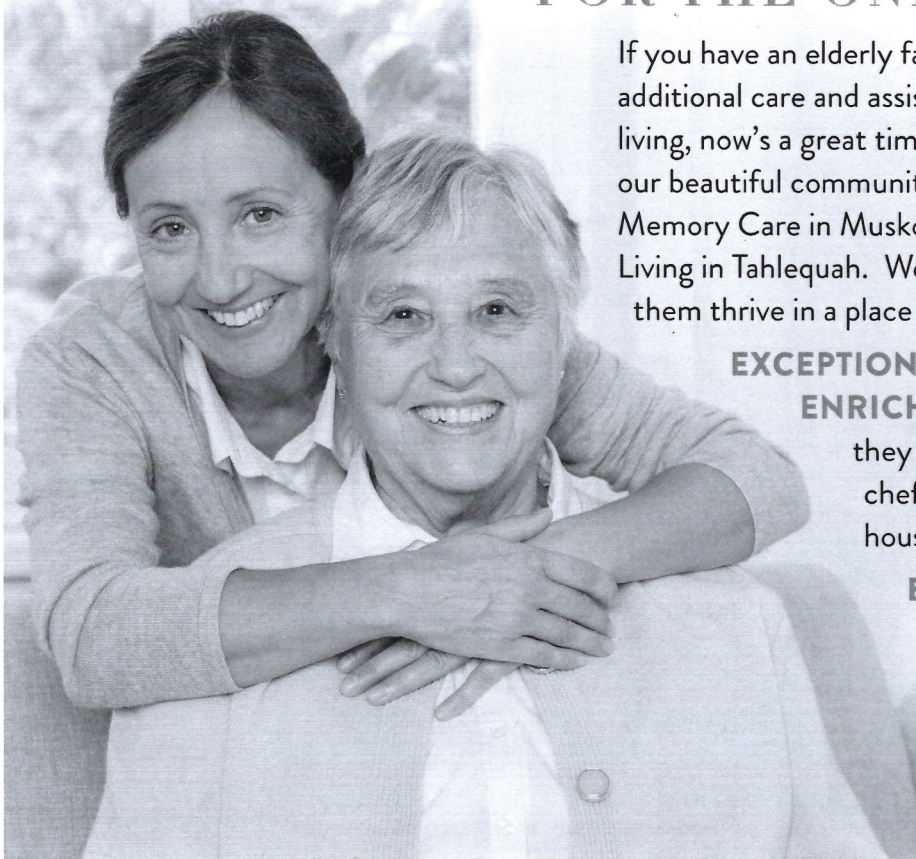


facebook.com/map.oid

This project was supported, in part by grant number ACL grant #18010KMISH-01, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects with government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official ACL policy.

STRONG SUPPORT

FOR THE ONES YOU LOVE!



If you have an elderly family member that could use some additional care and assistance with their activities of daily living, now's a great time to introduce them to either of our beautiful communities near you – Azalea Gardens Memory Care in Muskogee or Heritage Grove Assisted Living in Tahlequah. We serve as a family extension to help them thrive in a place that's:

EXCEPTIONAL – surrounded by 24/7 care.

ENRICHING – with amenities and services they will enjoy each day... like nutritious chef-prepared meals, transportation, housekeeping and more!

ENCOURAGING – by living in a community with uplifting daily activities and many wonderful opportunities to socialize with friends and family.

AG
AZALEA GARDENS
MEMORY CARE

Helping Seniors Thrive in Community

3211 CHANDLER ROAD
MUSKOGEE, OK 74403

918-380-3612

AzaleaGardensMC.com



SCHEDULE A
TOUR TODAY OR
VISIT US ONLINE
FOR MORE
INFORMATION



HG
HERITAGE GROVE
AT TAHLEQUAH
Exceptional Assisted Living

1380 N. HERITAGE LANE,
TAHLEQUAH, OK 74464

918-626-1603

HeritageGroveAL.com



SCHEDULE A
TOUR TODAY OR
VISIT US ONLINE
FOR MORE
INFORMATION

Oklahoma's Social Host Law



**Don't give people under 21
a place to drink.**

Oklahoma's **Social Host** law means that if you let underage drinking occur at your house or on your property, **you will get fined up to \$500 for the first offense.**



DEPARTMENT OF
WELLNESS
Community Wellness



The program is funded by Oklahoma Department of Mental Health and Substance Abuse Services, Substance Abuse and Mental Health Services Administration, and the Center for Substance Abuse Prevention.



Serving Adair, Cherokee, Craig,
Delaware and Ottawa Counties

**NORTHEAST OKLAHOMA
COMMUNITY ACTION AGENCY**

856 E Melton Dr. / PO Box 603
Jay, OK 74346
(918) 253-4683



**HELPING YOU THROUGH THE HARD
TIMES . . .**



**UTILITY /
RENTAL ASSISTANCE**

EXTENSION #169

**AFFORDABLE RENTALS
EXTENSION #140**



WEATHERIZATION EXTENSION # 120

**RX ASSISTANCE
EXTENSION
#163**



**FINANCIAL
BUDGETING VITA
TAX SERVICE
EXTENSION #157**



EARLY HEAD START EXTENSION # 138



**EDUCATION
STATION
(918)
253-6399**

COMMUNITY GARDENS



**PRODUCE & POSIES
(918) 253-6401**

SENIOR RATES

**MONTHLY
\$27.25**

**EFT DRAFT
\$23.00**

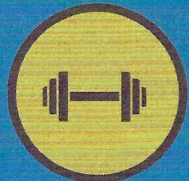
**6-MONTH
\$129.00**

**ANNUAL
\$240.00**

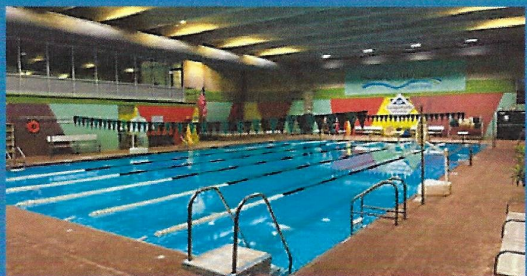


MUSKOGEE Swim & Fitness CENTER

**AT THE MUSKOGEE SWIM AND FITNESS
CENTER, WE VALUE OUR SENIORS!**



ENJOY OUR GROUP
FITNESS CLASSES
AND OUR HEATED LAP
POOL & THERAPY
POOL



Caregiver Program

- Are you providing care to someone 60 years of age or older?
- Are you providing care to a relative child under the age of 18?

The Eastern Oklahoma Development District (EODD) Area Agency on Aging Caregiver Program can help. We provide many services for caregivers and seniors raising children. These services include:

1. Respite Vouchers: A service that assists caregivers and seniors raising children with receiving a temporary period of relief or rest
2. Support Groups: A service that assists caregivers and seniors raising children in decision making and solving problems related to their caregiver roles
3. Trainings: A service that assists caregivers and seniors raising children in obtaining new caregiver knowledge and skills
4. Supplemental Services: Services provided on a limited basis to complement the care provided
5. Access Assistance: A service that assists caregivers and seniors raising children in obtaining access to the services and resources that are available within their communities
6. Information Services: A service for caregivers and seniors raising children that provides the public and individuals with information on resources and services available to the individuals within their communities

- *There are no income guidelines*
- *Participants must live in the 7 counties that we serve*

EODD Area Agency on Aging Caregiver Program

1012 N. 38th St./ PO Box 1367
Muskogee, OK 74402
#918-682-7891

Caring Assistance Line 1-800-211-2116

Serving Adair, Cherokee, McIntosh, Muskogee, Okmulgee, Sequoyah, and
Wagoner counties

INTRODUCTION

Eastern Oklahoma Development District

AREA AGENCY ON AGING

RESOURCE DIRECTORY

2023—2025

This resource directory has been collected and published for the 60+ population of the EODD AAA service area: Adair, Cherokee, McIntosh, Muskogee, Okmulgee, Sequoyah and Wagoner counties.

EODD AAA published this directory as authorized by Title III of the Federal Older Americans Act and Aging Services Division of the Oklahoma Department of Human Services. In compliance with the 1964 Civil Rights Act, no person shall be excluded from participation, denied benefits or subjected to discrimination on the basis of race, color, sex, age, national origin or handicap. EODD is an equal opportunity employer, and all meeting places are ADA accessible.

The information assembled here has been gathered from a variety of sources and may contain errors or omissions. EODD AAA apologizes in advance for these mishaps. If you find any mistakes or omissions, please contact EODD AAA at (918) 682-7891 or (800) 211-2116 and we will correct or add other resources for our next publication and upon notice to the online edition. EODD AAA would like to take this time to thank everyone who contributed to the creation of this resource directory.

This directory is provided as a communication tool to benefit those 60+ in EODD AAA's service area and in some way help them to maintain an independent lifestyle as long as possible. We hope this resource directory will help to improve the quality of life for all older adults. Digital copies are available upon request.

***NOTE: Ads and listings in this resource directory
do not constitute an endorsement by EODD.***

EODD AAA RESOURCE DIRECTORY FOR OUR OLDER OKLAHOMANS AND CONSUMERS



Please help us keep our Resource Directory updated. It will be continually updated in digital format upon receipt of this form.

Please complete and return this form to: EODD Area Agency on Aging
ATTN: I&A Specialist
P.O. Box 1367
Muskogee, OK 74402
Email: info@eoddok.org
Or, if you prefer, call or fax us: (918) 682-7891
(918) 682-5444 Fax

Name of agency/organization _____

Contact person _____

Days of operation _____ Hours _____

Street address _____

Mailing address _____

Phone _____ Fax _____

Email _____ Website _____

Description of service(s) _____

Area(s) served _____

Additional information _____

EMERGENCY NUMBERS

| CITY | FIRE | POLICE | AMBULANCE | 911 |
|--------------|-------------|---------------|------------------|------------|
| Beggs | 267-4935 | 267-4935 | 267-3300 | Yes |
| Boynton | 472-7272 | 687-1275 | 683-0108 | Yes |
| Braggs | 487-5991 | 487-5952 | 683-0108 | Yes |
| Checotah | 473-5100 | 473-5150 | 473-6336 | Yes |
| Council Hill | 474-3444 | 687-1275 | 683-0108 | Yes |
| Coweta | 486-2222 | 486-2121 | 486-2121 | Yes |
| Dewar | 652-4302 | 652-4042 | 756-8559 | Yes |
| Eufaula | 689-2323 | 689-2172 | 689-2535 | Yes |
| Fair Oaks | 485-3124 | 485-3124 | 485-3124 | Yes |
| Fort Gibson | 478-2727 | 478-2610 | 683-0108 | Yes |
| Gans | 775-9155 | 775-9155 | 775-9155 | Yes |
| Gore | 489-5963 | 489-5963 | 683-0108 | Yes |
| Grayson | 758-1229 | 758-1229 | 758-1229 | Yes |
| Hanna | 657-2222 | 689-2526 | 689-2526 | Yes |
| Haskell | 482-5252 | 482-5244 | 482-3222 | Yes |
| Henryetta | 756-1313 | 756-3511 | 756-8559 | Yes |
| Hitchita | 466-3232 | 689-2526 | 689-2526 | Yes |
| Hoffman | 758-1229 | 758-1229 | 758-1229 | Yes |
| Hulbert | 772-2037 | 772-2020 | 456-2230 | Yes |
| Marble City | 775-9155 | 775-9155 | 775-9155 | Yes |
| Moffett | 775-9155 | 775-9155 | 775-9155 | Yes |
| Morris | 773-2220 | 733-2220 | 773-2220 | Yes |
| Muldrow | 427-4431 | 427-3296 | 775-2937 | Yes |
| Muskogee | 682-1313 | 683-8000 | 683-0108 | Yes |
| New Tulsa | 485-3124 | 485-3124 | 485-3124 | Yes |
| Okay | 682-5512 | 687-6585 | 683-0108 | Yes |

EMERGENCY NUMBERS Continued

| CITY | FIRE | POLICE | AMBULANCE | 911 |
|---------------|----------------|---------------|------------------|------------|
| Okmulgee | 756-1313 | 756-3511 | 756-8559 | Yes |
| Oktaha | 689-5500 | 687-1275 | 683-0108 | Yes |
| Paradise Hill | 775-9155 | 775-9155 | 775-9155 | Yes |
| Porter | 483-2521 | 483-2821 | 683-0108 | Yes |
| Porum | 484-5700 | 484-5588 | 683-0108 | Yes |
| Redbird | 485-2521 | 485-3124 | 683-0108 | Yes |
| Rentiesville | 473-5100 | 473-4555 | 473-6336 | Yes |
| Roland | 427-3252 | 427-3252 | 775-2937 | Yes |
| Sallisaw | 775-4501 | 775-9155 | 775-2937 | Yes |
| Stidham | 689-3473 | 689-2526 | 689-2553 | Yes |
| Stilwell | 696-2311 | 696-2882 | 696-2692 | Yes |
| Summit | 687-1275 | 687-1275 | 683-0108 | Yes |
| Taft | 687-1275 | 687-1275 | 683-0108 | Yes |
| Tahlequah | 456-3131 | 456-8801 | 456-2230 | Yes |
| Tulahassee | 483-2307 | 485-3124 | 485-2100 | Yes |
| Vian | 773-5724 | 773-5724 | 773-5724 | Yes |
| Wagoner | 485-3000 | 485-5511 | 485-2100 | Yes |
| Wainwright | 474-3300 | 687-1275 | 683-0108 | Yes |
| Warner | 463-2727 | 463-5342 | 683-0108 | Yes |
| Watts | 422-5221 | | 723-4360 | Yes |
| Webbers Falls | 464-7700 | 687-1275 | 683-0108 | Yes |
| Westville | 723-5832 | 723-5101 | 723-4737 | Yes |
| Winchester | 758-1229 | 758-1229 | 758-1229 | Yes |
| Forest fires | (800) 299-3473 | | | |



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This publication is made possible by donations from agencies for advertisement and in part from funds from the Older Americans Act through the Oklahoma DHS Aging Services Division and EODD Area Agency on Aging.

ABUSE (ELDER)

See also Department of Human Services, Legal Services and Nursing Homes

| | |
|---|--|
| ADULT ABUSE/APS HOTLINE | (800) 522-3511 |
| ADULT PROTECTIVE SERVICES (county offices) | (800) 522-3511 |
| To file a complaint online, visit OKHotline.org / For information okdhs.org | |
| CHEROKEE NATION ELDER PROTECTIVE SERVICES | (918) 453-5422 |
| Cherokee Nation Complex | (800) 256-0671 |
| 17675 S. Muskogee Ave., Tahlequah, OK 74465 | human_abuse@cherokee.org |
| DEPARTMENT OF HUMAN SERVICES STATE OFFICE | (405) 521-2281 |
| Community Living, Aging and Protective Services (CAP) | |
| 2401 N.W. 23rd St., Suite 40, Oklahoma City, OK 73107-2422 | |
| DEPARTMENT OF HUMAN SERVICES | (405) 426-8200 |
| Nursing Home Complaints | (800) 747-8419 |
| Oklahoma City, OK 73117 | |
| ELDER CARE LOCATOR eldercare.gov | (800) 677-1116 |
| EODD AAA LONG-TERM CARE OMBUDSMAN PROGRAM | (918) 682-7891 |
| Nursing home complaints in Adair, Cherokee, McIntosh, Muskogee, Okmulgee, Sequoyah and Wagoner counties | |
| LONG-TERM CARE INVESTIGATIONS | (405) 426-8200 |
| (Nursing home abuse) | |
| OKLAHOMA ELDER ABUSE PREVENTION ALLIANCE | (918) 231-8376 |
| abuseisnotok.org | (800) 522-3511 |
| OKLAHOMA STATE OMBUDSMAN PROGRAM | (405) 521-2281 |
| OKLAHOMA STATE DEPARTMENT OF HEALTH | (405) 426-8000 |
| Nursing home complaints/ License and certification division | |
| Oklahoma City, OK | |
| WISH (WOMEN IN SAFE HOME INC.) | (918) 682-7879 |
| 514 Martin Luther King/P.O. Box 487, Muskogee, OK 74402 | (918) 682-7878 |
| 107 McKinney, Suite 12, Eufaula, OK 74432 | (918) 869-6767 |

If you or someone you know is experiencing problems with a nursing home and would like to file a complaint, please contact an Ombudsman Supervisor at EODD AAA at (918) 682-7891 or (800) 211-2116 for information and assistance.

NOTES:

Lined area for notes with a vertical red margin line on the left and two green binder holes.

ADVANTAGE PROGRAM*

**Not Medicare Advantage Plans*

Also see Aging Services

ADVANTAGE PROGRAM.....(918) 933-4900

(800) 435-4711

AGING SERVICES

- ADVANTAGE PROGRAM (800) 435-4711
- DEPARTMENT OF HUMAN SERVICES ADVANTAGE SERVICES(918) 933-4900
- The Advantage program of the home and community-based services provides Medicaid services to help people stay at home instead of going to a nursing home.*
- CARING ASSISTANCE LINE(800) 211-2116
- MEDICARE ASSISTANCE PROGRAM (MAP).....(918) 682-7891
- NATIONAL INDIAN COUNCIL ON AGING.....(405) 254-3642
- NATIONAL NETWORK OF AGING SERVICES (800) 677-1116
- Eldercare Locator*
- OKALHOMA ALLIANCE ON AGING, INC.(405)943-1895
- OKLAHOMA STATE AGENCY ON AGING - DEPARTMENT OF HUMAN SERVICES
- 50 N.E. 23rd St., Oklahoma City, OK 73105
- Aging Services Special Unit on Aging (405) 521-2281
- P.O. Box 25352, Oklahoma City, OK 73125 *okdhs.org*
- SENIOR INFO LINE.....(800) 221-2116
- STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP).....(918) 682-7891

ALZHEIMER'S/DEMENTIA

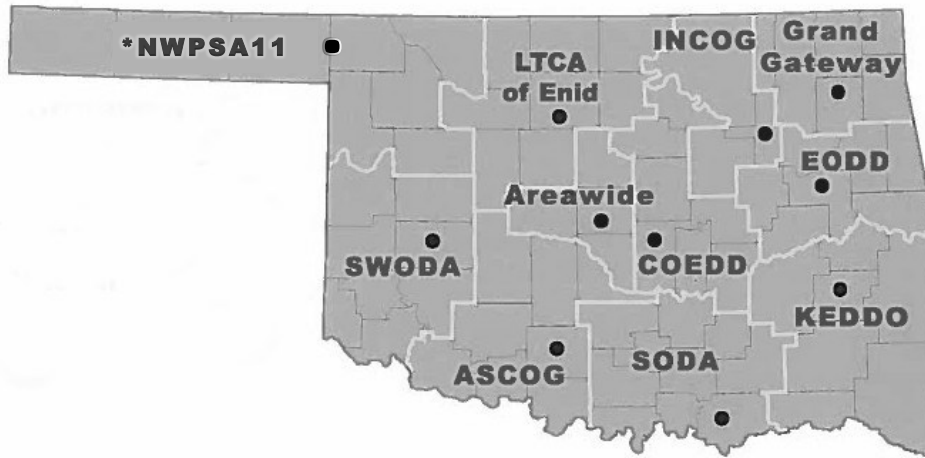
See also Caregivers, Consumer Help, Respite and Support Groups

- ADEAR (ALZHEIMER'S DISEASE EDUCATION AND RELATED DEMENTIAS)(800) 438-4380
- ALZHEIMER'S ASSOCIATION—OKLAHOMA CHAPTER (405) 319-0780
- ALZHEIMER'S DISEASE INFORMATION AND REFERRAL (800) 272-3900
- 6660 S SHERIDAN RD, SUITE 202, TULSA, OK 74133 (918) 392-5000
- ALZHEIMER'S FOUNDATION OF AMERICA (www.alzfdn.org) (866) 232-8484
- ALZHEIMER'S INFORMATION AND REFERRAL CENTER (800) 211-2116
- ALZHEIMER'S NATIONAL HELP LINE.....(800) 272-3900
- DEMENTIA FRIENDS USA *dementiafriendsusa.org*
- OKLAHOMA HEALTHY BRAIN INITIATIVE(405) 426-8947
- OKLAHOMA ALZHEIMER'S ASSOCIATION CHAPTER (405) 319-0780
- 6601 BROADWAY, SUITE 120, OKLAHOMA CITY, OK 73116*als.org/alzokar*
- ST. FRANCIS HOSPITAL (In-patient site for Alzheimer's diagnose)..... (918) 684-3557
- 300 Rockefeller Drive, Muskogee, OK 74401
- Dr. Paul Matthews (918) 681-6835

APARTMENTS

See Assisted Living and Housing

AREA AGENCIES ON AGING (OK)



AREAWIDE AGING AGENCY (405) 942-8500

4101 Perimeter Center Drive, Suite 310

Oklahoma City, OK 73112-5910

Serving Canadian, Cleveland, Logan and Oklahoma counties

ASCOG AREA AGENCY ON AGING (580) 736-7979

802 Main St./P.O. Box 1647

(800) 658-1466

Duncan, OK 73534-1647

Serving Caddo, Comanche, Cotton, Grady, Jefferson, McClain, Stephens and Tillman counties

COEDD AREA AGENCY ON AGING (405) 273-6410

400 N. Bell/P.O. Box 3398

(800) 375-8255

Shawnee, OK 74802-3398

Serving Hughes, Lincoln, Okfuskee, Pawnee, Payne, Pottawatomie and Seminole counties

EODD AREA AGENCY ON AGING* (918)682-7891

1012 N. 38th St./P.O. Box 1367

Muskogee, OK 74402

www.eoddok.org

Serving Adair, Cherokee, McIntosh, Muskogee, Okmulgee, Sequoyah and Wagoner counties

AREA AGENCIES ON AGING Continued

- GRAND GATEWAY AREA AGENCY ON AGING (918) 783-5793
333 S. Oak St./P.O. Box Drawer B (800) 482-4594
Big Cabin, OK 74332-0502
Serving Craig, Delaware, Mayes, Nowata, Ottawa, Rogers and Washington counties
- INCOG AREA AGENCY ON AGING (918) 584-7526
2 W. Second St., Suite 800
Tulsa, OK 74103-3116
Serving Creek, Osage and Tulsa counties
- KEDDO AREA AGENCY ON AGING (918) 465-2367
Vo-Tech Administration Addition (800) 722-8180
1002 Highway 2 North
Wilburton, OK 74578
Serving Choctaw, Haskell, Latimer, LeFlore, McCurtain, Pittsburg and Pushmataha counties
- LTCA-ENID AREA AGENCY ON AGING(580) 234-7475
202 W. Broadway Ave., Suite A
Enid, OK 73701-4048
Serving Alfalfa, Blaine, Garfield, Grant, Kay, Kingfisher, Major and Noble counties
- NWPSA11—**EODD*** INTERIM ADMINISTRATIVE ORGANIZATION..... (918) 682-7891
1012 N. 38th St./P.O. Box 1367
Muskogee, OK 74401
www.eoddok.org
Serving Beaver, Cimarron, Dewey, Ellis, Harper, Texas, Woods and Woodward counties
- SODA AREA AGENCY ON AGING (580) 920-1388
2704 n. First Ave.
Durant, OK 74701
Serving Atoka, Bryan, Carter, Coal, Garvin, Johnston, Love, Marshall, Murray and Pontotoc counties
- SWODA AREA AGENCY ON AGING (580) 562-4882
Building 420, Sooner Drive/P.O. Box 569 (800) 627-4882
Burns Flat, OK 73624
www.swoda.org
Serving Beckham, Custer, Greer, Harman, Jackson, Kiowa, Roger Mills and Washita counties

AREA AGENCY ON AGING—EODD

The following services are funded under Title III of the federal Older Americans Act through EODD Area Agency on Aging. The services are listed by provider.

- LEGAL AID SERVICES OF OKLAHOMA (918) 683-5681
 624 W. Broadway, Muskogee, OK 74401 Tahlequah Office... (918) 708-1150
 60+ Splash Line(855) 488-6814
Serving all seven counties EODD AAA serves
- SENIOR NUTRITION SERVICES *(Contract provider subject to change)*
- C.A.R.D. (McIntosh, Muskogee, Okmulgee, and Wagoner Countie....(918) 341-5000
 DOCServices (Adair, Cherokee, and Sequoyah Counties)..... (918) 257-4825
 Providing congregate and home-delivered meals
- MMOG (Mom’s Meals on the Go)(918) 537-2145

CARING ASSISTANCE LINE
1-800-211-2116
 Aging and Disability Resources for All Ages

Statewide Caring Assistance Line for Aging and Disability Resources & Supports:

- Respite locator & support groups
- Family Caregiver resources
- Legal assistance
- Food assistance
- Medicare/Medicaid information
- Prescription drug assistance
- Grandparents & other relatives raising children
- In-home assistance
- Medical equipment & supplies
- Transportation resources
- Employment resources
- Long-term care resources



Contact Info:
OKCares.org
info@okcares.org

ASSISTED LIVING

See also Housing, Nursing Homes and Residential Care Homes

LEGEND ASSISTED LIVING & MEMORY CARE..... (918) 456-7227

7902 S Mingo Rd E., Tulsa, OK 74133

CHEROKEE COUNTY

HERITAGE GROVE AT TAHLEQUAH..... (918) 456-7227

1380 Heritage Lane, Tahlequah, OK 74464

Private pay, VA

GO YE VILLAGE CONTINUUM OF CARE (918) 456-4542

1201 W. Fourth St., Tahlequah, OK 74467

Private pay, VA

MUSKOGEE COUNTY

AZALEA GARDENS..... (918) 683-8388

3211 Chandler Road, Muskogee, OK 74403

Alzheimer's unit; private pay

COUNTRY GARDENS (918) 686-8100

611 S. Country Club Road, Muskogee, OK 74403

Private pay, VA

DOGWOOD CREEK RETIREMENT CENTER (918) 683-5100

3230 E. Shawnee, Muskogee, OK 74403

Private pay, VA

OKMULGEE COUNTY

NEIGHBORHOODS AT BAPTIST VILLAGE (918) 756-5377

1500 W. Sixth St., Okmulgee, OK 74447

Private pay, VA

WAGONER COUNTY

CANOE BROOK ASSISTED LIVING AND MEMORY CARE (918) 739-4700

20102 E. Admiral Place, Catoosa, OK 74015

***"One person caring for another represents
life's most significant value." - Jim Rohn***

ASSISTIVE DEVICES

See also Disabilities and Medical Equipment

| | |
|--|---|
| AARP | aarp.org/livable |
| ABLE-TECH | (800) 257-1705 |
| 1514 W. Hall of Fame, Stillwater, OK 74078-2026 | (405) 744-9748 |
| www.okabletech.org | |
| ABLE-TECH INFO LINE | (800) 257-1705 |
| <i>Free information and referral</i> | |
| AFFORDABLE CONNECTIVITY | fcc.gov(877) 384-2575 |
| ALERT RESPONSE MEDICAL ALERT..... | alertresponse.com (888) 871-2879 |
| AMERICAN RED CROSS (Bed/Smoke Alarms) | (918) 682-1366 |
| AMRAMP | amramp.com (888) 715-7597 |
| CAPTIONCALL | (833) 691-1600 |
| CLEAR CAPTIONS/AMPLIFIED CAPTIONED PHONE | (918) 210-2586 |
| FINANCING FOR ASSISTIVE DEVICES | |
| BANC First Stillwater | (405) 742-6210 |
| LS&S (Catalog of adaptive products for the blind and deaf) | (800) 468-4789 |
| PREMIER MEDICAL RENTAL | (580) 208-2020 |
| 2110 SE Washington St., Suite A, Idabel, OK 74745 | |
| RERUN MEDICAL EQUIPMENT (rerunmed.org) | (918) 376-0007 |
| Greg Pickett, Tulsa, OK | |
| SPARE PARTS | (918) 869-2189 |
| 1507 Denver Ave., Muskogee | cmcadoo4762@yahoo.com |
| <i>Used walkers, wheelchairs, shower seats and other medical devices</i> | |

BEHAVIORAL HEALTH

See Mental Health/Substance Abuse

BURIAL INFORMATION

See Death/Burial Information

For a comprehensive list of available funeral homes and services in your area, Please see local listings in your area or visit www.legacy.com/funeral-homes

CAREGIVERS

See also Alzheimer's/Dementia, Respite, Support Groups and Seniors Raising Grandchildren

AGING SERVICES (405) 271-2710

Will provide respite vouchers if a person has a positive COVID test

EODD AAA CAREGIVER PROGRAM (918) 682-7891

1012 N. 38th St./P. O. Box 1367, Muskogee, OK 74402

NATIONAL CAREGIVER SUPPORT LINE (through the VA) (855) 260-3274

NATIONAL INSTITUTE ON AGING CAREGIVER SUPPORT

www.nia.nih.gov/health/alzheimers/caregiving

PARKINSON FOUNDATION CAREGIVER SUPPORT (830) 253-0011

Serving all of Oklahoma

COMMUNITY ACTION FOUNDATIONS

See also Financial Guidance and Utilities/Weatherization

ADAIR AND CHEROKEE COUNTIES

NORTHEAST OKLAHOMA COMMUNITY ACTION AGENCY (918) 253-4683

(NEOCAA)

P.O, BOX 603, Jay, OK 74346

Assistance available for weatherization uses only

McINTOSH AND OKMULGEE COUNTIES

DEEP FORK COMMUNITY ACTION (918) 756-2826

223 W. Sixth St./P.O. Box 670

Okmulgee, OK 74447

MUSKOGEE COUNTY

KI BOIS COMMUNITY ACTION FOUNDATION (918) 684-7258

315 N 5th, Muskogee, OK 74401

FAX (918) 684-4324

Director's office200 SE A St, Stigler, OK (918) 967-3325

Utility assistance requires receipt of cut-off notice

TTY (800) 711-0353

Veterans Services(918) 681-7525

421 W Broadway, Muskogee, OK 74401 *(Serves 24 Counties)*

COMMUNITY ACTION FOUNDATIONS

See also Financial Guidance and Utilities/Weatherization

MUSKOGEE COUNTY COMMUNITY ACTION FOUNDATION(918) 686-8004

(MCCAF) 2400 Hilldale Springs Dr, Muskogee, OK 74403

SEQUOYAH COUNTY

KI BOIS COMMUNITY ACTION FOUNDATION (918) 776-0848

1206 W. Redwood Ave (800) 299-4479

Sallisaw, OK 74955 FAX (918) 776-0806

WAGONER COUNTY

COMMUNITY ACTION RESOURCE AND DEVELOPMENT (CARD) (918) 486-2471

217 S. Broadway

Coweta, OK 74429

NORTHEAST OK COMMUNITY ACTION AGENCY. INC.(918) 253-4683

CONSUMER HELP

See also Advocacy and Financial Guidance

2-1-1 Connect with important community services 2-1-1

ATTORNEY GENERAL'S MEDICAID FRAUD CONTROL UNIT (405) 521-4274

BETTER BUSINESS BUREAU (BBB) (bbb.org/tulsa / info@tulsabb.org)... (405) 492-1266

CARRIAGE CROSSING..... Volunteers of America(918) 486-4460

OKLAHOMA DEPARTMENT OF CONSUMER CREDIT HOTLINE (800) 448-4904

Consumer Assistance Division (800) 522-0071

CREDIT COUNSELING/REPORTS

CREDIT COUNSELING CENTERS OF OKLAHOMA (918) 744-5611

7633 E 63rd Pl, Suite 300, Tulsa, OK 74133 (866) 550-8004

Tulsa, OK 74135 (moneymanagement.org)

OKLAHOMA DEBT REDUCTION SERVICES (918) 660-0200

4111 S. Darlington Ave., No. 610 (877) 688-3328

Tulsa, OK 74135

www.debtredutionservice.org

CREDIT COUNSELING/REPORTS

| | |
|--|----------------|
| OSU HEALTH ACCESS | (918) 561-8579 |
| CONSUMER MONEY MANAGEMENT International..... | (918) 744-5611 |
| 7633 E 63rd Pl., Suite 300 | (866) 550-8004 |
| Tulsa, OK 74133 | |
| www.moneymanagement.org | |
| OKLAHOMA DEBT REDUCTION SERVICES | (918) 660-0200 |
| 4111 S. Darlington Ave., No. 610 | (877) 688-3328 |
| Tulsa, OK 74135 | |
| www.debtredutionservice.org | |

OSU HEALTH ACCESS

| | |
|--|----------------|
| | (918) 561-8579 |
|--|----------------|

CREDIT REPORTING AGENCIES

| | |
|---------------------------------------|----------------|
| Experian (www.experian.com) | (888) 397-3742 |
| Equifax (www.equifax.com) | (800) 685-1111 |
| Transunion (www.transunion.com) | (800) 916-8800 |

CONSUMER PROTECTION AGENCIES

| | |
|---|----------------|
| BETTER BUSINESS BUREAU (<i>bbb.org/tulsa / info@tulsa.bbb.org</i>)..... | (918) 492-1266 |
| CONSUMER FINANCIAL PROTECTION BUREAU..... | (855) 411-2372 |
| <i>consumerfinance.gov/complaint</i> | |
| CONSUMER PROTECTION OFFICE (www.oag.ok.gov) | (405) 521-4274 |
| CONSUMER PROTECTION SERVICES (Oklahoma Department of Health) .. | (405) 271-5243 |
| www.ok.gov/health | |
| DIRECT MARKETING ASSOCIATION | (212) 768-7277 |
| 1333 Broadway #301 | |
| New York, NY 10018 | |
| <i>Contact to have name removed from mailing lists</i> | |
| FEDERAL TRADE COMMISSION (www.ftc.gov) | (866) 653-4261 |
| (FTC) (<i>ftcomplaintassistant.gov</i>) | (202) 326-2222 |
| INTERNAL REVENUE SERVICE (www.irs.gov) | (800) 829-1040 |
| NATIONAL INSURANCE CONSUMER HELPLINE | (800) 942-4242 |
| OKLAHOMA ATTORNEY GENERAL'S OFFICE (www.oag.state.ok.us) | (405) 581-2885 |

CONSUMER HELP Continued

CONSUMER PROTECTION AGENCIES Continued

OKLAHOMA ATTORNEY GENERAL'S OFFICE (www.oag.state.ok.us) (405) 581-2885

Public Protection Unit

OKLAHOMA CORPORATION COMMISSION (405) 521-2211

P.O. Box 52000

Oklahoma City, OK 73152

OKLAHOMA DEPARTMENT OF CONSUMER CREDIT (405) 521-3653

For complaints on credit purchases

OKLAHOMA INSURANCE COMMISSION (800) 522-0071

OKLAHOMA STATE BANKING DEPARTMENT (918) 622-7447

Tulsa, OK 74135

www.state.ok.us

OKLAHOMA STATE INSURANCE COMMISSIONER (800) 522-0071

OKLAHOMA TAX COMMISSION (800) 581-2761

440 S. Houston

Tulsa, OK 74127

www.oktax.state.ok.us

SENIOR HEALTH AND INSURANCE COUNSELING PROGRAM (SHIP) (405) 521-6628

P.O. Box 53408, Oklahoma City, OK 73152

www.ok.gov

Information on Medicare and health insurance for seniors (800) 763-2828

Locally, you can contact EODD Area Agency on Aging (918) 682-7891

ELDER ABUSE PREVENTION

OKLAHOMA ELDER ABUSE PREVENTION ALLIANCE (OEAPA) (918) 231-8376

**“Consumer accountability
drives quality and efficiency”.**

Pete Hoekstra

CONSUMER HELP Continued

FRAUD/IDENTITY THEFT

- IDENTITY THEFT VICTIM (Federal Trade Commission) (877) 438-4338
www.ftc.gov/idtheft
- IDENTITY THEFT VICTIM (IRS—www.irs.gov) (800) 908-4490
- NATIONAL CONSUMERS LEAGUE (202) 835-3323
1701 K St. N.W., Suite 1200, Washington, DC 20006
- NATIONAL FRAUD INFORMATION CENTER (202) 835-3323
- POSTAL INSPECTOR IN CHARGE (*Mail fraud complaints*) (877) 876-2455
- SMP FRAUD HELP LINE (888) 967-9100
- For local help, contact EODD Area Agency on Aging* (918) 682-7891

**Medicare will ONLY cover medical supplies with a doctor's prescription.
If a salesperson tells you otherwise, it's fraud!**

COUNSELING

See Support Groups

DAYCARE (ADULT)

- CHEROKEE ELDER CARE/PACE PROGRAM (918) 453-5554
Individuals do not have to be Native American to qualify.
1387 W. Fourth St., Tahlequah, OK 74464
- LIFE SENIOR SERVICES (918) 664-9000
5950 E. 31st St., 3106 S Juniper Ave, 902 E Pine St
Tulsa, OK 74135 Broken Arrow, OK 74011 Tulsa, OK 74016
- MORTON COMPREHENSIVE HEALTH SERVICES (918) 295-6185
11511 E. 21st St., Tulsa, OK 74129

***The U.S. Administration on Aging has helpful information for older adults
and their families at www.aoa.gov***

NOTES:



DEATH/BURIAL INFORMATION

See also Support Groups for Bereavement support groups

To obtain death/birth certificates, contact local county health department for a form to fill out and send in to the state. Cherokee Nation will reprint birth certificates free with roll card.

- FEMA (Death due to COVID-19)(844)684-6333
TTY (800)462-7585
- MUSKOGEE COUNTY COMMISSIONERS (Referral Services) (918) 682-9601
- OKLAHOMA DEPARTMENT OF VETERANS AFFAIRS (800) 827-1000
Muskogee, OK 74401, *For veterans' widows/widowers and burial benefits*
- SOCIAL SECURITY ADMINISTRATION/SSI (918) 687-2338
Muskogee, OK 74401, *For widow/widower benefits* (800) 772-1213
- SOCIAL SECURITY (918) 756-3923
Okmulgee, OK 74447
- OKLAHOMA STATE HEALTH DEPARTMENT (Vital records) (405) 271-4040
www.ok.gov
Out-of-state vital records (www.cdc.gov "Where to Write") (800) 232-4636

DENTAL SERVICES

- DENTAL CARE SENIOR ADVANTAGE (888) 540-9488
- AFFORDABLE DENTURES of Checotah..... (918) 473-3700
- D-DENT (800) 522-9510
6430 N. Western Ave., Suite 200, Oklahoma City, OK 73116
- DELTA DENTAL OF OKLAHOMA (405) 607-4747
Toll-free number (800) 522-0188, ext. 771
- EASTERN OKLAHOMA DONATED DENTAL SERVICES (EODDS) (918) 742-5544
9810 E. 42nd St., Suite 210, Tulsa, OK 74146, www.eodds.org
Applications accepted through mail only
- GOSPEL RESCUE MISSION (Muskogee) (918) 682-3489
(Mobile Dental Clinic)

DENTAL SERVICES Continued

| | |
|---|---------------------------|
| HEALTH & WELLNESS CENTER | (918) 967-3368, ext. 2134 |
| Mobile Dental Unit <i>www.healthwellnessok.com/dental</i> | (800) 640-9741 ext. 1191 |
| <i>Serving McIntosh, Muskogee and Sequoyah Counties</i> | |
| MORTON COMPREHENSIVE HEALTH SERVICES | (918) 295-6185 |
| NEIGHBOR FOR NEIGHBOR DENTAL CLINIC..... | (918) 425-5578 |
| Tulsa, OK 74106-1812 <i>www.neighborforneighbor.org</i> | |
| SPRING DENTAL | |
| 2909 Azalea Park, Muskogee, OK 74401 | (918) 682-0544 |
| 1819 S Wood Dr, Okmulgee, OK 74401 | (918) 756-6500 |
| 202 S. 6th St, Henryetta, OK 74437 | (918) 652-4404 |

Don't Rush The Brush!

DEPARTMENT OF HUMAN SERVICES

Visit www.okdhs.org for information on services provided

| | |
|--|--|
| ADAIR COUNTY | (918) 797-2900 |
| <i>(No physical location)</i> | (800) 225-0049 |
| CHEROKEE COUNTY | (918) 207-4500 |
| <i>(No physical location)</i> | (800) 225-9868 |
| McINTOSH COUNTY | (918) 689-1200 |
| | (800) 219-3238 |
| MUSKOGEE COUNTY | (918) 684-5300 |
| 311 Court St | Benefit Assistance.....(800) 815-7573 |
| 531 W Broadway..... | Child Services N 32nd St.....Administrative Offices |
| Mailing Address—P.O. Box 608, Muskogee, OK 74401 | 8 a.m. to 5 p.m. Mon-Fri |
| OKMULGEE COUNTY | (918) 752-2000 |
| 5005 N. Wood Drive | (800) 884-1582 |
| Okmulgee, OK 74447 | |
| 7:30 a.m. to 5 p.m. Monday-Friday | |

DEPARTMENT OF HUMAN SERVICES Cont.

| | |
|---------------------------------|----------------|
| SEQUOYAH COUNTY | (918) 776-8000 |
| 1611 S. Kerr Blvd./HC68, Box 20 | (800) 270-0805 |
| Sallisaw, OK 74955 | |
| 8 a.m. to 5 p.m. Monday-Friday | |
| WAGONER COUNTY | (918) 614-5000 |
| 102 N.E. Seventh St. | (800) 734-7518 |
| Wagoner, OK 74467 | |
| 8 a.m. to 5 p.m. Monday-Friday | |

DISABILITIES

See also Advocacy, Assistive Devices and Medical Equipment

| | |
|---|----------------|
| AMERICANS WITH DISABILITIES ACT NATIONAL NETWORK | (713) 520-0232 |
| | (800) 949-4232 |
| DEVELOPMENTAL DISABILITIES SERVICES DIVISION (DDSD) | (918) 560-4848 |
| 1427 E. Eighth St., Tulsa, OK 74120 | (800) 522-1075 |
| NATIONAL DISABILITY RIGHTS NETWORK (NDRN)..... | (202) 408-9514 |
| OKLAHOMA DEPARTMENT OF REHABILITATION SERVICES | (800) 845-8476 |

DISABLED-PHYSICALLY/PARKING DECALS

| | |
|--|------------------------|
| AMERICANS WITH DISABILITIES | (800) 514-0301 |
| | TTY (800) 514-0383 |
| CENTER FOR THE PHYSICALLY LIMITED (of any age) | (918) 584-8607 |
| 815 S. Utica, Tulsa, OK 74101 | |
| DISABLED PARKING PLACECARDS/PERMITS | <i>dps.state.ok.us</i> |
| HANDICAP PARKING PERMITS | (918) 683-3256 |
| Oklahoma Highway Patrol headquarters | |
| 1806 N York St., Muskogee, OK 74403 | |


You can be fined up to \$500 for illegally parking in a handicapped parking space without a permit!

DISABILITIES Continued

EMPLOYMENT

- AARP SENIOR EMPLOYMENT PROGRAM(918) 621-4480
- INCOR/SWAP (For adults with developmental disabilities) (918) 683-8162
920 N 43rd St. E/P.O. Box 622, Muskogee, OK 74402
- JOB ACCOMMODATION NETWORK (Disabled employees) (800) 526-7234
www.dol.gov TTY (877) 781-9403
- OKLAHOMA DEPARTMENT OF REHABILITATION SERVICES (800) 487-4042
www.drs.gov
- INCOR/SWAP (For adults with developmental disabilities)(918) 683-8162
210 E. Okmulgee/P.O. Box 622, Muskogee, OK 74402
- JOB ACCOMMODATION NETWORK (Disabled employees) (800) 526-7234
www.dol.gov TTY (877) 781-9403
- PROGRESSIVE INDEPENDENCE (800) 801-3203

MY EMPLOYMENT OPPORTUNITIES:



A series of horizontal green lines for writing, with a vertical double red line on the left side.

DISABILITIES Continued

HEARING

- ABLETECH ...UWHAPokabletech.org/resources/at-funding-guide/united-way-hearing-aid-bank-
- ADVANTAGE AUDIOLOGY AT TAHLEQUAH EAR NOSE AND THROAT (918) 453-1234
Tahlequah, OK 74464
- AMERICAN SPEED-LANGUAGE-HEARING ASSOCIATION (ASHA)..... (800) 638-8255
- CAPTIONCALL (833) 691-1600
- CLEAR CAPTIONS*clearcaptions.com*(866) 246-7850
- EODD AREA AGENCY ON AGING (referrals) (800) 211-2116
- EASTERN OKLAHOMA EAR, NOSE AND THROAT (918) 492-3636
Tulsa, OK 74136
- ICANCONNECT (Stephanie Butler) (918) 551-4904
Oklahoma Department of Rehabilitation Services (918) 521-1751
907 S. Detroit Ave., Suite 500, Tulsa, OK 74120 *sbutler@okdrs.gov*
- MIRACLE EAR (918) 683-1234
- OKLAHOMA CITY ASSOCIATION OF THE DEAF (918) 894-5270
- OKLAHOMA SCHOOL FOR THE DEAF (580) 622-4900
1100 E. Oklahoma St., Sulphur, OK 73086
Operator Services for the Deaf—Relay Oklahoma (800) 722-0353
- SENIOR CITIZENS HEARING AID PROJECT (866) 309-1717
- STARKEY CARES (855) 686-2202
www.starkey.com/starkeycares
- TULSA SPEECH AND HEARING ASSOCIATION (918) 832-8742
Sertoma Hearing Aid Recycling Program (SHARP), Tulsa, OK 74112
- UNITED WAY HEARING BANK (405) 271-2866
- WALGREENS—Hearing Aid Supplies*walgreens.com/store/c/hearing-aids-and-assistance*

MEDICAL EQUIPMENT

See Assistive Devices or Medical Equipment

VISION

- APP FOR SMART PHONE USE “BE MY EYES”
bemyeyes.com (Assistance for daily living with vision impairment.)

DISABILITIES Continued

VISION Cont.

- ABLE-TECH (Oklahoma) (800) 257-1705
- AMERICAN COUNCIL FOR THE BLIND (800) 424-8666
- BRAILLE-GRAMS (Telegrams in Braille sent across U.S. via Western Union) .. (800) 325-6000
- CHECOTAH LIONS CLUB (eyeglasses help) (918) 843-0402
- EYE BUY DIRECT (eyeglasses help) eyebuydirect.com
- EYECARE FOR SENIORS (eyeglasses) (800) 222-3937
- FIGHTING BLINDNESS FOUNDATION [.fightingblindness.org](http://fightingblindness.org)..... (888) 394-3937
- ICANCONNECT (Stephanie Butler)(918) 551-4904
 - Oklahoma Department of Rehabilitation Services (918) 521-1751
 - 907 S. Detroit Ave., Suite 500, Tulsa, OK 74120 sbutler@okdrs.gov
- MUSKOGEE NOON LIONS CLUB (Eyeglasses help) (918) 687-7539
- NEW EYES FOR THE NEEDY (Glasses) new-eyes.org (973) 376-4903
- NEW VIEW OKLAHOMA(855) 811-9699
 - Vision help okdrs.gov info@newviewoklahoma.org*
 - Tulsa Low Vision Center, 5986 S. Yale Ave., Tulsa, OK 74135
 - Oklahoma City Low Vision Clinic, 710 W. Wilshire Blvd., Suite 102, OKC, OK 73116
- NORTHEAST OKLAHOMA COMMUNITY ACTION FOUNDATION (918) 253-4683
 - P.O. Box 603, Jay, OK 74346 (Adair and Cherokee counties only)
- OKLAHOMA LIBRARY FOR BLIND AND HANDICAPPED (800) 523-0288
- OKMULGEE LIONS CLUB (Eyeglasses help) (918) 756-1235
- OPERATION SIGHT www.ascrs.org
 - American Society of Cataract and Refractive Surgery
 - info@ascrsfoundation.org
- WAGONER LIONS CLUB (Linda Webb– glasses) (918) 485-4367
- ZENNI OPTICAL (eyeglasses help)zennioptical.com.....(800-211-2105)

OTHER

- NATIONAL CENTER FOR STUTTERING HOTLINE (800) 221-2483

EDUCATION

See also Libraries

- 55 MATURE DRIVING SAFETY COURSE (AARP) (888) 227-7669
- OHAI — OKLAHOMA HEALTHY AGING INITIATIVE (888) 616-8161
Tulsa, OK — *Serving all of northeast Oklahoma* (918) 779-7367
- OKLAHOMA HEALTHY BRAIN INSTITUTION (OHBI)(918) 660-3170
- OKLAHOMA LIBRARY FOR THE BLIND AND HANDICAP (800)523-0288
- OLLI @ OSU (Osher Lifelong Learning Institute).....(405) 744-5868
Learning Never Retires
- OSU HEALTH ACCESS (918) 561-8579
- SENIOR PLANET (online learning for seniors)seniorplanet.org/

ADAIR COUNTY

- ADAIR COUNTY COMMUNITY HEALTH COALITION.....(918) 316-7990
- OKLAHOMA STATE UNIVERSITY EXTENSION OFFICE(918) 696-2253
220 W. Division/Courthouse basement, Stilwell, OK 74960

CHEROKEE COUNTY

- CHEROKEE COUNTY LITERACY COUNCIL (918) 456-2581
- OKLAHOMA STATE UNIVERSITY EXTENSION OFFICE(918) 456-6163
908 S. College, Tahlequah, OK 74464
- TAHLEQUAH PUBLIC SCHOOLS (GED Testing Site)(918) 458-4192
613 N. Jones, Tahlequah, OK 74464

McINTOSH COUNTY

- McINTOSH COUNTY LITERACY COUNCIL (918) 473-6715
- OKLAHOMA STATE UNIVERSITY EXTENSION OFFICE (918) 689-7772
P.O. Box 191/First National Center, Eufaula, OK 74432

MUSKOGEE COUNTY

- ADULT EDUCATION (GED Testing Site) (918) 684-3700
202 W. Broadway, Muskogee, OK 74401
- CONNORS STATE COLLEGE (Muskogee) (918) 687-6747
Muskogee, OK 74401
- CONNORS STATE COLLEGE (Warner-Main Campus) (918) 463-2931
Warner, OK 74469

EDUCATION Continued

MUSKOGEE COUNTY Continued

- INDIAN CAPITAL VO-TECH SCHOOL (918) 687-6383
Muskogee, OK 74403
- MUSKOGEE COUNTY LITERACY COUNCIL (918) 682-6657
- NORTHEASTERN STATE UNIVERSITY (Muskogee) (918) 683-0040
Muskogee, OK 74401
- OKLAHOMA STATE UNIVERSITY EXTENSION OFFICE (918) 686-7200
1440 S. Cherokee/Fairgrounds, Muskogee, OK 74401

OKMULGEE COUNTY

- COMMUNITY NUTRITION EDUCATION PROGRAM (918) 758-4140
1901 N. Oklahoma, Okmulgee, OK 74447
- OKLAHOMA STATE UNIVERSITY EXTENSION OFFICE (918) 756-1958
1901 N. Oklahoma/Fairgrounds, Okmulgee, OK 74447

SEQUOYAH COUNTY

- ADULT LEARNING RESOURCE CENTER (GED Testing Site) (918) 775-5544
701 J.T. Stites Blvd., Sallisaw, OK 74955
- OKLAHOMA STATE UNIVERSITY EXTENSION OFFICE (918) 775-4838
120 E. Chickasaw, Suite 107, Sallisaw, OK 74955

WAGONER COUNTY

- LIFE SENIOR SERVICES(918) 664-9000
- OKLAHOMA STATE UNIVERSITY EXTENSION OFFICE(918) 486-4589
30058 e 147TH St. S.
P. O. Box 487, Coweta, OK 74429
- WAGONER COUNTY LITERACY COUNCIL (918) 485-2741

**“Anyone who stops learning is old, whether at
twenty or eighty. Anyone who keeps learning
stays young.”**

Henry Ford

EMERGENCY/DISASTER

See also Food Pantries, Homeless Shelters, Housing and Utilities

EMERGENCY NUMBERS AT A GLANCE:

FIRE: _____

POLICE: _____

GAS COMPANY: _____

ELECTRIC COMPANY: _____

WATER: _____

Be prepared for any emergency.

911

www.ok.gov/OEM/ for details.

988

EMERGENCY

CRISIS/SUICIDE

| | |
|---|--|
| 211 CARING ASSISTANCE LINE (Get connected, get answers) | 211 |
| AG LINK (Hotline for rural farmers who are experiencing a crisis) | (405) 521-2384 |
| DISASTER ASSISTANCE | www.disasterassistance.gov |
| OKLAHOMA LEGAL AID DISASTER RESOURCE CENTER | www.ladrc.org |
| SERVPRO (Serving Cherokee, McIntosh and Muskogee counties) | (918) 616-1566 |
| AMERICAN RED CROSS | (918) 682-1366 |

ADAIR COUNTY

ADAIR COUNTY COMMUNITY MINISTRIES INC. (918) 696-2484

P.O. Box 206, Stilwell, OK 74960

NE OK COMMUNITY ACTION FOUNDATION

856 E Melton Dr./P.O. Box 603, Jay, OK 74346

Emergency food and shelter and homeless services

CHEROKEE COUNTY

HELP IN CRISIS

205 N. College Ave., Tahlequah, OK 74464

HOTLINE (800) 300-5321

EMERGENCY/DISASTER Continued

CHEROKEE COUNTY Cont.

NE OK COMMUNITY ACTION FOUNDATION.....(918) 253-4683
856 E Melton Dr./P.O. Box 603, Jay, OK 74346
Emergency food and shelter and homeless services

MUSKOGEE COUNTY

ADVENTIST COMMUNITY SERVICES (918) 910-5033
Samaritan Center thrift store, 617 S. Main, Muskogee, OK 74401
Clothing and thrift store/10 a.m. - 4 p.m. Tuesday, Wednesday, Thursday

AMERICAN RED CROSS (918) 682-1366
566 N. Sixth St., Muskogee, OK 74401

ARK OF FAITH FOUNDATION INC. (918) 682-8411
401 E. Broadway, Muskogee, OK 74403
10:00 a.m.—3:30 p.m. Tu., Wed., Thur. / 8:00 p.m.—11:00 p.m. Fridays

CATHOLIC CHARITIES (918) 681-6115
1220 W. Broadway, Muskogee, OK 74401

GOLDEN RULE INDUSTRIES (918) 682-6500
(Office) 627 Elgin St., Muskogee, OK 74401
(Store) 2022 W Shawnee, Muskogee, OK 74401 (918) 683-5505

GOSPEL RESCUE MISSION (918) 682-3489
323 Callahan St., Muskogee, OK 74401

LAKE AREA UNITED WAY (918) 682-1364
230 W Broadway, Suite 200/P.O. Box 1612, Muskogee, OK 74402

MUSKOGEE COUNTY COMMUNITY ACTION FOUNDATION (918) 683-7637
1313 N. Main St., Muskogee, OK 74401

SALVATION ARMY (Clothing and household items) (918) 682-3384
2328 E Shawnee Rd (Curt's Mall)/P.O. Box AA, Muskogee, OK 74402

OKMULGEE COUNTY

MUSKOGEE CREEK NATION HUMAN SERVICES..... (918) 756-8700
P.O. Box 580, Okmulgee, OK 74447

EMERGENCY/DISASTER Continued

SEQUOYAH COUNTY

- CATHOLIC CHARITIES (918) 775-6111
409 N. Adam St./P.O. Box 1321, Sallisaw, OK 74955
Open 10 a.m. to 2 p.m. Tuesdays, Wednesdays and Thursdays
- NE OK COMMUNITY ACTION FOUNDATION ...(NEOCAA)..... (918) 253-4683
P.O. Box 603, Jay, OK 74346
- UNITED WAY FORT SMITH AREA (479) 782-1311
120 N. 13th St., Fort Smith, AR 72901
Sequoyah County is included in their coverage area
- VIAN PEACE CENTER (918) 773-6374
208 W. Schley St. / P.O. Box 258, Vian, OK 74962
Distribute food from Noon -4:30 PM Tuesdays & 1-5 PM Thursdays

WAGONER COUNTY

- ARMS AROUND BROKEN ARROW (918) 258-7714
840 S Elm Pl., Broken Arrow, OK 74012
Bring photo ID and a current bill for proof of residency
- C.A.R.D. (COMMUNITY ACTION RESOURCE AND DEVELOPMENT) ..(918) 486-2471
107 S. Broadway, Coweta, OK 74429
- FIRST BAPTISH CHURCH(918) 485-7004
- WAGONER AREA NEIGHBORS(evictions and cut-offs)..... (918) 485-2309
100 N.W. Eighth St., Wagoner, OK 74467
- WAGONER COUNTY HELP IN CRISIS CENTER (918) 485-7003
901 S.E. 10th St., Wagoner, OK 74467



EMPLOYMENT

See also Disabilities (Employment)

- AARP SENIOR EMPLOYMENT PROGRAM (918) 621-4480
 4823 S. Sheridan Road, Suite 304, Tulsa, OK 74145
- BRIDGES OUT OF POVERTY..... elwclw@outlook.com (918)616-6613
- EXPERIENCE WORKS (now with AARP — Joy McGill) (918) 352-5641
- GOLDEN RULE INDUSTRIES (Thrift Store).....(918) 682-6500
 2022 W. Shawnee, Muskogee, OK 74401 (918) 683-5505
- GREEN COUNTRY WORKFORCE (918) 772-0362
- INCOR/SWAP (For adults with developmental disabilities) (918) 683-8162
 920 N 43rd St E/P.O. Box 622, Muskogee, OK 74402
- JOB ACCOMMODATION NETWORK (Disabled employees) (800) 526-7234
 US Department of Labor/Office of Disabilities TTY (877) 781-9403
- MUSCOGEE CREEK NATION SOCIAL SERVICES(918) 549-2880
 Senior Community Service Employment Program (SCSEP)
- NATIONAL INDIAN COUNCIL ON AGING (405) 254-3642
 3000 United Founders Blvd., Oklahoma City, OK 73112 (888) 642-6297
 Tonya Harjo tharjo@nicoa.org *Do not need to be tribal citizen.*
Program open to anyone age 55 or older who are within 125 percent
of the poverty guidelines, a resident of Oklahoma and unemployed.
- OKLAHOMA WORKS! *okjobmatch.com*
 219 W. Oak, Stilwell, OK 74960 (918) 696-6608
 1295 Skill Center Road, Tahlequah, OK 74464 (918) 456-8846
 717 S. 32nd St., Muskogee, OK 74401 (918) 682-3364
 1801 E. Fourth St., Okmulgee, OK 74447 (918) 756-5791
 401 W. Houser, Sallisaw, OK 74955 (918) 775-5541
- PROGRESSIVE INDEPENDENCE(800) 801-3203
- PUBLIC STRATEGIES (918) 685-0039
 Eufaula, OK (*Haskell, McIntosh, Muskogee, Okmulgee and Pittsburgh counties*)
- SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM (SCSEP)
 Oklahoma City.....(405) 879-3899
 McAlister.....(918) 302-1068

FARMERS MARKETS

*Please see local listings for current dates and locations or visit
www.farmersmarketonline.com/fm/Oklahoma.htm*

DEPARTMENT OF HUMAN SERVICES(918) 683-0321
oklac.org/signup okgrown.com dougw@health.ok.gov

*To report Medicare fraud, errors or abuse
Contact (888) 967-9100*
Caring Assistance Line • (800) 211-2116

FINANCIAL GUIDANCE

See also Consumer Help and Taxes

Community Actions may provide financial planning and tax assistance based on income

ADAIR AND CHEROKEE COUNTIES

NORTHEAST OKLAHOMA COMMUNITY ACTION AGENCY (918) 253-4683
P.O. Box 603, Jay, OK 74346

McINTOSH AND OKMULGEE COUNTIES

DEEP FORK COMMUNITY ACTION (918) 756-2826
223 W. Sixth St./P.O. Box 670, Okmulgee, OK 74447
OSU IT Budgeting Classes.....(918) 293-4678

MUSKOGEE COUNTY

KI BOIS COMMUNITY ACTION FOUNDATION (918) 684-7258
315 N 15th, Muskogee, OK 74401 FAX (918) 684-4324
MUSKOGEE BRIDGES OUT OF POVERTY (918) 683-4600
1503 W Broadway, Muskogee, OK 74401 (918) 840-5331
MUSKOGEE COUNTY COMMUNITY ACTION FOUNDATION (918) 683-7637
2228 E. Okmulgee St., Muskogee, OK 74403

FINANCIAL GUIDANCE Continued

MUSKOGEE COUNTY Continued

MUSKOGEE PUBLIC LIBRARY (Tax prep assistance through AARP) . (918) 682-6657
801 W. Okmulgee Ave., Muskogee, OK 74401
Call for scheduled times.

VOLUNTEERS OF AMERICA, OKLAHOMA (918) 683-1590
3536 Chandler Road, Muskogee, OK 74403
JoAnn Huff

SEQUOYAH COUNTY

KI BOIS COMMUNITY ACTION FOUNDATION (918) 776-0848
1206 W. Roland, Sallisaw, OK 74955 (800) 299-4479

WAGONER COUNTY

CARRIAGE CROSSING....Volunteers of America.....(918) 486-4460
Household billing assistance
COMMUNITY ACTION RESOURCE AND DEVELOPMENT (CARD) (918) 486-2471
217 S. Broadway, Coweta, OK 74429

Contact (800) 829-1040 from February through April 15 to find the nearest Tax Counseling for the Elderly program.

REVERSE MORTGAGE ASSISTANCE

AARP OR YOUR PERSONAL FINANCIAL ADVISOR CAN ADVISE YOU ON THE ADVANTAGES AND DISADVANTAGES OF REVERSE MORTGAGES.....Also see Consumer Help

FITNESS

OKLAHOMA HEALTHY AGING INITIATIVE *ohai.org* (918) 779-7367

ADAIR COUNTY

WALTON LIFETIME HEALTH COMPLEX "SILVER SNEAKERS" (479) 524-7311
2000 W. University St., Siloam Springs, AR 72761

FITNESS Continued

CHEROKEE COUNTY

- AREOFIT HEALTH CLUB “SILVER SNEAKERS” (918) 431-9900
1426 Basin Ave., Tahlequah, OK 74464
- OKIE FLOW FITNESS “LONGEVITY COURSE”(918) 401-0187
2091 w Choctaw St., Tahlequah, OK 74464
- TAHLEQUAH FITNESS “SILVER SNEAKERS”..... (918) 772-5007
10 Plaza South St, Tahlequah, OK 74464

MCINTOSH COUNTY

- LAKE COUNTRY FITNESS “SILVER SNEAKERS”..... (918) 689-9789
640 Alexander Dr. Suite 105, Eufaula, OK 74432
Online Classes—tools.silversneakers.com/search/onlineclasses

MUSKOGEE COUNTY

- CHAMPION FITNESS “SILVER SNEAKERS” (918) 686-7539
2250 E. Shawnee Bypass, Muskogee, OK 74403
- FIT HAPPENS 55+ SENIOR DISCOUNT..... (918) 912-2211
3300 Chandler Rd #104, Muskogee, OK 74403
- CHAMPION FITNESS “SILVER SNEAKERS” (918) 686-7539
2250 E. Shawnee Bypass, Muskogee, OK 74403
- LEGENDARY FITNESS “55 + SENIOR DISCOUNT”.....(918) 203-3788
1121 E Poplar St, Ft Gibson, OK 74434
- MUSKOGEE SWIM AND FITNESS CENTER (918) 684-6304
“SILVER SNEAKER” & “MUSKOGEE SENIOR GAMES”
566 N. Sixth St., Muskogee, OK 74401
- PLANET FITNESS “55+ SENIOR DISCOUNT”(918) 238-2950
2412 E Shawnee Rd, Muskogee, OK 74403
- STRICTLY FITNESS “SENIOR DISCOUNT”.....(918) 683-2639
316 Eastside BLVD., Muskogee, OK 74403

OKMULGEE COUNTY

- OKMULGEE COUNTY YMCA “SILVER SNEAKERS” (918) 756-6677
106 W. 13th St., Okmulgee, OK 74447

FITNESS Continued

SEQUOYAH COUNTY

HEALTH AND WELLNESS CENTER (918) 790-2653
1630 S. Kerr Blvd., Sallisaw, OK 74955

WAGONER COUNTY

ACCESS FITNESS (918) 485-0637
307 Blake Drive, Wagoner, OK 74467

WAGONER FITNESS CENTER 65+ Discount(918) 485-0634
1310 SW 3RD ST., Wagoner, OK 74467

***Silver Sneakers™:** Health plans around the country offer this award-winning program to people who are eligible for Medicare or to group retirees. The program provides a fitness center membership to any participating location across the country.*

Advantages of an Active Lifestyle

- *feel better
- *sleep better
- *reduce stress
- *more energy
- *lose weight
- *control blood sugars
- *improve concentration
- *lower cholesterol
- *strengthen bones, heart and other muscles

FOOD RESOURCES

See also Emergency/Disaster and Nutrition Centers

Oklahoma Grocery Network - visit [facebook.com/groups/275252230127716/?ref=share](https://www.facebook.com/groups/275252230127716/?ref=share)
OKFresh.....www.okfresh.org.....(833) 623-6157

ADAIR COUNTY

CHEROKEE NATION FOOD DISTRIBUTION CENTER (918) 696-5171
470512 E 868 Rd, Stilwell, OK 74960 (800) 865-4462

Monday—Friday 8:00 a.m. to 4:00 p.m.

cherokeenation.org for an online calendar

HOPE CENTER FOOD PANTRY (918) 723-4673
829W Elm St./ P.O. Box 308 Westville, OK 74965

9 a.m. to 2 p.m. Tuesdays

STILWELL FOOD PANTRY/ADAIR COUNTY RESOURCE CENTER (918) 696-4470
110 S. Second St., Stilwell, OK 74960

8:30-11:30 a.m. first and third Thursdays Serving Stilwell and Bunch

FOOD PANTRIES Continued

CHEROKEE COUNTY

- CARE FOOD PANTRY (918) 458-5338
220 N. Muskogee, Tahlequah, OK 74464
- CHEROKEE NATION FOOD DISTRIBUTION CENTER(800) 865-4462
17675 S. Muskogee Ave, Tahlequah, OK 74464 (918) 207-3920
Times vary; call for time and location.
- FEED MY SHEEP (918) 456-6141
First United Methodist Church activities building,
301 W. Delaware St., Tahlequah, OK 74464
Meals provided from 5-6 p.m. Thursdays. Guests use south entrance
- ZOE INSTITUTE (918) 453-9778
1009 S. Muskogee Ave., Tahlequah, OK 74464

McINTOSH COUNTY

- FRIENDSHIP KITCHEN (918) 689-2109
Eufaula; weekly soup kitchen for the community
- FIRST UNITED METHODIST CHURCH.....(918) 473-5714
419 W Gentry Ave, Checotah, OK 74426
(Tuesday, Wednesday and Thursday 10:30—Noon)
- GOD’S HELPING HANDS (918) 689-1800
Clothes closet, food pantry and emergency prescriptions

MUSKOGEE COUNTY

- ADVENTIST COMMUNITY SERVICES (918) 577-6288
Joseph’s Storehouse, 615 S. Main, Muskogee, OK 74401
Mondays 10 a.m. to 1 p.m.
- EASTERN HEIGHTS BAPTIST CHURCH (918) 682-5556
2401 Haskell Blvd., Muskogee, OK — *food and clothing*
11 a.m. to 2 p.m. Saturdays; by appointment weekdays
- FAITH LOVE BAPTIST CHURCH (918) 616-3568
1208 Tamaroa, Muskogee, OK
4-5:30 p.m. Wednesdays; noon-1 p.m. Sundays;
limit one visit every other month (DHS referral required)

FOOD RESOURCES Continued

MUSKOGEE COUNTY Continued

- FIRST ASSEMBLY OF GOD (918) 682-9000
3100 Gulick St., Muskogee, OK
*9 a.m. –noon Mon, Tues, Thurs; 1-4 p.m. Wednesdays and Fridays;
limit once every two weeks*
- FIRST BAPTIST CHURCH (918) 351-8771
Community First Center, corner of Eighth and Boston, Muskogee, OK
Tuesdays 10 a.m. to noon and Summer 6-8 p.m.
- FIRST FREE WILL BAPTIST CHURCH (918) 478-4767
1487 E. Poplar, Fort Gibson, OK 74434
Food pantry available by appointment
- FIRST UNITED METHODIST CHURCH (918-478-3811
302 Beauregard St., Fort Gibson, OK 74434
Outdoor food pantry
- GOSPEL RESCUE MISSION(918) 682-3489
Sack lunch available daily 12-12:30PM 322 Callahan St., Muskogee, OK
- GRACE EPISCOPAL CHURCHmeal delivery service(918) 687-5416
- JOSEPH’S STOREHOUSE FOOD PANTRY 615 S Main (Mon 10-1) (918) 577-6288
- LITTLE FREE PANTRY ON PEAK112 Peak Blvd, Muskogee.... contact on Facebook
- MUSKOGEE CATHOLIC CHARITIES (918) 681-6115
1220 W. Broadway, Muskogee, OK 74401
9 a.m.—noon Mondays-Fridays; limit one visit per month
- MUSKOGEE COMMUNITY FOOD PANTRY (918) 233-3368
601 E. Broadway, Muskogee, OK (918) 869-2189
*1-3 p.m. Mon, Tues, Wed ;1-3p.m. & 4-6 p.m. Thursdays except federal holidays
Limit one visit every other month, up to six times per year*
- PORUM LANDING FIRE STATION (918) 484-5286
P.O. Box 24, Porum, OK 74455
- PRESBYTERIAN CHURCH (918) 682-8683
2000 Haskell Blvd., Muskogee, OK 74403 (*Blessing Box is located on west side of the church*)

FOOD RESOURCES Continued

MUSKOGEE COUNTY Cont....

- SALVATION ARMY (918) 682-3384
700 Independence Ave., Muskogee, OK 74403
10 a.m.—4 p.m. Mon, Tues, Thurs, Closed 12-1 p.m. lunch (limit one visit per month)
- WARNER COMMUNITY FOOD PANTRY(918) 680-1466

OKMULGEE COUNTY

- JUBILEE CHRISTIAN CENTER , OKMULGEE.....(918) 756-5338
open 11 a.m. to 1 p.m. every Wednesday
- MUSCOGEE-CREEK NATION FOOD DISTRIBUTION (918) 549-2401
3001 N. Wood Drive/P.O. Box 580, Okmulgee, OK 74447 (800) 482-1979

SEQUOYAH COUNTY

- CHEROKEE NATION FOOD DISTRIBUTION (918) 775-1220
3400 W. Cherokee St., Sallisaw, OK 74955; *Call for times and locations*
- CATHOLIC CHARITIES (918) 775-6111
409 N. Adams St., Sallisaw, OK 74955
- MARBLE CITY COMMUNITY PANTRY.....(918) 487-5255
- UNITED WAY FORT SMITH AREA (479) 782-1311
120 N. 13th St., Fort Smith, AR 72901
- VIAN PEACE CENTER (918) 773-6374
208 W. Schley St. / P.O. Box 258, Vian, OK 74962
Distribute food from 1-5 p.m. Fridays or by appointment other times.

WAGONER COUNTY

- ABUNDANT RAIN CHURCH (918) 210-5320
12425 S. 273rd St., Coweta, OK 74429
9 a.m. to noon Tuesdays and second Saturday each month
- ARMS AROUND BROKEN ARROW (918) 258-7714
700 W. Fort Worth St., Broken Arrow, OK 74012
Bring photo ID and a current bill for proof of residency
- CHURCH OF ST. BENEDICT (918) 455-4451
2200 W. Ithica St., Broken Arrow, OK 74012

FOOD RESOURCES Continued

WAGONER COUNTY Cont.

| | |
|--|----------------|
| FIRST BAPTIST OF OKAY..... | (918) 683-3889 |
| KINGDOM LIFE CHURCH..... | (918) 483-3111 |
| 130 N Main St., Porter, OK | |
| ST. ANNE CATHOLIC CHURCH | (918) 251-4000 |
| 301 S. Ninth St., Broken Arrow, OK 74012 | |
| WAGONER AREA NEIGHBORS | (918) 485-2309 |
| 100 N.W. Eighth St., Wagoner, OK 74467 | |
| WAGONER COMMUNITY OUTREACH | (918) 485-6830 |
| 700 S.W. 13th St., Wagoner, OK 74467 | |

HEALTH / MEDICAL

| | |
|---|----------------|
| AMERICAN HEALTH ASSISTANCE FOUNDATION | (800) 437-2423 |
| CENTRAL STATES RESEARCH | (918) 645-5400 |

FRAUD/COMPLAINTS

| | |
|---|----------------|
| CONSUMER FINANCIAL PROTECTION BUREAU(CFPB)..... | (855) 411-2372 |
| HEALTH CARE FRAUD REPORTING | (800) 447-8477 |
| INSURANCE DEPARTMENT INFORMATION FOR OKLAHOMA | (800) 522-0071 |
| MEDICARE HOSPITAL COMPLAINTS | (800) 522-3414 |
| MEDICARE QUALITY OF CARE CONCERNS | (800) 725-8315 |
| MEDICARE/MEDICAID FRAUD AND ABUSE | (888) 967-9100 |
| SMP (Senior Medicare Patrol) | (800) 211-2116 |

HOSPITALS/CLINICS/HEALTH DEPARTMENTS

ADAIR COUNTY

| | |
|---|----------------|
| ADAIR COUNTY HEALTH DEPARTMENT | (918) 696-7292 |
| 600 W. Hickory St., Stilwell, OK 74960 | |
| CHEROKEE NATION | |
| NEOHEALTH WESTVILLE FAMILY MEDICAL CENTER | (918) 723-3997 |
| 1779 Buffington Rd, Westville, OK 74965 | |
| <i>Fees based on a sliding scale</i> | |
| STILWELL MEMORIAL HOSPITAL | (918) 696-3103 |
| 1401 W. Locust St., Stilwell, OK 74960 | |
| WILMA MANKILLER INDIAN CLINIC | (918) 696-8800 |
| 471688 Oklahoma 51, Stilwell, OK 74960 | |

HEALTH/MEDICAL Continued

HOSPITALS/CLINICS/HEALTH DEPARTMENTS Cont.

CHEROKEE COUNTY

- CHEROKEE COUNTY HEALTH DEPARTMENT (918) 456-8826
912 S. College Ave., Tahlequah, OK 74464
- CHEROKEE ELDER CARE/PACE PROGRAM (918) 453-5554
Individuals do not have to be Native American to qualify.
1387 W. Fourth St., Tahlequah, OK 74464
- HULBERT HEALTH CLINIC(918) 772-2879
124 E. Main, Hulbert, OK 74441 *Fees based on a sliding scale*
- TAHLEQUAH CITY HOSPITAL (918) 456-0641
1400 E. Downing, Tahlequah, OK 74464
- TAHLEQUAH HEALTH CENTER (918) 431-0202
1500 E. Downing, Suite 214, Tahlequah, OK 74464
- W.W. HASTINGS INDIAN HOSPITAL (918) 458-3100
100 S. Bliss, Tahlequah, OK 74464

McINTOSH COUNTY

- EPIC MEDICAL CENTER (918) 689-2535
1 Hospital Drive (off Highway 69)/P.O. Box 629, Eufaula, OK 74432
- EUFAULA INDIAN HEALTH CENTER (918) 689-2547
800 Forest, Eufaula, OK 74432
- HEALTH & WELLNESS CENTER (800) 640-9741
Serving sites in McIntosh, Muskogee and Sequoyah counties
- McINTOSH COUNTY HEALTH DEPARTMENT (918) 689-7774
29 Hospital Road/P.O. Box 71, Eufaula, OK 74432

MUSKOGEE COUNTY

- ARKANSAS VERDIGRIS VALLEY HEALTH CENTER (877) 480-0111
619 N. Main St., Building D, Muskogee, OK 74401 (918) 682-0222
201 N. 32nd St., Muskogee, OK 74401 (918) 912-2333
- CORNERSTONE SPECIALTY HOSPITAL OF MUSKOGEE(918) 682-6161
351 S. 40th St., Muskogee, OK 74401

HEALTH/MEDICAL Continued

HOSPITALS/CLINICS/HEALTH DEPARTMENTS Cont.

MUSKOGEE COUNTY Cont.

- GOOD SHEPHERD HEALTH CLINIC (918) 683-8080
2130 W. Okmulgee, Muskogee, OK 74401
Free clinic; call 1-4 p.m. Thursdays for appointments from 6-9 p.m.
- HEALTH & WELLNESS CENTER (800) 640-9741
Serving sites in McIntosh, Muskogee and Sequoyah counties
- MUSKOGEE HEALTH CENTER (918) 682-0222
619 N. Main St., Building D, Muskogee, OK 74401
Sliding scale fees; Se habla Espanol; hours
7 a.m. to 4 p.m. Mondays, Wednesdays and Thursdays
8 a.m. to 5 p.m. Fridays
- ST. FRANCIS HOSPITAL MUSKOGEE (918) 682-5501
300 Rockefeller Drive, Muskogee, OK 74401
- ST. FRANCIS HOSPITAL MUSKOGEE EAST (918) 687-7777
2900 N. Main, Muskogee, OK 74401
- THREE RIVERS HEALTH CENTER (CHEROKEE NATION) (918) 781-6500
1001 S. 41st St., Muskogee, OK 74403
- VA MEDICAL CENTER-JACK C. MONTGOMERY (918) 577-3000
1011 Honor Heights Drive, Muskogee, OK 74401

OKMULGEE COUNTY

- EAST CENTRAL OKLAHOMA FAMILY HEALTH CENTER(405) 452-5400
109 S Main, Wetumka, OK 74883
- HENRYETTA MEDICAL CENTER (918) 652-4463
121 South 5th St. / P.O. Box 1269, Henryetta, OK 74437
- HOPE INPATIENT CRISIS BEHAVIORAL HEALTH(918-758-5515
- MEDRITE HEALTH LLC..... (918) 697-3798
109 W. Sixth St., Okmulgee, OK 74447 (918) 756-3114
Free health clinic; third Wednesdays 1-4 p.m.
- MUSKOGEE CREEK NATION PHYSICAL REHAB CENTER..... (918) 756-4233
1401 Morris Drive/P.O. Box 610, Okmulgee, OK 74447

HEALTH/MEDICAL Continued

HOSPITALS/CLINICS/HEALTH DEPARTMENTS Cont.

OKMULGEE COUNTY Cont.

- MUSCOGEE CREEK NATION COMMUNITY HOSPITAL..... (918) 623-1424
309 N. 14th St., Okemah, OK 74859 (800) 219-9458
- OKMULGEE COUNTY HEALTH DEPARTMENT (918) 756-1883
1304 R. D. Miller Road, Okmulgee, OK 74447
- OKMULGEE INDIAN HEALTH CENTER (918) 758-1926
1313 E. 20th St., Okmulgee, OK 74447

SEQUOYAH COUNTY

- HEALTH & WELLNESS CENTER (800) 640-9741
Serving sites in McIntosh, Muskogee and Sequoyah counties
- REDBIRD SMITH MEDICAL CENTER (CHEROKEE NATION) (918) 775-9150
301 S. J. T. Stites Blvd., Sallisaw, OK 74955
- SEQUOYAH COUNTY HEALTH DEPARTMENT (918) 775-6201
612 N. Oak, Sallisaw, OK 74955
- NORTHEASTERN HEALTH SYSTEM OF SEQUOYAH..... (918) 774-1100
213 E. Redwood Ave, Sallisaw, OK 74955

WAGONER COUNTY

- ARKANSAS VERDIGRIS VALLEY HEALTH CENTER (877) 480-0111
505 S. Main St., Porter, OK 74454 (918) 483-0111
607 S. Broadway, Coweta, OK 74429 (918) 486-5564
201 N. 32nd St., Muskogee, OK 74401.....(918) 912-2333
- ARMS AROUND BROKEN ARROW (918) 258-7714
840 S Elm Pl., Broken Arrow, OK 74012
- KOWETA INDIAN HEALTH FACILITY (KIHf-CREEK NATION) (918) 279-3200
31870 E. Highway 51, Coweta, OK 74429
- WAGONER COMMUNITY HOSPITAL (918) 485-5514
1200 W. Cherokee St., Wagoner, OK 74467
- WAGONER COUNTY HEALTH DEPARTMENT (918) 485-3022
212 N. Pierce Ave., Wagoner, OK 74467

HEALTH/MEDICAL Continued

HEALTH PROMOTION

| | |
|--|---------------------------------------|
| ADAIR COUNTY COMMUNITY HEALTH COALITION..... | (918) 316-7990 |
| CENTERS FOR DISEASE CONTROL & PREVENTION..... | <i>see Health departments/Centers</i> |
| OKLAHOMA HEALTHY AGING INITIATIVE (OHAI)..... | (918) 779-7367 |
| Tulsa, OK <i>Serving all of northeast Oklahoma</i> | (888) 616-8161 |
| OKLAHOMA HEALTHY BRAIN INSTITUTE(OHBI)..... | (405) 426-8947 |
| AARP PHARMACY SERVICE (United Healthcare)..... | (800) 777-7686 |
| Fort Worth, TX 76117 | |
| <i>Mail order pharmacy for seniors for prescription drugs by mail.</i> | |
| ASSISTANCE FUND | (855) 845-3663 |
| 4700 Millenia Blvd., Suite 410, Orlando, FL 32839 | |
| <i>tafcares.org Helps with co-pays on medications nationwide</i> | |

PRESCRIPTION DRUG SERVICES

| | |
|--|--|
| AARP PHARMACY SERVICE (United Health Care)..... | (800) 777-7686 |
| CHICKASAW NATION REFILL CENTER | (855) 478-8725 |
| 933 N. Country Club Road, Ada, OK 74820 | |
| <i>Native and non-Native spouse prescription program</i> | |
| DEEP FORK COMMUNITY ACTION.....(RX Oklahoma)..... | (918) 756-2826 |
| EODD AREA AGENCY ON AGING.....(Extra Help)..... | (918) 682-7891 |
| SINGLE CARE | singlecare.org |
| <i>App for smart phones</i> | <i>Administered through Local United Way offices</i> |
| INDIGENT DRUG PROGRAM INFORMATION (Rx ASSISTANCE) | (918) 682-7891 |
| NE OK COMMUNITY ACTION FOUNDATION (Adair/Cherokee) | (918) 253-4683 |
| PARTNERSHIP FOR PRESCRIPTION ASSISTANCE | (888) 477-2669 |
| Rx OKLAHOMA | (888) 794-7345 |
| LI NET | (800) 783-1307 |

HEALTH/MEDICAL Continued

REHAB SERVICES

- 40:31 Rehab & Wellness.....(918) 310-2212
251 W 70th St. S, Muskogee, OK 74401 (580) 982-8316
- HEALTH PRO HERITAGE..... (918) 684-9041
1437 s Boulder Ave., Tulsa, OK 74120
- MUSCOGEE CREEK NATION PHYSICAL REHABILITATION CENTER . (918) 756-9211
900 E. Airport Road/P.O. Box 1118, Okmulgee, OK 74447
- QUAIL RIDGE REHAB AND LIVING CENTER (918) 422-5138
564 State Line Road, Colcord, OK 74338
- ST. FRANCIS HEALTH SYSTEM (918) 682-5501
Physical therapy and rehabilitation services Ext. 2420
Muskogee, OK

HEARING SERVICES

See also Disabilities

- HEARING AID HOTLINE (800) 521-5247
- MIRACLE EAR (918) 683-1234
1601 W. Muskogee Ave., Muskogee, OK 74401

See also Disabilities

- NATIONAL ASSOCIATION FOR HEARING AND SPEECH ACTION (800) 638-8255
- NATIONAL ASSOCIATION OF THE DEAF (301) 587-1788
TTY (301) 587-1789
- OKLAHOMA ASSOCIATION OF DEAF PERSONS (918) 894-5270
- SENIOR CITIZENS HEARING AID PROGRAM (866) 309-1717
- SERTOMA HEARING AID RECYCLING PROGRAM (SHARP) (816) 333-8300
Also (888) 311-3523 or (918) 832-8742
- TOTAL SOURCE FOR HEARING LOSS AND ACCESS (918) 832-8742
Tulsa, OK (Interpreter Services) (888) 311-3523
- VOCATIONAL REHABILITATION (STATE AGENCY) (918) 836-5556
Tulsa, OK (800) 845-8476

HEARING SERVICES Continued

See also Disabilities

WARD HEARING (918) 426-4742

231 E. Chickasaw, McAlester, OK 74501

HOME HEALTH

Only home health agencies that are Medicare certified are listed in this section.

HOME HEALTH CARE COMPLAINTS (800) 234-7258

ALLIED HOME HEALTH INC. (918) 485-2084

www.alliedhh.com (800) 777-2084

ALLCARE HEALTH SYSTEMS (918) 662-5242

www.allcarehealthsystems.com

AMEDISYS HOME HEALTH SERVICES (918) 294-3902

www.amedisys.com Creek, Muskogee, and Okmulgee Counties

Skilled nursing, physical, occupational and speech therapy,

home health aides and medical social services

ANGELS CARE HOME HEALTH (918) 681-4303

Nursing care, physical therapy and occupational therapy, speech,

medical, social services and home health aides

MY HOMEHEALTH CARE INFORMATION:



HOME HEALTH Continued

- CARTER HEALTH CARE (www.carterhealthcare.net)..... (918) 683-1855
- CHEROKEE ELDER CARE/PACE (918) 453-5554
*Physical, occupational and speech therapy; home health services;
 Social services; medical equipment; primary medical and nursing care
 For seniors age 55 and older; do not need to be tribal members
 Services available free with Medicare Parts A and B and Medicaid*
- CHEROKEE NATION HOME HEALTH (918) 458-6102
 1630 N. Cedar, Tahlequah, OK 74464 (888) 281-6910
- COHESIVE HEALTH CARE.....(918) 503-6299
 311 E Ray Fine Blvd., Suite 1 Roland, OK 74954
- COMMUNITY HOME HEALTH (800) 449-2592
*Skilled nursing, physical, occupational and speech therapy;
 Home health aides and specialized wound and diabetic care*
- COMPASSION HOME CARE INC. (877) 418-2821
 901 E. Main St., Unit D, Stigler, OK 74462
 19409 U.S. 271, Spiro, OK 74959
Serving McIntosh, Muskogee and Sequoyah counties and farther south
- COMPLETE HOSPICE CARE (918) 681-4988
 Muskogee, Broken Bow, Oklahoma City and Tulsa
- CORNERSTONE AT HOME CARE (cornerstoneathomecare.com) (918) 708-9408
 1409 S. Muskogee Ave., Suite 2, Tahlequah, OK 74465 (877) 453-7329
- ENHABIT HOME HEALTH (918) 682-6202
- ENTRUSTED HEARTS BY BAPTIST VILLAGE (888) 272-5339
Nursing, therapy, respite, companionship, assistance with daily living
- ELARA CARING..... (918) 775-1815
- EVERGREEN HOSPICE AND HOME HEALTH (918) 250-5555
- HOMEHEALTH CARE OF OKLAHOMA (800) 899-9172
www.homehealthcareofoklahoma.net
- HOUSECALLS HOME HEALTH SERVICES INC. (800) 475-5901
www.allcarehealthsystem.com

HOME HEALTH Continued

| | |
|--|----------------------------------|
| MAYS HOME HEALTH | (918) 776-9400 |
| MAYS HOME CARE. | (918) 437-1271 |
| Okmulgee | (866) 560-7587 or (918) 752-0291 |
| MED-CORP PLUS INC. | (918) 687-8033 |
| www.medcorphh.com | (918) 686-6842 |
| MUSCOGEE CREEK NATION HOME HEALTH | (918) 758-0086 |
| 1401 Morris Drive, Okmulgee, OK 74447 | |
| <i>Do not need to be tribal members to qualify</i> | |
| OKLAHOMA HEALTHCARE SOLUTIONS | (866) 881-3800 |
| www.oklahomahealthcaresolutions.com | |
| NE HEALTH SYSTEMS SEQUO..... | (918) 774-1152 |
| PETERS AGENCY HOME HEALTH LLC | (866) 577-1842 |
| www.petersagency.com | |
| QUAIL RIDGE REHAB AND LIVING SERVICES | (918) 422-5138 |
| SOONER HOME HEALTH CARE | (877) 686-5242 |
| SOUTHWEST HOME HEALTH CARE | (918) 775-7975 |
| ST. FRANCIS HOME HEALTH SERVICES (www.saintfrancis.com)..... | (918) 488-6888 |
| TEAM SELECT HOME CARE | (918) 828-7700 |
| TRADITIONS HOME CARE INC. (www.traditionshomecare.net)..... | (866) 867-9893 |
| TRADITIONS HOME CARE (Okmulgee County) | (918) 773-2062 |

**Be suspicious if a health-care provider tells you,
“The more tests we run, the cheaper they are.”**

Questions to ask your doctor on your next visit:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

HOME REPAIRS

See Housing and Utilities/Weatherization

- ADAIR COUNTY RURAL FIREFIGHTERS ASSOCIATION (918) 797-0421
Contact Russell Yell; willing to help seniors in need when possible
- AMRAMP (amramp.com) (888) 715-7597
wheelchair ramps, stair lifts, grab bars, safety railings and more
- FIRST BAPTIST CHURCH, WAGONER(918) 485-2428
- HOME MODS Eldercare Locator.....(800) 677-1116
- MEN’S UNITED METHODIST CHURCH (Wagoner) (918) 485-3059
- OKLAHOMA ABLE-TECH (wheelchair ramps) (405) 523-4807
Contact Melisa Cranfield at mecraf@okstate.edu
- OSU HEALTH ACCESS (918) 561-8579
- PRESBYTERIAN CHURCH (Muskogee) (918) 348-0147
Will help with wheelchair ramps Contact Jim Webb
- SERVPRO (Serving Cherokee, McIntosh and Muskogee) (918) 913-4490
- THE BARRACKS (918) 687-5480
Will help veterans with wheelchair ramp assistance
Contact Victor Lezama
- THE BOD CHURCH (Sequoyah) (918) 774-2803
Will help seniors with ramps or other home projects
Contact Chris Thomas
- USDA RURAL HOUSING SERVICES (918) 682-8831
Low- or no-interest loans (Grants for 62+ low income)
- UNDER 1 ROOF (McIntosh)(918)689-7505
- VETERANS ADMINISTRATION (918) 577-3057
Must be actively receiving VA services for ramp assistance
Contact Necole Travis

ONLINE RESOURCES

www.homemods.org

www.lifetimehome.org

www.homemods.org/acl/hmin/

www.gero.usc.edu

HOMELESS SHELTERS

See also Emergency/Disaster and Housing

| | |
|---|----------------|
| ELDERCARE.ACL.GOV | (800) 677-1116 |
| EMERGENCY HOUSING VOUCHERS | hud.gov/ehv |
| GOSPEL RESCUE MISSION | (918) 682-3489 |
| 323 Callahan St., Muskogee, OK 74401 (Work/ Stay Program) | |
| HOPE HOUSE OF MCALESTER INC. | (918-423-4673 |
| OKMULGEE COUNTY HOMELESS SHELTER | (918) 819-2377 |
| 214 N. Morton, Okmulgee, OK 74447 | |
| PROJECT OSIYO | (918) 453-2520 |
| 118 W. Keetoowah, Tahlequah, OK 74464 | |
| <i>Men's Shelter</i> | |
| REINCARNATION COTTAGES (Transitional Living)..... | (888) 233-4280 |
| Work / Stay Program | |
| VETERANS | |
| KIBOIS SSVF..... | (918) 681-7525 |
| THE BARRACKS..... | (918) 687-5480 |

TIPS ON HOME IMPROVEMENTS

BE CAUTIOUS IF CONTRACTORS:

- **Sell door to door**
- **Push you to borrow from their lender**
- **Accept only cash or want you to pay for the entire job up front**
 - **Say they are doing work “up the street”**
 - **Talk fast to confuse you**
- **Claim to have leftover materials from another job**

HOSPICE SERVICES

| | |
|---|-------------------------------|
| ACCENTRA HOME HEALTH & HOSPICE..... | (918) 652-3919 |
| 114 s 4TH ST., Henryetta, OK 74437 | |
| ALLCARE HEALTH SYSTEMS | (918) 683-5900 |
| www.allcarehealthsystems.com | |
| ANGELIC HOSPICE (www.mybrotherskpr.com) | (918) 758-3001 |
| CARTER HOSPICE (<i>See Carter Health Care in Home Health</i>) | |
| CHEROKEE NATION HOME HEALTH HOSPICE OUTREACH | (918) 458-6102 |
| 1630 N. Cedar Ave., Tahlequah, OK 74464 | (888) 281-6910 |
| CLAREHOUSE | (918) 893-6150 |
| 7617 S. Mingo Road, Tulsa, OK 74133 | |
| COMPASSUS (www.compassus.com) | (918) 683-1582 |
| <i>Hospice, palliative and in-home health care</i> | |
| COMPLETE HOSPICE CARE | (918) 681-4988 |
| CORNERSTONE HEALTH CARE RESOURCES | (918) 708-1030 |
| 1409 S. Muskogee Ave., Tahlequah, OK 74464 | |
| ELARA CARING..... | (918) 683-9400 |
| EMERALD FIRST CHOICE HOSPICE..... | (918) 485-0079 |
| 120 S Yorkshire Blvd., Wagoner, OK 74467 | (888) 225-9876 |
| ENHABIT HEALTH HOSPICE | (918) 893-1467 |
| 1913 W. Tacoma, Suite E, Broken Arrow, OK 74012 | |
| <i>Covers Muskogee, Okmulgee and Wagoner counties</i> | |
| EVERGREEN HOSPICE AND HOME HEALTH | (918) 250-5555 |
| FAMILY CARE HOSPICE | (800) 901-2686 |
| GOOD SHEPHERD HOSPICE | MUSKOGEE.....HENRYETTA |
| <i>goodshepherdhospices.com</i> | (918) 682-3800 (918) 268-5001 |
| HOMETOWN HOSPICE (www.hometownhospice.com) | (918) 681-4440 |
| 2307 S. York St., Muskogee, OK 74403 | |
| HOSPICE OF THE CHEROKEE | (918) 458-5080 |
| 1630 N. Cedar, Tahlequah, OK 74464 | (877) 792-7372 |

HOSPICE SERVICES Continued

- MAYS HOME HEALTH & HOSPICE..... (877) 775-9505
 Muskogee, Sallisaw and Poteau
- NE HEALTH SYSTEM SEQUOYAH (918) 774-1152
 Sallisaw, OK 74955 *Home Health and Hospice Care*
- NEW CENTURY HOSPICE (918) 682-2527
 1310 S. York St., Muskogee, OK 74403
- RIVERCROSS HOSPICE (918) 686-6899
 (918) 622-9281
- SAINT FRANCIS HOSPICE (918) 494-6465
 Muskogee, OK 74401
- SAN BOIS HOSPICE (918) 967-1002
 901 E. Main, Unit A, Stigler, OK 74462
 McIntosh, Muskogee & Sequoyah Counties
- SEASONS HOSPICE (918) 910-5018
 1903 N Main St., , Muskogee, OK 74401
www.seasonshospice.com; serving all of northeast Oklahoma
- TRADITIONS HEALTHCARE & HOSPICE CARE (405) 936-9433
 222 E. Skelly Drive, Tulsa, OK 74105 (888) 819-2119
- TRANSITIONS LIFE CARE (918) 551-6879
 Tulsa, OK

AREA AGENCY ON AGING
 1012 N. 38th St. | PO Box 1367 | Muskogee, OK 74402

OUTREACH SERVICES

REFERRAL SERVICES FOR:

- ◆ Nutrition Services including Home-Delivered Meals
- ◆ Homemaker Services
- ◆ Caregiver Services
- ◆ Transportation
- ◆ Legal Aid Assistance for Seniors
- ◆ Health Promotion Classes
- ◆ Education & Training

Caring Assistance Line

800-211-2116

Phone: (918) 682-7891

Fax: (918) 682-5444

*Our goal is to connect seniors
 60+ with services to meet their
 needs, now & in the future.*

Serving Adair, Cherokee, McIntosh, Muskogee, Okmulgee, Sequoyah & Wagoner Counties

Eastern Oklahoma Development District AREA AGENCY ON AGING is an equal opportunity employer and does not discriminate on basis of age, sex, race, nationality, gender, religion. Funding is provided by OAA, OKDHS, and EODD funds.



HOUSE CLEANING

See In-Home Services

HOMEMAKER SERVICES ...(Title III Nutrition Program).....(918) 682-7891

HOUSING

See also Assisted Living, Homeless Shelters, Nursing Homes and Residential Care Homes

APARTMENTS/INDEPENDENT LIVING

ADAIR COUNTY

COVENANT LIVING (covlivingbixby.org) (918) 970-4433

7300 E. 121st Place South, Bixby, OK 74008

Seniors 65 and older only with a dining facility on-site

HICKORY VILLAGE INC. (918) 696-5900

Stilwell, OK 74960

Seniors 62 and older or younger with disabilities / income based

RURAL HOUSING OF WESTVILLE APTS..... (918) 723-4557

Westville, OK 74965

SAVANNAH Park Apartments (918) 723-5320

Westville, OK 74965

(918) 723-4557

STILWELL HOUSING AUTHORITY (918) 696-2494

801 N. Fourth St., Stilwell, OK 74960

STILWELL SENIOR HOUSING (918) 696-3050

400 N. Eighth St., Stilwell, OK 74960

Seniors 60 and older only

CHEROKEE COUNTY

AUTUMN HEIGHTS (918) 456-5572

1500 Hensley Drive, Tahlequah, OK 74464

Seniors 62 and older only

CHEROKEE NATION HOUSING (918) 775-6208

HOUSING Continued

APARTMENTS/INDEPENDENT LIVING Continued

CHEROKEE COUNTY Cont.

- COOKSON HILLS HULBERT SENIOR LIVING (918) 458-1700
405 1/2 E. Main St., Hulbert, OK 74441
Seniors 62 and older only
- COOKSON HILLS TAHLEQUAH SENIOR HOUSING.....(918) 458-1700
1350 N Jones Ave., Tahlequah, OK 74464
- DAVIS RETIREMENT (918) 456-4000
Tahlequah, OK 74464
Seniors 55 and older with a dining facility on-site
- GARDEN WALK APARTMENTS (918) 456-0561
Tahlequah, OK 74464
- GO-YE VILLAGE (www.goyevillage.org) (918) 456-4542
1201 W. Fourth St., Tahlequah, OK 74464
Seniors 55 and older with a dining facility on-site
- PECAN CREEK (918) 772-2726
613 E. McClure Ave., No. 101, Hulbert, OK 74441
- PROCTOR HEIGHTS (918) 772-2177
900 Bassham Drive, Hulbert, OK 74441
- SEQUOYAH POINT (918) 456-2573
Tahlequah, OK 74464
- TAHLEQUAH ELDERLY HOUSING (918) 458-5478
- TAHLEQUAH SENIOR HOUSING (918) 456-5572
- WISDOM KEEPERS (918) 453-9900
1286 W. Fourth St., Tahlequah, OK 74464; *Seniors 60 and older only*

McINTOSH COUNTY

- EUFAULA VILLAGE APARTMENTS (918) 689-4604
Eufaula, OK 74432
- LAKEHURST SENIOR HOUSING (918) 490-9020
Eufaula, OK 74432

HOUSING Continued

APARTMENTS/INDEPENDENT LIVING Continued

McINTOSH COUNTY Cont.

MUSCOGEE (CREEK) NATION HOUSING

Checotah, OK 74426 (918) 473-5665

Eufaula, OK 74432 (918) 689-3172

RURAL HOUSING OF WESTVILLE APTS..... (918) 473-4121

Checotah, OK 74426

MUSKOGEE COUNTY

BROOKDALE (918) 683-8388

Muskogee, OK 74403

Specializes in dementia and memory care

CHEROKEE NATION HOUSING (918) 775-6208

FAIRVIEW TERRACE APARTMENTS (918) 684-6090

129 S. 44th St., Muskogee, OK

FAIR HAVEN SENIOR APARTMENTS (918) 682-4300

Muskogee, OK 74403

Seniors and younger with disabilities

FORT GIBSON NURSING HOME AND APARTMENTS (918) 478-2456

Fort Gibson, OK 74434

GREENLEAF SENIOR APARTMENTS (918) 687-3757

715 S. York St., Muskogee, OK 74403

Must be 62 years old or older or disabled

HONOR HEIGHTS TOWERS (918) 687-6301

Muskogee, OK 74401

KATE FRANK APARTMENTS (918) 687-8002

Muskogee, OK 74401

Seniors age 55 and older only

KEETOOWAH VILLAGE APARTMENTS (918) 683-5672

2909 Keetoowah Trail, Muskogee, OK 74403

HOUSING Continued

APARTMENTS/INDEPENDENT LIVING Continued

MUSKOGEE COUNTY Cont.

- SILVER LEAF APARTMENTS (918) 482-5976
Haskell, OK 74436
- SUMMER RIDGE SENIOR HOUSING (918) 681-1670
Muskogee, OK 74403
Seniors 62 and older only
- SUNGATE APARTMENTS (918) 473-4053
Checotah, OK 74426
- SURETY APARTMENTS (913) 406-9937
Muskogee, OK 74401
Seniors 62 and older only

OKMULGEE COUNTY

- BAPTIST VILLAGE APARTMENTS (918) 756-5377
Okmulgee, OK 74447
Seniors 55 and older with a dining facility on-site
- BEGGS ELDERLY AND DISABLED APARTMENTS (918) 267-3211
Beggs, OK 74421
Seniors 65 and older and younger with disabilities
- BRIARWOOD APARTMENTS (918) 205-7459
Okmulgee, OK 74447
- CREEK FOREST APARTMENTS (918) 756-8911
Okmulgee, OK 74447
- CREEK NATION APARTMENTS FOR ELDERLY (918) 756-2920
2710 N. Miami Ave., Okmulgee, OK 74447
- CREEK VILLAGE APARTMENTS (918) 756-4423
Okmulgee, OK 74447
- NEW LAKE APARTMENTS (918) 652-9629
Henryetta, OK 74437
- PIONEER VILLAGE APARTMENTS (918) 756-1298

HOUSING Continued

APARTMENTS/INDEPENDENT LIVING Continued

SEQUOYAH COUNTY

| | |
|--|----------------|
| CARRINGTON VILLAGE | (918) 775-7500 |
| Sallisaw, OK 74955 | |
| CHEROKEE NATION HOUSING | (918) 774-0922 |
| GARDEN WALK APARTMENTS | |
| Muldrow | (918) 427-7127 |
| Roland | (918) 427-4313 |
| Sallisaw | (918) 775-6717 |
| Vian | (918) 773-8093 |
| NORTHVIEW ESTATES (HOMES) | (918) 773-3038 |
| Vian, OK 74962 | |
| PARKVIEW APARTMENTS | (918) 489-2757 |
| Gore, OK 74435 | |
| PRETTY VILLAGE APARTMENTS | (918) 742-1276 |
| Muldrow, OK 74948 | |
| <i>Seniors 62 and older and younger with disabilities</i> | |
| SAVANNAH PARK | (918) 773-8537 |
| Vian, OK 74962 | |
| TSA-LA-GI APARTMENTS | (918) 775-6208 |
| Sallisaw, OK 74955 | |
| <i>Cherokee Nation Housing Authority</i> | |
| <i>Seniors 62 and older and younger with disabilities; on-site dining facilities</i> | |
| VILLAGE WEST APARTMENTS | (918) 775-9292 |
| Sallisaw, OK 74955 | |

WAGONER COUNTY

| | |
|--|----------------|
| CARRIAGE CROSSING & PARK VILLAGE | (918) 486-4460 |
| 28530 E. 141st St., Coweta, OK 74429 | |
| <i>Seniors 62 and older with a dining facility on-site</i> | |
| CHEROKEE NATION HOUSING | (918) 775-6208 |

HOUSING Continued

APARTMENTS/INDEPENDENT LIVING Continued

WAGONER COUNTY Cont.

- COWETA TRAILS (918) 887-8231
11954 S. 273rd East Avenue, Coweta, OK 74429
55+ senior housing units
- GARDEN WALK APARTMENTS (918) 486-6240
Coweta, OK 74429
- CROSS TIMBERS (918) 485-3372
Wagoner, OK 74467
- INDIAN HILLS APARTMENTS (918) 266-5756
Catoosa, OK 74108
- RIVER POINTE APARTMENTS (918) 485-0689
Wagoner, OK 74467
- STEEPLE CHASE APARTMENTS (918) 279-1147
Coweta, OK 74429
- VINEYARDS (918) 485-3372
Wagoner, OK 74467
- WAGONER VILLAGE..... (918) 543-3400
Wagoner, OK 74467
- YORKSHIRE PLACE (918) 485-3372
Wagoner, OK 74467
- YORKSHIRE VILLAS (Senior Duplexes) (918) 485-3372
Wagoner, OK 74467
- YORKSHIRE RETIREMENT VILLAGE (918) 485-8094
2200 W. Wellington, Wagoner, OK 74467

OTHER

- MOCKINGBIRD ESTATES (405) 372-1500
3020 E. Sixth Ave., Stillwater, OK 74074
Seniors 62 and older

HOUSING Continued

HOUSING ASSISTANCE

- COMMUNITY ACTION AGENCIES (405) 949-1495
- CHEROKEE NATION HOUSING ASSISTANCE PROGRAM (918) 453-5000
Tahlequah, OK 74464
*Low-income rental housing, rental and mortgage assistance
and housing rehabilitation*
- CITY OF MUSKOGEE NEIGHBORHOOD DEVELOPMENT PROGRAM (918) 684-6232
Must reside within the city limits of Muskogee; funds limited.
- COMMUNITY ACTION RESOURCE AND DEVELOPMENT (CARD) (918) 341-5000
Claremore, OK 74017
Homebuyers assistance and housing initiative for Wagoner County
- DECAF (Self help housing program)(918) 756-2444
McIntosh, Muskogee, Okmulgee and Wagoner Counties
- DEEP FORK COMMUNITY ACTION SELF-HELP HOUSING PRGRM ... (918) 756-2826
McIntosh, Muskogee, Okmulgee and Wagoner counties (918) 756-2444
- HABITAT FOR HUMANITY (918) 687-1470
Muskogee, OK 74402
- LIFE SENIOR SERVICES (918) 664-9000
5950 E. 31st St., Tulsa, OK 74135
- MUSKOGEE (CREEK) NATION HOUSING DIVISION (918) 756-8504
Okmulgee, OK 74447
Home ownership, construction services, mortgage assistance and rentals
- MUSKOGEE COMMUNITY ACTION FOUNDATION (918) 683-7637
- OSU HEALTH ACCESS (918) 561-8579
- USDA RURAL HOUSING SERVICES (918) 682-8831
*Low-income housing repair program (grants and low-interest loans)
Adair, Cherokee, Muskogee, Okmulgee and Wagoner counties*
- USDA FARM SERVICE AGENCY (918) 423-4073
Pittsburg County
- OKLAHOMA HOMEOWNERS ASSISTANCE FUND ohfa.org/haf/(833) 208-2535

HOUSING Continued

HOUSING AUTHORITIES

OKLAHOMA HOUSING FINANCE AUTHORITY (OHFA) (800) 256-1489

ADAIR COUNTY

CHEROKEE NATION HOUSING AUTHORITY (918) 696-2055

STILWELL HOUSING AUTHORITY (918) 696-2494

CHEROKEE COUNTY

CHEROKEE NATION HOUSING AUTHORITY (918) 456-5482

MUSKOGEE COUNTY

FORT GIBSON HOUSING AUTHORITY (918) 478-2051

MUSCOGEE (CREEK) NATION HOUSING DIVISION (918) 756-8504

MUSKOGEE HOUSING AUTHORITY (918) 687-6301

OKMULGEE COUNTY

BEGGS HOUSING AUTHORITY (918) 267-3211

HENRYETTA HOUSING AUTHORITY (918) 652-9651

MUSCOGEE (CREEK) NATION HOUSING DIVISION (918) 756-8504

**The OK Living Choice
Program is designed to help
Oklahomans who live with a physical disability,
mental disability or long-term illness transition
out of nursing homes and into the community.**

**1(888) 287-2443 - oklivingchoice.org
info@oklivingchoice.org**

INFORMATION & ASSISTANCE SERVICES

See also Advocacy, Consumer Help and Veterans' Services

| | |
|---|----------------|
| EODD AREA AGENCY ON AGING | (918) 682-7891 |
| 1012 N. 38th St., P.O. Box 1367, Muskogee, OK 74402-1367 | |
| <i>Serves Adair, Cherokee, McIntosh, Muskogee, Okmulgee,</i> | |
| <i>Sequoyah and Wagoner counties</i> | |
| <i>The Area Agency on Aging plans, coordinates and advocates</i> | |
| <i>community-based service delivery systems to meet the needs</i> | |
| <i>of older Oklahomans. Services provided include nutrition,</i> | |
| <i>transportation, outreach, legal, information and assistance,</i> | |
| <i>long-term care Ombudsman, caregiver support and case management.</i> | |
| | |
| 211 (GET CONNECTED, GET ANSWERS) | 211 |
| AIRSO (Alliance of Information & Referral Systems of Oklahoma) ... | (918) 682-7891 |
| P.O. Box 53373, Oklahoma City, OK 73152 | |
| BIA (BUREAU OF INDIAN AFFAIRS) | (918) 756-3950 |
| CAPITAL STRAIGHT LINE | (800) 522-8556 |
| CHEROKEE NATION TRIBAL OFFICE | (918) 456-0671 |
| CREEK NATION TRIBAL OFFICE | (918) 756-8700 |
| DHS DIRECTORS HOTLINE..... | (405) 521-2779 |
| Emergencies only | (877) 751-2972 |
| DISASTER DISTRESS HELPLINE/SAMHSA (www.samhsa.gov) | (800) 985-5990 |
| ELDERCARE LOCATOR | (800) 677-1116 |
| FRIENDSHIP LINE | 988 |
| LIFE SENIOR SERVICES | |
| 5950 E. 31st St., Tulsa, OK 74135 | (918) 664-9000 |
| 528 W Cherokee., Wagoner, OK 74467 | (918) 485-8992 |
| NATIONAL PROBLEM GAMBLING HOTLINE | (800) 522-4700 |
| NEIGHBORS BUILDING NEIGHBORHOODS | (918) 683-4600 |
| www.ncpgambling.org | |
| SOONER SUCCESS (www.soonersuccess.ouhsc.edu) | (877) 441-0434 |
| TOBACCO HELPLINE/QUIT-NOW (www.okhelpline.com) | (800) 784-8669 |

IN-HOME SERVICES

See also Home Health

(Non-medical in-home care)

- 1 of a KIND IN HOME CARE.....(918) 655-5001
Sequoyah County Medicaid
- ALL OUR HEART (918) 804-1129
402 N. Broadway, Coweta, OK 74429 www.allourheart.com
Serving Cherokee, Muskogee and Wagoner counties
- COMPLETE HOME SERVICES (918) 477-9080
- ENTRUSTED HEARTS BY BAPTIST VILLAGE (888) 272-5339
Nursing, therapy, respite, companionship and assistance
With daily living
- HEALTH CARE INNOVATIONS (866) 660-4424
Respite, laundry, light housekeeping, errands and shopping
- HOME HELPERS HOME CARE (918) 884-6022
www.homehelpershomecare.com/south-tulsa
- SENIOR HELPERS(918) 574-2273
8988 S Sheridan Rd., Suite W, Tulsa, OK 74133 *Okmulgee County*
- SERVPRO (Serving Cherokee, McIntosh and Muskogee) (918) 913-4490
- STAY HOME SERVICES (918) 682-3688
Muskogee, OK, non-medical companion services

INTERPRETER SERVICES

HEARING IMPAIRED

- OPERATOR OF DEAF SERVICES (800) 332-1124
- TOTAL SOURCE FOR HEARING LOSS AND ACCESS (918) 832-8742

VISUALLY IMPAIRED

- VISUAL SERVICES (918) 684-5331

INTERPRETER SERVICES Cont.

LANGUAGE

| | |
|--|----------------|
| CHEROKEE — CHEROKEE NATION | (918) 453-5487 |
| | (918) 457-0671 |
| | (918) 316-2396 |
| CREEK — CREEK NATION | (918) 756-8700 |
| SPANISH /SIGN LANGUAGE/ Salvation Army | (918) 682-3384 |

VISUALLY IMPAIRED

| | |
|---|--|
| VISUAL SERVICES..... | (918) 684-5331 |
| NEW VIEW OKLAHOMA | (855) 811-9699 |
| 5350 E 31st At., #302, Tulsa, OK 74135 | info@newviewoklahoma.org |
| TOTAL SOURCE FOR HEARING LOSS AND ACCESS..... | (888) 311-35232 |

LEGAL SERVICES

See also Advocacy and Consumer Help

Legal Services of Oklahoma provides free or low-cost legal services to senior citizens age 60 and older. Some of the services include: public benefits' hearings and appeals for Social Security, Veterans Affairs and Department of Human Services; termination of joint tenancy; consumer complaints; simple wills; guardianships' and others.

| | |
|--|----------------|
| AARP 50+ MEMBERS — FREE LEGAL CONSULTATION | (888) 687-2277 |
| AGING SERVICES DIVISION (DHS)..... | (405) 521-2281 |

Advance Directives and Health Care Proxy assistance

| | |
|---|----------------|
| CARING ASSISTANCE LINE | (800) 211-2116 |
| COMMUNITY LIVING, AGING AND PROTECTIVE SERVICES (CAP) ... | (405) 521-2281 |

Advance Directives and Healthcare Proxies/protecting your rights at end of life.

| | |
|--|----------------|
| LEGAL AID SERVICES OF OKLAHOMA APPLICATION LINE | (888) 534-5243 |
| LEGAL AID SERVICES OF OKLAHOMA — CHEROKEE COUNTY | (918) 708-1150 |
| 224 S. Muskogee Ave., Tahlequah, OK 74464 | (888) 993-2615 |

| | |
|--|----------------|
| LEGAL AID SERVICES OF OKLAHOMA — MUSKOGEE COUNTY | (918) 683-5681 |
| 530 Court St, Muskogee, OK 74401 | (800) 725-5681 |

| | |
|--|----------------|
| MUSKOGEE COUNTY LAW LIBRARY | (918) 682-0248 |
| NEIGHBOR FOR NEIGHBOR (Legal Clinics)..... | (918) 425-5578 |

LEGAL SERVICES Continued

OKLAHOMA BAR ASSOCIATION (405) 416-7000

OKDHS AGING SERVICES DIVISION (405) 521-2281

Advance Healthcare Proxy and Rights at End of Life assistance

OKLAHOMA DISABILITY LAW CENTER(800) 880-7755

OKLAHOMA INDIAN LEGAL SERVICES (800) 658-1497

SPLASH LINE (855) 488-6814

Sixty-Plus (60+) Legal Aid Services Helpline

Spanish (855) 488-9710

*In 2015, the highest priority need identified for seniors
in our seven-county service area was the need for legal assistance.
For example, writing wills, estate planning, powers of attorney, etc.*

LEGISLATORS

See the back of this directory for a complete list of Oklahoma legislators and county commissioners.

My legislators:

Senator: _____ **Phone No.** _____

Representative: _____ **Phone No.** _____

County Commissioner: _____ **Phone No.** _____



LIBRARIES

ADAIR COUNTY

| | |
|---|----------------|
| JOHN F. HENDERSON LIBRARY | (918) 723-5002 |
| 116 N. Williams/P.O. Box 580, Westville, OK 74954 | (888) 291-8147 |
| STILWELL PUBLIC LIBRARY | (918) 696-7512 |
| 5 N. Sixth St., Stilwell, OK 74960 | (888) 378-8947 |

CHEROKEE COUNTY

| | |
|---|----------------|
| HULBERT COMMUNITY LIBRARY | (918) 772-3383 |
| 210 N. Broadway/P.O. Box 148, Hulbert, OK 74441 | (888) 291-8149 |
| NORTHEASTERN STATE UNIVERSITY | (800) 722-9614 |
| 600 N. Grand Ave., Tahlequah, OK 74464 | |
| TAHLEQUAH PUBLIC LIBRARY | (918) 456-2581 |
| 120 S. College, Tahlequah, OK 74464 | (888) 291-8129 |

McINTOSH COUNTY

| | |
|--|----------------|
| JIM LUCAS LIBRARY | (918) 473-6715 |
| 626 W. Gentry Ave., Checotah, OK 74426 | (877) 473-6715 |
| EUFAULA MEMORIAL LIBRARY | (918) 689-2291 |
| 301 S. First St., Eufaula, OK 74432 | (888) 291-8148 |

MUSKOGEE COUNTY

| | |
|---|----------------|
| BACONE COLLEGE | (918) 683-4581 |
| 2299 Old Bacone Road, Muskogee, OK 74403 | |
| Q.B. BOYDSTUN CITY LIBRARY | (918) 478-3587 |
| 201 E. South Ave./P.O. Box 700, Fort Gibson, OK 74434 | (888) 291-8151 |
| MUSKOGEE PUBLIC LIBRARY | (918) 682-6657 |
| 801 W. Okmulgee Ave., Muskogee, OK 74401 | (888) 291-8152 |
| RIEGER MEMORIAL LIBRARY | (918) 482-3614 |
| 116 N. Broadway Ave./P.O. Box 429, Haskell, OK 74436 | (877) 482-3614 |
| WARNER PUBLIC LIBRARY | (918) 463-2363 |
| 207 Eighth St., Warner, OK 74469 | (888) 234-0606 |

LIBRARIES Continued

OKMULGEE COUNTY

- HENRYETTA PUBLIC LIBRARY (918) 652-7377
518 W. Main St., Henryetta, OK 74437
- MORRIS LIONS CLUB LIBRARY (918) 733-2222
323 S. Hughes Ave., Morris, OK 74445
- OKMULGEE PUBLIC LIBRARY (918) 756-1448
218 S. Okmulgee Ave., Okmulgee, OK 74447

SEQUOYAH COUNTY

- MULDROW PUBLIC LIBRARY (918) 427-6703
711 W. Shawntel Smith Blvd., Muldrow, OK 74948 (888) 291-8153
- STANLEY TUBS MEMORIAL LIBRARY (918) 775-4481
101 E. Cherokee, Sallisaw, OK 74955

WAGONER COUNTY

- JOHN F. RAPER MEMORIAL LIBRARY (918) 486-6532
120 E. Sycamore/P.O. Box 850, Coweta, OK 74429
- WAGONER PUBLIC LIBRARY (918) 485-2126
302 N. Main, Wagoner, OK 74467



*“If you have a garden and a library,
you have everything you need.”*

— Cicero



LONG-TERM CARE

See Assisted Living, Nursing Homes and Residential Care Homes

MEDICAL EMERGENCY/ALARMS

| | |
|------------------------------|----------------|
| ADT COMPANION SERVICES | (800) 568-1216 |
| ADT SECURITY SERVICES | (800) 806-0238 |
| ALERT RESPONSE | (888) 871-2879 |
| AMERICAN MEDICAL ALERT | (516) 394-2752 |
| AMERICAN RED CROSS | (918) 682-1366 |

Bed Alarms and Smoke Alarms

| | |
|---|----------------|
| DIRECT LINK/HELP AT THE TOUCH OF A BUTTON | (918) 416-0972 |
| ELECTRONIC CAREGIVER PREMIER | (918) 605-1710 |
| FAMILY CARE/MEDICAL ALARMS | (877) 893-2140 |
| LIFE ALARM | (800) 780-5433 |
| LIFEFONE | (800) 882-2280 |
| LINK TO LIFE CENTRAL | (800) 338-4176 |
| MERCYSECURE | (888) 218-5100 |

Fort Smith, AR 72903

| | |
|---|----------------|
| MOUNTAIN HOME MEDICAL ALARM | (540) 421-6436 |
| PHILLIPS LIFELINE/MEDICAL ALERT SOLUTIONS | (855) 655-4400 |
| RESPONSE LINK OF OKLAHOMA | (800) 249-9943 |

MEDICAL EQUIPMENT

See also Assistive Devices and Disabilities

| | |
|--|----------------|
| ACTION SEATING AND MOBILITY | (918) 203-0003 |
| ALPINE MEDICAL Muskogee, OK (<i>Serving Northeast Oklahoma</i>)..... | (918) 682-7773 |
| ALL SAINTS MEDICAL ...2900 N York St., Muskogee, OK..... | (918) 624-4400 |
| AMRAMP (amramp.com) | (888) 715-7597 |
| ENTRUSTED HEARTS MEDICAL EQUIPMENT | (918) 274-4310 |
| Owasso, OK 7405 | |
| MEDICAL EQUIPMENT AFFILIATES | (918) 456-4797 |
| Tahlequah, OK 74464 | (866) 456-4797 |
| OK AGRABILITY (farm equipment for 60+ with disabilities) | (202) 720-2791 |
| OKLAHOMA ABLE TECH | (800) 257-1705 |

Donated medical equipment www.okabletech.org

MEDICAL EQUIPMENT Continued

See also Assistive Devices and Disabilities

RERUN MEDICAL EQUIPMENT (rerunmed.org) (918) 376-0007

SPARE PARTS (918) 869-2189

1507 Denver Ave., Muskogee

cmcadoo4762@yahoo.com

Used walkers, wheelchairs, shower seats and other medical devices

MEDICARE

See also Social Security/SSI/Medicare

MEDICARE HOTLINES (www.medicare.gov) (800) 633-4227

TTY/TDD (877) 486-2048

MEDICARE ASSISTANCE PROGRAM (MAP-statewide) (800) 763-2828

400 N.E. 50th St., Oklahoma City, OK 73105

EODD Area Agency on Aging.....(800) 211-2116

1012 S 38th St/PO Box 1367, Muskogee, OK 74402 (918) 682-7891

SENIOR HEALTH INSURANCE COUNSELING PROGRAM (SHIP)

At Life Senior Services (northeast Oklahoma) (866) 664-9009

EODD Area Agency on Aging.....(800) 211-2116

1012 S 38th St/PO Box 1367, Muskogee, OK 74402 (918) 682-7891

SENIOR LIFE SERVICES (918) 664-9000

UNITED HEALTHCARE (918) 619-5919

TTY 711

EODD AREA AGENCY ON AGING (918) 682-7891

Serving Adair, Cherokee, McIntosh, Muskogee, Okmulgee,

Sequoyah and Wagoner counties

Caring Assistance Line 1-800-211-2116

MENTAL HEALTH/SUBSTANCE ABUSE

HOTLINES

- FRIENDSHIP LINE AT THE INSTITUTE ON AGING 988
NCWR HOPE NETWORK.....*hopenetwork@okstate.edu*.....(918) 561-1890
OKLAHOMA DEPARTMENT OF MENTAL HEALTH (405) 522-3908
www.okdmhsas.org
SUICIDE / CRISIS HOTLINE (800) 273-TALK or **988**

INPATIENT TREATMENT — MENTAL HEALTH

- BRIDGES at STILWELL MEMORIAL HOSPITAL.....(918) 696-3101
1401 W. Locust St., Stilwell, OK 74960
GREEN COUNTRY BEHAVIORAL HEALTH SERVICES.....(918) 682-8407
619 N Main St., Muskogee, OK 74401 *Individual placement and support*
HENRYETTA PSYCHIATRIC UNIT, HENRYETTA HOSPITAL (800) 219-5298
Henryetta, OK 74437
H.O.P.E. PROGRAM Psychiatric evaluation (877) 821-0082
H.O.P.E. Crisis Behavioral Health.....(918) 758-5515
1401 Morris Dr., Okmulgee, OK 74447
INTEGRITY PATHWAYS(918) 682-9292
814 W Okmulgee, Muskogee, OK 74401
PARKSIDE PSYCHIATRIC HOSPITAL AND CLINIC (918) 588-8888
1620 E. 12th St., Tulsa, OK 74120
SOLUTIONS, TAHLEQUAH CITY HOSPITAL Geriatric psych unit (918) 453-2300
Tahlequah, OK 74464 *www.tch-ok.org*
WAGONER COMMUNITY HOSPITAL—Psych Unit (918) 485-8404
Wagoner, OK 74467

“We are living in a world today where lemonade is made from artificial flavors and furniture polish is made from real lemons.”

— Alfred E. Newman

MENTAL HEALTH/SUBSTANCE ABUSE Cont.

INPATIENT TREATMENT – SUBSTANCE ABUSE

- CREOKS BEAHIORAL HEALTH*Serving Northeastern Oklahoma*
 Tahlequah, OK Coweta, OK Eufaula, OK
 (918) 207-0078 (918) 279-3471 (918) 623-1424
- MONARCH INC. (918) 683-0124
 Muskogee, OK 74401 *Men's and Women's Facilities*
- PARKSIDE PSYCHIATRIC HOSPITAL AND CLINIC (918) 588-8888
 1620 E. 12th St., Tulsa, OK 74120

OUTPATIENT COUNSELING

- CHERRY TREE COUNSELING SERVICES PLLC (918) 649-0909
 2704 N. Broadway, Poteau, OK 74959
Serving Adair, Cherokee, Muskogee and Sequoyah counties
- HEALTH AND WELLNESS SERVICES(800) 640-9741
Serving McIntosh, Muskogee and Sequoyah Counties
- PARKSIDE PSYCHIATRIC HOSPITAL AND CLINIC (918) 588-8888
 1620 E. 12th St., Tulsa, OK 74120

ADAIR COUNTY

- CREOKS BEHAVIORAL HEALTH (918) 696-6212
 611 N. Fourth St., Stilwell, OK 74960
- PEOPLE INC. (918) 696-6900
 Stilwell, OK 74960

CHEROKEE COUNTY

- COUNCELING WORKS(918) 681-4944
 2511 S Muskogee Ave., Tahlequah, OK 74464
- CREOKS BEHAVIORAL HEALTH (918) 207-3000
 Tahlequah, OK 74465 (918) 207-0078
- MULTI-COUNTY ALCOHOL/DRUG COUNSELING (918) 458-0113
 Tahlequah, OK 74464

MENTAL HEALTH/SUBSTANCE ABUSE Cont.

OUTPATIENT COUNSELING Continued

CHEROKEE COUNTY Continued

PEOPLE INC. (918) 453-1217
Tahlequah, OK 74464

McINTOSH COUNTY

GREEN COUNTRY BEHAVIORAL HEALTH SERVICES (918) 689-3357
Eufaula, OK 74432

MUSCOGEE (CREEK) NATION BEHAVIORAL HEALTH (918) 618-2168
Eufaula, OK 74434

PEOPLE INC. (918) 689-9064
Eufaula, OK 74432

THE OAKS BEHAVIORAL HEALTH (918) 689-3359
Substance abuse prevention and treatment

MUSKOGEE COUNTY

ADVENTIST COMMUNITY SERVICES (918) 910-5033
Celebrate Life Recovery, 617 S. Main, Muskogee, OK 74401
Meets 6 p.m. Mondays

BLUE SKY BEHAVIORAL HEALTH (918) 681-1113
502 E. Cincinnati Ave., Muskogee, OK 74403

COUNSELING WORKS (918) 681-4944
1601 W. Okmulgee, Suite M, Muskogee, OK 74960

GREEN COUNTRY BEHAVIORAL HEALTH SERVICES (918) 682-8407
649 N Main St., Muskogee, OK 74401

OKMULGEE COUNTY

CREOKS BEHAVIORAL HEALTH (918) 756-9411
Okmulgee, OK 74447 (918) 756-9250

MUSCOGEE (CREEK) NATION BEHAVIORAL HEALTH (918) 758-5515
Hope Unit, *Okmulgee & Creek Counties*, Okmulgee, OK 74447 (918) 758-3311

SENIOR FOCUS FOR BEHAVIORAL HEALTH (918) 652-2597
Henryetta, OK 74437

MENTAL HEALTH/SUBSTANCE ABUSE Cont.

OUTPATIENT COUNSELING Continued

SEQUOYAH COUNTY

- CREOKS COMMUNITY MENTAL HEALTH SERVICES (918) 775-5513
Sallisaw, OK 74955
- OKLAHOMA TREATMENT SERVICES (substance abuse) (918) 427-3344
Roland, OK 74954
- PEOPLE INC. (918) 775-7787
Sallisaw, OK 74955

WAGONER COUNTY

- COUNSELING WORKS(918) 681-4944
1102 W Cherokee St., Suite A, Wagoner, OK 74467
- CREOKS COMMUNITY MENTAL HEALTH (918) 485-8404
109 S Harrill Ave, Wagoner, OK 74467 (918) 485-0242
- EAGLE RIDGE INSTITUTE ALCOHOL AND DRUG PROGRAM (918) 485-3554
109 S. Harrill, Wagoner, OK 74467
- GRAND LAKE MENTAL HEALTH CENTER (918) 924-8423
2109 S. Highway 69, Wagoner, OK 74467
- MUSCOGEE (CREEK) NATION BEHAVIORAL HEALTH ABUSE (918) 279-3471
31870 E. Highway 51, Coweta, OK 74429
- SENIOR OUTPATIENT GERIATRIC SERVICES (918) 485-1397
Wagoner Hospital, 1200 W. Cherokee, Suite G, Wagoner, OK 74467

RESIDENTIAL GROUP HOMES – MENTAL HEALTH

See Residential Care Home

REGIONAL SERVICE PROVIDERS

- WASHINGTON REGIONAL MEDICAL CENTER (479) 587-2686
1125 N. College Ave., Fayetteville, AR 72703

Oklahoma Department of Mental Health and Substance Abuse services by county:

- ADAIR:** Sallisaw, OK (918) 697-7292
- CHEROKEE:** Tahlequah, OK (918) 207-3032

Oklahoma Department of Mental Health and Substance Abuse services by county:

Continued

| | |
|-------------------------------------|---------------------------|
| McINTOSH: Eufaula, OK | (918) 682-8407 |
| MUSKOGEE: Muskogee, OK | (918) 682-5407 |
| OKMULGEE: Okmulgee, OK | (918) 698-5203 |
| SEQUOYAH: Sallisaw, OK | (918) 775-7787, ext. 2332 |
| WAGONER: Okmulgee, OK | (918) 698-5202 |

NURSING HOMES

See also Assisted Living, Housing and Residential Care Homes

NURSING HOME COMPLAINTS

See Abuse (Elder)

NURSING HOME FACILITIES

ADAIR COUNTY

| | |
|--|----------------|
| STILWELL NURSING HOME | (918) 696-7715 |
| 422 W. Locust St., Stilwell, OK 74960, <i>Medicaid, Medicare</i> | |

CHEROKEE COUNTY

| | |
|---|----------------|
| CHEROKEE COUNTY NURSING HOME | (918) 456-3456 |
| 1504 N. Cedar Ave., Tahlequah, OK 74464 <i>Medicaid, Medicare</i> | |
| GO YE VILLAGE CONTINUUM OF CARE | (918) 456-4542 |
| 1201 N. Fourth St., Tahlequah, OK 74464 <i>Private pay</i> | |
| SEQUOYAH POINT SKILLED NURSING & THERAPY | (918) 456-2573 |
| 614 Cherry St., Tahlequah, OK 74464 <i>Medicaid, Medicare</i> | |
| UNIVERSITY PARK SKILLED NURSING & THERAPY | (918) 456-6181 |
| 1201 N. Vinita Ave., Tahlequah, OK 74464 | |
| <i>Alzheimer's Unit; Memory Care; Medicaid, Medicare, VA</i> | |

NURSING HOMES Continued

NURSING HOME FACILITIES Continued

McINTOSH COUNTY

- CHECOTAH MANOR INC. (918) 473-2251
321 S.E. Second St., Checotah, OK 74426 *Medicaid, Medicare*
- EUFAULA MANOR (918) 689-3211
1033 Hospital Road, Eufaula, OK 74432 *Medicaid, Medicare*
- LAKEVIEW NURSING AND REHAB (918) 689-2508
607 Woodland Ave., Eufaula, OK 74432

MUSKOGEE COUNTY

- BRENTWOOD EXTENDED CARE NURSING HOME (918) 683-8070
841 N. 38th St., Muskogee, OK 74401 *Medicaid, Medicare*
- BROADWAY MANOR (918) 683-2851
1622 E. Broadway, Muskogee, OK 74403 *Medicaid, Medicare, VA*
- COUNTRYSIDE ESTATES (918) 463-5143
750 Hwy 64 East, Warner, OK 74469 *Medicaid, Medicare: Vent Unit*
- EASTGATE VILLAGE RETIREMENT CENTER (918) 682-3191
3500 Haskell Road, Muskogee, OK 74403 *Medicaid, Medicare, VA*
- FORT GIBSON NURSING HOME (918) 478-2456
205 E. Poplar, Fort Gibson, OK 74434 *Medicaid, Medicare*
- HASKELL MANOR (918) 482-3310
405 N. Choctaw, Haskell, OK 74436 *Medicaid, Medicare*
- MUSKOGEE NURSING CENTER (918) 682-9232
602 N. M St., Muskogee, OK 74403 *Medicaid, Medicare*
- PLEASANT VALLEY HEALTH CARE (918) 682-5391
1120 Illinois, Muskogee, OK 74403 *Medicaid, Medicare, VA*
- THE SPRINGS SKILLED NURSING AND THERAPY (918) 683-2914
5800 w. Okmulgee, Muskogee, OK 74401 *Medicaid, Medicare, VA*
- YORK MANOR (918) 682-6724
500 S. York, Muskogee, OK 74403 *Medicaid, Medicare*

NURSING HOMES Continued

NURSING HOME FACILITIES Continued

OKMULGEE COUNTY

- COUNTRY LANE (918) 267-3362
306 E. Seventh St., Beggs, OK 74421 *Medicaid; Intermediate care facility for people with intellectual disabilities*
- CROSS PLACE (918) 650-9393
405 W. 17th St., Okmulgee, OK 74447 *Medicaid; Intermediate care facility for people with intellectual disabilities*
- FOUNTAIN VIEW MANOR (918) 652-7021
107 E. Barclay, Henryetta, OK 74437 *Alzheimer's Unit; Medicaid, Medicare*
- HENRYETTA COMMUNITY SKILLED HEALTHCARE AND REHAB ... (918) 652-8797
212 N. Antes, Henryetta, OK 74437
- HIGHLAND PARK (918) 756-5611
1307 R.D. Miller Drive, Okmulgee, OK 74447 *Medicaid, Medicare, VA*
- LAKE DRIVE HOME (918) 652-8101
600 Lake Road, Henryetta, OK 74437 *Medicaid; Intermediate care facility for people with intellectual disabilities*
- LEXINGTON PLACE (918) 759-2152
14055 N. 246th St., Okmulgee, OK 74447 *Medicaid; Intermediate care facility for people with intellectual disabilities*
- LIBERTY PLACE (918) 759-2152
14140 N. 246th St., Okmulgee, OK 74447 *Medicaid; Intermediate care facility for people with intellectual disabilities*
- McCURDY PLACE (918) 759-2152
405 W. 18th St., Okmulgee, OK 74447 *Medicaid; Intermediate care facility for people with intellectual disabilities*
- OKMULGEE TERRACE NURSING HOME (918) 756-3556
720 N. Miami, Okmulgee, OK 74447 *Medicaid, Medicare; Intermediate care facility for people with intellectual disabilities*

NURSING HOMES Continued

NURSING HOME FACILITIES Continued

OKMULGEE COUNTY Continued

WOODLANDS SKILLED NURSING AND Therapy(918) 756-1967

1701 E Sixth St., Okmulgeew, OK 874447 Medicaid and Medicare

TAFT PLACE (918) 759-2152

404 S. Taft, Okmulgee, OK 74447 *Medicaid; Intermediate care facility
for people with intellectual disabilities*

UNIVERSITY PLACE (918) 652-5114

1636 E. Second St., Okmulgee, OK 74447 *Medicaid; Intermediate
care facility for people with intellectual disabilities*

WOODLANDS SKILLED NURSING & THERAPY (918) 756-1967

1701 E. Sixth St., Okmulgee, OK 74447 *Medicaid, Medicare*

SEQUOYAH COUNTY

COMMUNITY CARE OF GORE (918) 489-2299

503 S. Main St., Gore, OK 74435 *Medicaid, Medicare, VA*

SEQUOYAH EAST NURSING HOME (918) 427-7401

Roland, OK 74954 *Alzheimer's Unit; Medicaid, Medicare*

SEQUOYAH MANOR (918) 775-7881

615 E. Redwood, Sallisaw, OK 74955 *Medicaid, Medicare, VA*

VIAN NURSING HOME (918) 773-5258

305 N. Thornton, Vian, OK 74962 *Medicaid, Medicare, VA*

WAGONER COUNTY

COWETA MANOR (918) 486-2166

30049 E. 151st St. South, Coweta, OK 74429 *Medicaid, Medicare*

WAGONER CARE CENTER (918) 485-2203

205 N. Lincoln Ave., Wagoner, OK 74467 *Medicaid, Medicare*

***“People who don’t cherish their elderly have forgotten
whence they came and whither they go.”***

—Ramsey Clark

NUTRITION COUNSELING/EDUCATION

See also Education and Nutrition

- OHAI HEALTHIER CHOICES, HEALTHIER YOU CLASSES (888) 616-8161
OSU EXTENSION OFFICES (800) 211-2116

NUTRITION

See also Senior Organizations

- SENIOR NUTRITION SERVICES (*Contract provider subject to change*)
C.A.R.D. (McIntosh, Muskogee, Okmulgee, and Wagoner Counties)....(918) 341-5000
DOC Services (Adair, Cherokee, and Sequoyah Counties)..... (918) 257-4825
Providing congregate and home-delivered meals
MEAL'S ON WHEELS METRO TULSA.....(918) 627-4105
www.mealsonwheelstulsa.org
Mom's Meals on the Go (MMOG) (918) 537-2145
MOM'S MEALS NOURISH CARE (866) 971-6667
www.momsmeals.com

SENIOR NUTRITION CENTERS

Sites serving congregate noon meals Mondays-Fridays unless otherwise noted

ADAIR COUNTY

- DRY CREEK COMMUNITY CENTER (Cherokee Nation) (918) 207-3899
30402 S. 584 Road, Bunch, OK 74931
11:30 a.m. to 12:30 p.m. Tuesdays, Thursdays and Fridays
GREASY COMMUNITY FELLOWSHIP (Cherokee Nation) (918) 696-4365
Bunch, OK 74931
STILWELL NUTRITION CENTER (918) 696-2791
320 N. Sixth St., Stilwell, OK 74960
WESTVILLE NUTRITION CENTER (918) 723-4936

Keep records of your health-care appointments. Call (918) 682-7891 for your FREE Health-Care Journal or they are available for pickup at EODD Area Agency on Aging, 1012 N 38th St., Muskogee, OK 74401.

SENIOR NUTRITION CENTERS Continued

CHEROKEE COUNTY

- COOKSON HILLS CENTER (CENA Site)..... (918) 457-5181
32037 Highway 82 South/P.O. Box 130, Cookson, OK 74427
10 a.m. to 1 p.m. Mondays and Wednesdays
- FEED MY SHEEP(918) 346-6870
Thursdays only
- FLINT RIDGE SENIOR CENTER (918) 597-2766
Deer Valley Club House, 1 Pioneer Court, Kansas, OK 74347
11 a.m. to 1 p.m. Tuesdays and Thursdays
- HULBERT NUTRITION CENTER (HAPS) (CENA site) (918) 772-2077
401 E. Main St. /P.O. Box 242, Hulbert, OK 74441
- OAKS SENIOR CENTER (Cherokee Nation) (918) 868-3292
324 E. Cherokee Blvd., Oaks, OK 74359
11:30 a.m. to 12:30 p.m. Mondays, Tuesdays and Thursdays
- PEGGS COMMUNITY CENTER (918) 598-3999
11050 E. Hickory/P.O. Box 54, Peggs, OK 74452
10 a.m. to 2 p.m. Mondays-Thursdays
- TAHLEQUAH NUTRITION CENTER (918) 456-0792
230 E. First St., Tahlequah, OK 74464
- TAILHOLT COMMUNITY ORGANIZATION (Cherokee Nation) (918) 431-0065
26229 E. 813 Road/P.O. Box 88, Welling, OK 74471
11:30 a.m. to 12:30 p.m. Mondays, Wednesdays and Fridays
- TRI-WEB COMMUNITY (CENA Site) (918) 931-9372
17914 S. 580 Road, Tahlequah, OK 74464
8 a.m. to 2 p.m. Mondays, Wednesdays, Fridays and first Saturday each month



SENIOR NUTRITION CENTERS Continued

McINTOSH COUNTY

- CHECOTAH COMMUNITY CENTER (918) 473-6741
 611 N. Broadway, Checotah, OK 74426
- CREEK NATION ELDERLY NUTRITION-EUFAULA (918) 689-7622
 800 1/2 Birkes Road, Eufaula, OK 74432
- EUFAULA SENIOR CENTER (CENA site) (918) 689-3342
 121 High St., Eufaula, OK 74432 (918) 781-3877
Monday through Friday (times posted)
- GRAYSON SENIOR CITIZENS CENTER (CENA Site) (918) 319-1360
 24160 Martin Luther King/P.O. Box 237, Morris, OK 74445
Fridays
- HANNA SENIOR AND NUTRITION PROGRAM (CENA Site) (918) 657-2500
 107 N. Broadway/P.O. Box 245, Hanna, OK 74845
Monday, Wednesday, and Friday/8:00 a.m. to 1:00 p.m. (Lunch 11:30 a.m.)
- OAK GROVE COMMUNITY CENTER (CENA Site) (918) 617-0152
 120756 S. 4090 Road/P.O. Box 270, Eufaula, OK 74432
9 a.m. to 1 p.m. Mondays, Tuesdays and Thursdays
- ONAPA COMMUNITY SENIORS (CENA Site) (918) 344-3001
 423331 E. 100 Road, Checotah, OK 74426
8-10 a.m. on the second Saturday of the month
- POTTER'S HOUSE (918) 473-7773
 101 W. North Ave./P.O. Box 528, Checotah, OK 74426
Times vary; call for information.
- RENTIESVILLE SENIOR CENTER (CENA Site) (918) 473-1577
 101 N. McIntosh/P.O. Box 4, Rentiesville, OK 74459 (918) 913-2491
8:30 a.m. to 1 p.m. Mondays, Wednesdays and Fridays
- PORUM LANDING SENIORS (CENA Site)(918) 689-9799
 430048 Texanna Rd/P.O. Box 24, Porum, OK 74455 (918) 689-6222
10:00 a.m. to 12:30 p.m. the second and fourth Tuesday of each month

SENIOR NUTRITION CENTERS Continued

MCINTOSH COUNTY Continued

STIDHAM COMMUNITY CENTER (CENA Site) (918) 618-3223
Stidham Community Building, 113524 S. Douglas St., Stidham, OK 74461
10:30 a.m. to 1:30 p.m. Wednesdays

MUSKOGEE COUNTY

ADVANTAGE WAIVER PROGRAM (918) 684-5300

ARK OF FAITH (918) 682-8411
401 E. Broadway, Muskogee, OK

BRAGGS COMMUNITY CENTER (CENA site) (405) 747-6494
5681 95th St. East / P.O. Box 149, Braggs, OK 74423
9 a.m. to 1 p.m. every other Tuesday

CHEROKEE NATION NUTRITION (918) 484-2181
Porum Community Center, Porum, OK 74455

COMMUNITY GARDENS (918) 684-6302

COUNCIL HILL COMMUNITY CENTER (CENA site) (918) 869-2547
105 S. Broadway / P.O. Box 101, Council Hill, OK 74428
11 a.m. to 12:30 p.m. Wednesdays

CREEK NATION ELDERLY NUTRITION CENTER (918) 637-6491
111 S. Virginia, Muskogee, OK 74401

FIRST UNITED METHODIST CHURCH (918) 682-3368
600 E. Okmulgee, Muskogee, OK 74403
Noon to 1:30 p.m. on the third Thursday each month

FORT GIBSON NUTRITION CENTER (918) 478-2097
201 S.E. Railroad / P.O. Box 271, Fort Gibson, OK 74434

GOSPEL RESCUE MISSION (918) 682-3489
323 Callahan St., Muskogee, OK

GRACE EPISCOPAL CHURCH (918) 687-5416

HONOR HEIGHTS TOWERS NUTRITION CENTER (918) 687-5232
300 N. 40th St. / P.O. Box 453, Muskogee, OK 74401

SENIOR NUTRITION CENTERS Continued

MUSKOGEE COUNTY Continued

- MUSKOGEE NATION (918) 348-4554
MUSKOGEE MEALS ON THE GO (918) 537-2145
MUSKOGEE NUTRITION (918) 683-7282
 Arrowhead Mall, 501 N Main St, Muskogee, OK 74403
- NEW LIFE MINISTRIES (CENA site) (918) 686-7873
 202 S. Main / P.O. Box 332, Taft, OK 74463 (918) 348-1195
 10:00 a.m. to 2:00 p.m. Tuesdays and Thursdays
- PORUM LANDING SENIORS (CENA site) (918) 484-5286
 Porum Landing Fire Department
 430048 Texanna Road/P.O. Box 24, Porum, OK 74455
 11:30 a.m. on the second and fourth Tuesdays each month
- PORUM SENIOR CENTER (Cherokee Nation) (918) 484-2181
 Wheeler Estates, Quapaw Street, Porum, OK 74455
- PRESBYTERIAN CHURCH OF MUSKOGEE (918) 683-2666
- PT CRUISER'S FELLOWSHIP DINNER (918) 682-9000
 3100 Gulick, Muskogee, OK 74401
 6:30 p.m. the first Monday each month
- SENIOR STATION (Registration Required)..... (918) 684-6302
 2001 W Okmulgee / 837 E. Okmulgee, Muskogee, OK 74403
 Variety of weekday senior programs (call or go to muskogeeparks.org)
- SENIOR MOMENTS (CENA site) (918) 482-3489
 217879 W. Skelly Road, Haskell, OK 74436
 11:30 a.m. to 12:30 p.m. on the first and third Thursday each month
- ST. JOSEPH CATHOLIC CHURCH (918) 687-1351
- ST. PAUL UNITED METHODIST CHURCH (918) 687-7511
 2130 W. Okmulgee Ave., Muskogee, OK 74401
 Delivers meals to individual homes
- TOWN OF WARNER SENIOR ASSOCIATION(918) 680-1760
 802 3RD St./P.O. Box 287, Warner, OK 74469
 6:00 a.m. to 1:00 p.m. Tuesdays, Wednesdays, and Thursdays

SENIOR NUTRITION CENTERS Continued

MUSKOGEE COUNTY Continued

- SUMMIT SENIOR SITE (918) 681-0100
4900 Chimney Mountain Road, Muskogee, OK 74401
11 a.m. to 1 p.m. Mondays
- WAINWRIGHT COMMUNITY CENTER (CENA site)..... (918) 474-3005
204 Main St. / P.O. Box 83, Wainwright, OK 74468
11 a.m. to 12:30 p.m. Tuesdays
- WARNER SENIOR CITIZENS (918) 680-1760
802 Third St. / P.O. Box 287, Warner, OK 74469
6 a.m. to 1 p.m. Tuesday-Thursday

OKMULGEE COUNTY

- BEGGS SENIOR NUTRITION (918) 267-4103
201 Choctaw St. / P.O. Box 627, Beggs, OK 74421
- CREEK NATION ELDERLY NUTRITION—DEWAR (918) 652-3310
402 Louetta St., Dewar, OK 74431
- CREEK NATION ELDERLY NUTRITION—OKMULGEE (918) 756-2982
2951 Martha Berryhill Road, Okmulgee, OK 74447
- CREEK NATION ELDERLY NUTRITION—SALEM RYAL (918) 650-9955
Salem Fire Dept., Route 2, Box 385, Henryetta, OK 74437
- GRAYSON SENIOR CITIZENS (CENA site) (918) 319-1360
24160 Martin Luther King /P.O. Box 237, Morris, OK 74445
Fridays only 9:00 a.m. to 2:00 p.m.
- HENRYETTA SENIOR CENTER (918) 652-3086
211 S. 11th St., Henryetta, OK 74437
- MORRIS SENIOR CENTER (918) 733-2040
400 S. Hughes Ave., Morris, OK 74445
- OKMULGEE SENIOR CENTER (918) 756-8570
1021 N. Seminole, Okmulgee, OK 74447
- SCHULTER COMMUNITY CENTER (CENA site) (918) 652-2093
13450 Fern St. / P.O. Box 264, Schuler, OK 74460 (405) 213-5548
5-7 p.m. Mondays, Wednesdays and Fridays

SENIOR NUTRITION CENTERS Continued

SEQUOYAH COUNTY

- CHEROKEE NATION NUTRITION—BELFONTE (918) 427-1700
Muldrow, OK 74948
11:30 a.m. to 12:30 p.m. Mondays, Wednesdays and Fridays
- CHEROKEE NATION NUTRITION—EVENING SHADE (918) 773-5242
453929 E. 995 Road, Vian, OK 74962
10:30 a.m. to 12:30 p.m. Mondays, Wednesdays and Fridays
- CHEROKEE NATION NUTRITION—FLUTE SPRINGS (918) 775-5905
Flute Springs, OK 74931
- CHEROKEE NATION NUTRITION—TSA LA GI SALLISAW (918) 775-6834
406 E. Ruth, No. 530, Sallisaw, OK 74955
11:30 a.m. to 12:30 p.m. daily
- GANS SENIOR CENTER (918) 775-2237
102 S. Stacey / P.O. Box 2, Gans, OK 74936
11 a.m. to 1 p.m. Mondays, Wednesdays and Fridays
- GORE NUTRITION CENTER (918) 489-5320
313 Steve Owens Road / P.O. Box 275, Gore, OK 74435
- MARBLE CITY COMMUNITY ORGANIZATION (918) 774-0074
711 N. Main / P.O. Box 85, Marble City, OK 74945
- MULDROW SENIOR CENTER (918) 427-6666
306 N.W. First St., Muldrow, OK 74948
- ROLAND SENIOR CENTER (918) 427-6843
801 N. Roland Road / P.O. Box 49, Roland, OK 74954
- SALLISAW SENIOR CENTER (918) 775-6855
115 W. Redwood, Sallisaw, OK 74955
- VIAN SENIOR CENTER (918) 773-8787
Vian, OK 74962

SENIOR NUTRITION CENTERS Continued

WAGONER COUNTY

| | |
|--|----------------|
| ARMS AROUND BROKEN ARROW | (918) 258-7714 |
| 700 W. Fort Worth St., Broken Arrow, OK 74012 | |
| COWETA NUTRITION SITE | (918) 486-1554 |
| Carriage Crossing Apartments, 28505 E. 141st St., Coweta, OK 74429 | |
| CREEK NATION ELDERLY NUTRITION—COWETA | (918) 759-7000 |
| Ben Lumpkin Road 141 North / P.O. Box 22, Coweta, OK 74429 | |
| OKAY AREA SENIOR CITIZENS (CENA site) | (918) 869-6138 |
| 3901 E. 75th St. North / P.O. Box 744, Okay, OK 74446 | |
| <i>10 a.m. to 2 p.m. Tuesdays, and Thursdays</i> | |
| PORTER NUTRITION | (918) 485-1114 |
| ROLLING HILLS NUTRITION CENTER | (918) 266-3738 |
| 20 S. 200 East Ave., Tulsa, OK 74108 | |
| WAGONER SENIOR CENTER | (918) 485-1114 |
| 2200 W. Wellington, Wagoner, OK 74467 | |
| WAGONER SENIOR CITIZENS (CENA site) | (918) 948-0010 |
| 235 E. Cherokee St., Wagoner, OK 74467 | |
| <i>9 a.m. to 3 p.m. Tuesdays and Thursdays</i> | |

OMBUDSMAN SERVICES

| | |
|--------------------------------|----------------|
| LOCAL OMBUDSMAN'S OFFICE | (918) 682-7891 |
| STATE OMBUDSMAN'S OFFICE | (405) 521-6734 |

OUTREACH SERVICES

**For a complete list of Outreach workers
in the seven-county EODD AAA service area,
call (918) 682-7891
or the Caring Assistance Line at (800) 211-2116.**

PARKING DECALS

See Disabilities

PETS / ANIMALS

Spay and Neuter Assistance Programs for low-income households

- FUR BABIES CLINIC (low Cost)(918-351-5733
HAPPY PAWS—SMART CHOICE Checotah, OK.....(918) 244-3686
MUSKOGEE ANIMAL SHELTER Muskogee, OK(918) 684-6285
Must Live in Muskogee City Limits
WILDLIFE CONTROLDon Baker.....(918) 281-5774

RESIDENTIAL CARE HOMES

See also Assisted Living, Housing and Nursing Homes

McINTOSH COUNTY

- CROSS ROADS RESIDENTIAL CARE (918) 689-7997
Eufaula, OK 74432; VA

SEQUOYAH COUNTY

- SUGAR MOUNTAIN RETREAT (918) 456-1010
25376 s. Welling Road, Welling, OK 74471

WAGONER COUNTY

- WAGONER RESIDENTIAL CARE (918) 485-2203
205 Lincoln, Wagoner, OK 74467; VA ext. 116

RESPIRE

- ALL OUR HEART (918) 804-1129
402 N. Broadway, Coweta, OK 74429 www.allourheart.com
Serving Cherokee, Muskogee and Wagoner counties
- ANGEL HELPERS SENIOR CARE (918) 351-8652
Serving Muskogee, Tahlequah, Stilwell and Wagoner areas
Companionship, respite, laundry, housekeeping, transportation,
and bathing assistance
- COMPLETE HOSPICE CARE (918) 824-7677
- ENTRUSTED HEARTS BY BAPTIST VILLAGE (888) 272-5339
Nursing, therapy, respite, companionship and assistance with daily living
- EODD AAA CAREGIVER PROGRAM (918) 682-7891
1012 N. 38th St. / P.O. Box 1367, Muskogee, OK 74402
Services for caregivers
- HAND TO HAND PRIVATE CARE SERVICES (918) 931-7232
P.O. Box 1156, Tahlequah, OK 74464
- LIFE SENIOR SERVICES(918) 664-9000
- LIFE SPAN RESPITE (877) 441-0434
- MUSKOGEE NATION CAREGIVER SUPPORT(918) 549-2459
McIntosh, Muskogee, Okmuglee and Wagoner Counties
- OSU HEALTH ACCESS (918) 561-8579
- SAMARITAN CENTER OF MUSKOGEE (918) 910-5033
617 S. Main, Muskogee, OK 74401
- STAY HOME SERVICES (918) 682-3688
Muskogee, OK 74401
Non-medical companion services in Muskogee, Okemah, Tahlequah and Wagoner
- SEASONS TLC TENDER LOVING CAREGIVERS (918) 392-0595
Tulsa, OK

REVERSE MORTGAGE

See also Financial Guidance

AARP or your personal financial advisor can advise you on the advantages and disadvantages of reverse mortgages.

FAIRWAY INDEPENDENT MORTGAGE CORP. (918) 506-4583
Tulsa, OK

SENIOR CENTERS

See Nutrition/Senior centers

SENIOR ORGANIZATIONS

See also Nutrition/Senior centers

*Note that most local nutrition centers have planned activities and health screenings.
Please contact one in your area for a schedule of events.*

AARP (800) 826-8880
CATHOLIC SENIOR CITIZENS OF MUSKOGEE (50+ CLUB) (918) 687-0511
Muskogee, OK 74403
CENTENARIANS OF OKLAHOMA (918) 510-0150
KIWANIS SENIOR CITIZENS CENTER (918) 684-6310
OKLAHOMA RETIRED TEACHERS ASSOCIATION (800) 522-8091
RSVP OF MUSKOGEE (918) 683-1578
Serving Cherokee, McIntosh, Muskogee and Sequoyah counties
RSVP OF WAGONER COUNTY (918) 485-8992
WAGONER COUNTY SENIOR CITIZENS (918) 485-2741

SENIORS RAISING GRANDCHILDREN

BOYS & GIRLS CLUB OF SEQUOYAH COUNTY.....(918) 775-46559
EODD AAA CAREGIVER PROGRAM (918) 682-7891
GRANDPARENTS RAISING AMERICA'S CHILDREN TO EXCEL (405) 498-3246
Statewide program (405) 243-3589
Contact Vertina N. Long at projectgrace1@gmail.com
LEGAL ASSISTANCE FOR CHILDREN (CASA).....(918) 686-8199

SOCIAL SECURITY/SSI/MEDICARE

MEDICARE

| | |
|---|--------------------|
| MEDICARE FRAUD AND ABUSE HOTLINE | (888) 967-9100 |
| MEDICARE HOTLINE | (800) 633-4227 |
| | TTY (800) 822-9472 |
| MEDICARE Rx QUESTIONS | (800) 633-4227 |
| OKLAHOMA FOUNDATION FOR MEDICAL QUALITY | (800) 522-3414 |
| <i>Medicare rights and appeals</i> | |
| OKLAHOMA STATE MEDICAL ASSOCIATION | (800) 633-4227 |
| <i>List of physicians who accept Medicare</i> | |
| QMB / SLMB QUESTIONS (Caring Assistance Line) | (800) 211-2116 |
| <i>EODD AREA AGENCY ON AGING</i> | (918) 682-7891 |
| SENIOR HEALTH INSURANCE COUNSELING PROGRAM (SHIP) | (405) 521-6628 |
| <i>For guidance regarding health coverage for seniors</i> | (800) 763-2828 |
| Now known as Oklahoma Insurance Department | |
| Medicare Assistance Program | |
| <i>EODD AREA AGENCY ON AGING</i> | (918) 682-7891 |

SOCIAL SECURITY / SSI

| | |
|--|----------------|
| VISIT WWW.SOCIALSECURITY.GOV online | (800) 772-1213 |
| MUSKOGEE SOCIAL SECURITY ADMINISTRATION OFFICE | (918) 687-2394 |
| 2401 W. Shawnee, Muskogee, OK 74403 | (877) 575-5195 |
| <i>9 a.m. to 3 p.m. Mondays, Tuesdays, Thursdays and Fridays</i> | |
| <i>9 a.m. to noon Wednesdays</i> | |
| OKMULGEE SOCIAL SECURITY ADMINISTRATION OFFICE | (918) 756-3923 |
| 308 Creek Place, Okmulgee, OK 74447 | (918) 756-2286 |
| <i>9 a.m. to 3 p.m. Mondays, Tuesdays, Thursdays and Fridays</i> | |
| <i>9 a.m. to noon Wednesdays</i> | |
| POTEAU SOCIAL SECURITY ADMINISTRATION OFFICE | (918) 647-9194 |
| 1306 Tarby Road, Poteau, OK 74953 | (918) 647-5042 |
| <i>9 a.m. to 3 p.m. Mondays, Tuesdays, Thursdays and Fridays</i> | |
| <i>9 a.m. to noon Wednesdays</i> | |

SUPPORT GROUPS

ALCOHOL / NARCOTICS

- ALANON SUPPORT GROUP for spouses dealing with an addict (918) 336-7900
- ALCOHOLICS AND NARCOTICS 24-HOUR HELP LINE (888) 206-7272
- ALCOHOLICS ANONYMOUS 24-HOUR HELP LINE (800) 503-8602

ALZHEIMER'S /DEMENTIA

- ALZHEIMER'S ASSOCIATION (405) 319-0780
- ALZHEIMER'S DISEASE INFORMATION AND REFERRAL (800) 272-3900
- ALZHEIMER'S FOUNDATION OF AMERICA HELPLINE (866) 232-8484
www.alzfdn.org
- ALZHEIMER'S HOTLINE (800) 493-1411
- ALZHEIMER'S INFORMATION AND REFERRAL CENTER (800) 211-2116
- OHAI REACH PROGRAM (918) 779-7367
2417 E. 53rd St., Suite B, Tulsa, OK 74105 (888) 816-8161

ARTHRITIS

- AMERICAN ARTHRITIS ASSOCIATION (405) 936-3366
710 W. Wilshire Blvd., Suite 101, Oklahoma City, OK 73116
- ARTHRITIS FOUNDATION, EASTERN OKLAHOMA CHAPTER (918) 743-4526
Tulsa, OK 74135 (800) 400-4526

AUTISM

- PERVASIVE PARENTING CENTER (AUTISM) (918) 647-1255
1507 S. McKenna, Poteau, OK 74953
Serves Adair, Cherokee and Sequoyah counties

BLINDNESS

- AMERICAN COUNCIL FOR THE BLIND (800) 424-8666
- BLINDNESS FOUNDATION (888) 394-3937
- BLINDNESS INFORMATION HOTLINE (800) 424-8666
- NATIONAL ASSOCIATION FOR HEARING AND SPEECH ACTION (800) 638-8255
- NEW VIEW OKLAHOMA.....(855) 811-9699
5350 En51st St., #302, Tulsa, OK 74135 info@newviewoklahoma.org
- OKLAHOMA DEPARTMENT OF REHABILITATION SERVICES (405) 951-3400
www.okrehab.org

SUPPORT GROUPS Continued

CANCER

- AMERICAN CANCER SOCIETY (800) 227-2345
CANCER INFORMATION SERVICES (800) 227-2345
OKLAHOMA CANCER INFORMATION LINE (800) 227-2345

DIABETES

- AMERICAN DIABETES ASSOCIATION (800) 259-6551

EATING DISORDERS

- OVEREATERS ANONYMOUS National Office (505) 891-2664
www.aa.org

FINANCIAL / CREDIT

- CONSUMER CREDIT COUNSELING SERVICE OF OKLAHOMA (800) 324-5611
Also see Financial Guidance section for additional information

GAMBLING

- GAMBLER'S ANONYMOUS HOTLINE (888) 424-3577
www.gamblersanonymous.org
NATIONAL PROBLEM GAMBLING HELPLINE (800) 522-4700
OKLAHOMA ASSOC. FOR PROBLEM/COMPULSIVE GAMBLING (405) 801-3329
501 Alameda St., Norman, OK 73071
OKLAHOMA GAMBLER'S ANONYMOUS HOTLINE (405) 525-2026

HEART

- AMERICAN HEART ASSOCIATION (405) 840-1444
Oklahoma City, OK 73112 (800) 242-8721
Tulsa, OK 74105 (918) 747-8254

INCONTINENCE

- HELP FOR PERSONS EXPERIENCING INCONTINENCE (800) 252-3337

KIDNEY

- AMERICAN KIDNEY ASSOCIATION (800) 635-8299

SUPPORT GROUPS Continued

LUNGS

- AMERICAN LUNG ASSOCIATION (918) 747-3441
Tulsa, OK 74105
- COALITION FOR PULMONARY FIBROSIS (888) 222-8541
- LUNG LINE (800) 222-5864
- PULMONARY FIBROSIS FOUNDATION (312) 587-9272
www.pulmonaryfibrosis.org

MENTAL HEALTH

- OKLAHOMA MENTAL HEALTH 24-HOUR HOTLINE (800) 522-9054
- REACH OUT (MENTAL HEALTH HOTLINE) (800) 522-9054
- SUICIDE PREVENTION HOTLINE FOR VETERANS (800) 273-8255
www.suicidepreventionlifeline.org (800) 273-TALK

OSTEOPOROSIS

- NATIONAL ASSOCIATION OF OSTEOPOROSIS (202) 223-2226
1625 Eye St. N.W., Suite 822, Washington, DC 20006

PARALYSIS

- AMERICAN PARALYSIS ASSOCIATION (800) 225-0292

PARKINSON'S

- AMERICAN PARKINSON'S DISEASE ASSOCIATION (918) 747-3747
Tulsa, OK 74137 (888) 740-3747
- PARKINSON'S DISEASE HOTLINE (800) 223-2732
- PARKINSON'S FOUNDATION (830) 253-0011

EODD Area Agency on Aging.....(918) 682-7891

Contact our Caregiver Department for information on a variety of local support groups.

SUPPORT GROUPS Continued

PRESCRIPTIONS

- AARP PHARMACY SERVICE (800) 777-7686
Fort Worth, TX 76117
Mail order pharmacy for seniors for prescription drugs by mail.
- CHICKASAW NATION REFILL CENTER (855) 478-8725
933 N. Country Club Road, Ada, OK 74820
Native and non-Native spouse prescription program
- FAMILYWIZE FamilyWize.org
Available in Sequoyah County only
Administered through United Way of Fort Smith Area (479) 782-1311
- INDIGENT DRUG PROGRAM INFORMATION (Rx ASSISTANCE) (918) 682-7891
- NE OK COMMUNITY ACTION FOUNDATION (Adair/Cherokee) (918) 253-4683
- PARTNERSHIP FOR PRESCRIPTION ASSISTANCE (888) 477-2669
- Rx OKLAHOMA (888) 794-7345

STROKE

- NATIONAL STROKE ASSOCIATION (800) 771-1700

VISION

- NATIONAL EYE CARE PROJECT (SENIOR EYE CARE) (800) 222-3937

**If you lose your Medicare Summary Notice,
you can request a copy by calling
(800) MEDICARE
(800) 633-4227**

SUPPORT GROUPS Continued

GROUPS BY COUNTY (Local hospitals and churches may offer additional groups.)

ADAIR COUNTY

- ALCOHOLICS ANONYMOUS (918) 696-8805
Wilma P. Mankiller Health Clinic, 471688 Oklahoma 51, Stilwell, OK 74960
- CHEROKEE NATION TRIBAL COMPLEX (918) 696-3124
217 W. Oak St., Stilwell, OK 74960
- HELP IN CRISIS INC. (918) 696-3050
213 W. Division St., Stilwell, OK 74960 (800) 300-5321
- FIRST BAPTIST CHURCH (918) 696-3144
801 W. Hickory St., Stilwell, OK 74960
- LIGHTHOUSE CHURCH (918) 696-3780
Stilwell, OK 74960

CHEROKEE COUNTY

- ALCOHOLICS ANONYMOUS (918) 457-5181
Cookson Hills United Methodist Mission, P.O. Box 130, Cookson, OK 74427
- COUNSELING WORKS.....(918) 681-4944
2511 S Muskogee Ave., Tahlequah, OK 74464
- BEREAVEMENT SUPPORT GROUP (918) 456-6851
Hospice Care of Oklahoma (*for the terminally ill*) (800) 597-2102
511 S. College Court, Tahlequah, OK 74464
- EODD AAA CAREGIVER SUPPORT AND RESOURCE GROUP(918) 682-7891
- NARCOTICS ANONYMOUS (918) 456-7900
104 N. College Ave., Tahlequah, OK 74464
- OVEREATERS ANONYMOUS (918) 458-0762
Tahlequah, OK 74464

REMEMBER: Keep all personal information in a secure place!

SUPPORT GROUPS Continued

McINTOSH COUNTY

- ALCOHOLICS ANONYMOUS (918) 473-5714
419 W. Gentry Ave., Checotah, OK 74426
- ALZHEIMER'S SUPPORT GROUP—CHECOTAH AREA (918) 473-6138
211 North Ave. / Old Highway 69, Checotah, OK 74426
- ALZHEIMER'S SUPPORT GROUP—EUFAULA AREA (918) 423-6011
Oaks Healthcare Center, 628 E. Creek Ave., McAlester, OK 74501
- EODD AAA CAREGIVER SUPPORT AND RESOURCE GROUP(918) 682-7891
- LAKE EUFAULA ALCOHOLICS ANONYMOUS (918) 886-7171
Under One Roof, 107 McKinley, Suite 104, Eufaula, OK 74432
- McINTOSH GROUP OF NARCOTICS ANONYMOUS (918) 843-1818
- SOULS OF SUPPORT (SOS) (Support for the recently widowed) (918) 689-3342
121 High St., Eufaula, OK 74432

MUSKOGEE COUNTY

- ALCOHOLICS ANONYMOUS (918) 687-7571
St. Paul's Methodist Church, 2130 W. Okmulgee Ave., Muskogee, OK 74401
- ALCOHOLICS ANONYMOUS (918) 527-4767
Lakeland Shopping Center, Muskogee, OK 74403 (918) 687-6724
- ALZHEIMER'S SUPPORT GROUP (918) 683-8388
Magnolia Gardens,, Muskogee, OK 74403
- AMERICAN RED CROSS (918) 682-1366
566 N. Sixth St., Muskogee, OK 74401
- BEREAVEMENT SUPPORT GROUP
St. Francis Hospital
300 Rockefeller Drive, Muskogee, OK 74401 (918) 682-5501
The Hospice (nonprofit community care)
1303 W. Broadway, Muskogee, OK 74401 (918) 683-1192
(for the terminally ill)

SUPPORT GROUPS Continued

MUSKOGEE COUNTY Continued

CANCER SUPPORT GROUP

600 E. Okmulgee, Muskogee, OK 74403 (918) 682-3368

300 Rockefeller Drive, Muskogee, OK 74401 (918) 684-2445

CELEBRATE RECOVERY SUPPORT GROUP (918) 682-7822

1700 W. Shawnee, Muskogee, OK 74401

COUNSELING WORKS(918) 681-4944

1601 W Okmulgee, Suite M, Muskogee, OK 74401

DEAF AND HEARING-IMPAIRED SUPPORT GROUP (918) 687-4854

302 Honor Heights Drive, Muskogee, OK 74401

DIVORCE CARE (918) 682-7822

Boulevard Christian Church, 1700 W. Shawnee, Muskogee, OK 74401

EODD AAA CAREGIVER SUPPORT AND RESOURCE GROUP(918) 682-7891

GAMBLER'S ANONYMOUS (918) 682-3368

First United Methodist Church, 600 E. Okmulgee, Muskogee, OK 74403

GRIEF SHARE SUPPORT GROUP (918) 682-7822

Boulevard Christian Church, 1700 W. Shawnee, Muskogee, OK 74401

GRIEF SHARE SUPPORT GROUP (918) 687-5401

First Presbyterian Church, 500 W. Broadway, Muskogee, OK 74401

GRIEF SHARE SUPPORT GROUP (918) 683-8107

HEAD INJURY SUPPORT GROUP (918) 683-8827

300 Rockefeller Drive, Muskogee, OK 74401

OSTOMY CLUB (918) 682-5501

300 Rockefeller Drive, Muskogee, OK 74401

PARKINSON'S DISEASE SUPPORT GROUP (918) 682-5501

300 Rockefeller Drive, Muskogee, OK 74401

REACH FOR RECOVERY (POST MASTECTOMY PATIENTS) (918) 682-3289

300 Rockefeller Drive, Muskogee, OK 74401

STROKE CLUB (918) 687-6194

109 S. 36th St., Muskogee, OK 74401

SUPPORT GROUPS Continued

OKMULGEE COUNTY

ALCOHOLICS ANONYMOUS

Faith Group, 100 Grand Ave., Okmulgee, OK 74447

Tuesdays and Thursdays 6 p.m.

Methodist Church, 506 N. Broadway, Beggs, OK 74421 (918) 267-3720

Welcome Group, 1201 N. Griffin, Okmulgee, OK 74447.....(918) 756-3638

ALZHEIMER'S SUPPORT GROUP (918) 758-3302

1401 Morris Drive, Okmulgee, OK 74447

BEREAVEMENT SUPPORT GROUP (918) 652-3919

Heritage Hospice, 114 S. Fourth St., Henryetta, OK 74437

GAMBLING (918) 756-9411

CREOKS Mental Health Services, 323 W. Sixth St., Okmulgee, OK 74447

GRIEF SHARE(918) 815-2430

Corner Stone Church, *Tuesdays 6-7 p.m.*

NARCOTICS ANONYMOUS..... 302 S Seminole, Okmulgee, OK 74447

Mon, Wed, Thu, & Fri—7:00 p.m.

SEQUOYAH COUNTY

ALCOHOLICS ANONYMOUS

308 S. Main, Muldrow, OK 74948 (918) 427-4151

515 S. McGee, Sallisaw, OK 74955 (918) 775-5894

CELEBRATE RECOVERY United Faith Church((918) 774-0670

814 E Cherokee Ave., Sallisaw, OK 74955 *Tuesdays 6-8 p.m.*

DIABETES SUPPORT GROUP (918) 774-1136

213 E. Redwood, Sallisaw, OK 74955

FAMILY COUNSELING (918) 775-6273

302 S. Oak, Sallisaw, OK 74955

WAGONER COUNTY

ALCOHOLICS ANONYMOUS (918) 485-9363

26243 Oklahoma 51 West, Wagoner, OK 74467

TAXES

See also Financial Guidance

**For a list of available tax preparation assistance in your area,
call the Caring Assistance Line at (800) 211-2116.**

Online, visit

ok.gov/tax/Individuals/Income_Tax/Free_Tax_Assistance/

**Contact (800) 829-1040 from February through April 15 to find
the nearest Tax Counseling for the Elderly program.**

TRANSPORTATION

*For transportation to a nutrition center, please contact your local nutrition center
to make arrangements. Please request handicap accessible transportation
if required when making arrangements.*

| | |
|---|--|
| ALL OUR HEART | (918) 804-1129 |
| 402 N. Broadway, Coweta, OK 74429 | www.allourheart.com |
| <i>Serving Cherokee, Muskogee and Wagoner counties</i> | |
| CHEROKEE NATION ELDER CARE (Limited area) | (918) 453-5554 |
| COMPLETE HOSPICE CARE (Muskogee County) | (918) 681-4988 |
| FIRST CHRISTIAN CHURCH (Cherokee County) | (918) 456-2415 |
| KATS (KI BOIS AREA TRANSIT SYSTEM) | (800) 289-7728 |
| Adair County | (918) 696-4787 |
| Cherokee County | (918) 453-1155 |
| McIntosh County (Checotah) | (918) 473-2388 |
| McIntosh County (Eufaula) | (918) 689-1020 |
| Okmulgee County (Henryetta) | (918) 652-3329 |
| Okmulgee County (Okmulgee) | (918) 752-0070 |
| Sequoyah County | (918) 775-7433 |
| Wagoner County (Coweta) | (918) 486-1783 |
| Wagoner County (Wagoner) | (918) 485-0059 |
| KIBOIS (vouchers in cooperation with MCT) | (918) 684-7258 |
| MED-RIDE (Statewide) | (877) 685-8267 |
| MOBILITY CARE (<i>Conversion lease sales and rentals</i>) | (918) 437-4488 |
| MORGAN MEDICAL ESCORT | (918) 577-6941 |
| MUSKOGEE COUNTY TRANSIT | (918) 682-1721 |

TRANSPORTATION Continued

| | |
|--|----------------|
| MUSKOGEE DEPARTMENT OF VETERANS AFFAIRS | (888) 397-8387 |
| OKMULGEE CITY TRANSPORT | (918) 319-1992 |
| 14th and Oklahoma streets, Okmulgee, OK 74447 | (918) 319-1743 |
| Handicap accessible | |
| OSU HEALTH ACCESS | (918) 561-8579 |
| PEOPLE'S TRANSPORTATION | (918) 682-6654 |
| RSVP TRANSPORTATION | |
| Muskogee County | (918) 683-1578 |
| Wagoner County | (918) 280-8656 |
| SOONERRIDE | (877) 404-4500 |
| <i>Transportation to medical appointments only.</i> | |
| <i>Must actively be receiving Medicaid.</i> | |
| <i>Appointments must be made three days in advance.</i> | |
| STAY HOME SERVICES | (918) 682-3688 |
| Muskogee, OK (Non-medical companion services) | |
| UNITED WAY FORT SMITH AREA (Sequoyah County) | (479) 782-1311 |
| 120 N. 13th St., Fort Smith, AR 72901 | |
| <i>Sequoyah County is included in their coverage area</i> | |
| VETERANS RIDE CONNECT | (855) 735-4826 |
| WAGONER AREA NEIGHBORS | (918) 485-2309 |
| ABLETECHlow interest loans for vehicle modifications..... | (800) 257-1705 |
| MOBILITY ONE TRANSPORTATION | (918) 437-4488 |
| <i>(Sales, Leasing, Service and Rental of vehicles equipped to transport)</i> | |

**Volunteers do not necessarily have the time;
they just have the heart.**

— Elizabeth Andrew

For volunteer opportunities in your area,
contact the Caring Assistance Line at (800) 211-2116.

UTILITIES / WEATHERIZATION

See also Emergency / Disaster

- CHEROKEE NATION(918) 453-5464
KIBOIS (918) 967-3325
LEND-A-HAND(405) 840-0735
 Salvation Army
LOW-INCOME HOME ENERGY ASSISTANCE PROGRAM (LIHEAP).....(405) 522-5818
 okdhslive.org
NORTHEAST OKLAHOMA COMMUNITY ACTION AGENCY (918) 253-4683
OG&E ELECTRIC SERVICE — SOCIAL SERVICES (405) 619-6512
OKLAHOMA CORPORATION COMMISSION (405) 521-2267
 Oklahoma City
OKLAHOMA NATURAL GAS (800) 664-5463
 2616 Border Ave., Muskogee, OK 74401
OSU HEALTH ACCESS (918) 561-8579
SALVATION ARMY Lend-a-hand program(405) 840-0735
STATE WEATHERIZATION PROGRAM (918) 967-3325
 Stigler, OK
USDA RURAL HOUSING SERVICES (918) 682-8831
 Low- or no-interest loans

ADAIR COUNTY

- CREOKS BEHAVIORAL HEALTH (918) 282-6046
 Evelyn Pettigrew
NORTHEAST OKLAHOMA COMMUNITY ACTION AGENCY (918) 253-4683
 P.O. Box 603, Jay, OK 74346

CHEROKEE COUNTY

- CHEROKEE NATION VETERANS CENTER (918) 616-8794
 Lisa Look
FIRST BAPTIST CHURCH (918) 456-0668
 201 Ron Rice Ave., Tahlequah, OK 74464
HABITAT FOR HUMANITY (918) 453-1332
 816 S. College Ave., Tahlequah, OK 74464 (Linda)

UTILITIES / WEATHERIZATION Continued

CHEROKEE COUNTY Continued

- HOPE HOUSE (918) 456-4673
1619 N. Vinita Ave., Tahlequah, OK 74464
- NORTHEAST OKLAHOMA COMMUNITY ACTION FOUNDATION (918) 253-4683
P.O. Box 603, Jay, OK 74346
- SALVATION ARMY (918) 456-9882
23152 E. 778th Road, Tahlequah, OK 74464
- TAHLEQUAH UNITED METHODIST CHURCH (918) 456-6141
300 W. Delaware St., Tahlequah, OK 74464
Assistance with a cut-off notice
- UNITED KEETOOWAH BAND (918) 871-2800
18263 Keetoowah Circle, Tahlequah, OH 74464 (Jennifer)
- VOLUNTEERS IN MISSION (918) 457-3356
Cookson Hills United Methodist Church
P.O. Box 130, Cookson, OK 74427
Typically spring and summer only

McINTOSH COUNTY

- DEEP FORK COMMUNITY ACTION (918) 756-2826
223 W. Sixth St. / P.O. Box 670, Okmulgee, OK 74447
- UNDER ONE ROOF (918) 360-1265
107 McKinley, Suite 4, Eufaula, OK 74432

MUSKOGEE COUNTY

- CATHOLIC CHARITIES (918) 681-6115
- CITY OF MUSKOGEE PLANNING DEPARTMENT (918) 684-6232
Contact Tish Callahan
- CREOKS BEHAVIORAL HEALTH (918) 402-1323
Kaitlyn Soldier
- CROSS COMMUNICATIONS (918) 463-2921
704 Third Ave., Warner, OK 74469 *crosstel.net*

UTILITIES / WEATHERIZATION Continued

MUSKOGEE COUNTY Continued

- GOSPEL RESCUE MISSION (918) 682-3489
323 Callahan St., Muskogee, OK 74403
Applicant must be employed to receive assistance.
- KI BOIS COMMUNITY ACTION FOUNDATION (918) 684-7258
421 W. Broadway, Muskogee, OK 74401
- MUSKOGEE COMMUNITY ACTION FOUNDATION (918) 686-8004
2400 Hilldale Springs Rd, Muskogee, OK 74403
- MUSKOGEE COOPERATIVE MISSIONS (918) 683-7879
- NEIGHBORS BUILDING NEIGHBORHOODS (918) 683-4600
207 N. Second St., Muskogee, OK 74401
- NEW HOPE BAPTIST CHURCHup to \$50 utility assistance(918) 682-4919
1501 N 43rd St S, Muskogee, OK 74401
- SALVATION ARMY (918) 682-3384
700 Independence Ave., Muskogee, OK 74403

OKMULGEE COUNTY

- DEEP FORK COMMUNITY ACTION (918) 756-2826
223 W. Sixth St. / P.O. Box 670, Okmulgee, OK 74447
- SALVATION ARMY (918) 756-9224
111 E. Eighth St., Okmulgee, OK 74447

SEQUOYAH COUNTY

- CATHOLIC CHARITIES (918) 775-6111
409 N. Adams St., Sallisaw, OK 74955
- CREOKS BEHAVIORAL HEALTH (918) 282-6046
Evelyn Pettigrew
- FIRST UNITED METHODIST CHURCH (918) 775-2538
2100 E. McGee Drive, Sallisaw, OK 74955
- KI BOIS COMMUNITY ACTION FOUNDATION (918) 776-0848
1206 W. Redwood, Sallisaw, OK 74955 (918) 775-7433
- NORTHEAST OKLAHOMA COMMUNITY ACTION AGENCY (918) 253-4683
P.O. Box 603, Jay, OK 74346

UTILITIES / WEATHERIZATION Continued

WAGONER COUNTY

- ARMS AROUND BROKEN ARROW (918) 258-7714
700 W. Fort Worth St., Broken Arrow, OK 74012
www.armsaroundba.org
- BROKEN ARROW NEIGHBORS (918) 251-7781
315 W. College St., Broken Arrow, OK 74012
- CHURCH OF ST. BENEDICT (918) 455-4451
2200 W. Ithica St., Broken Arrow, OK 74012
- COMMUNITY ACTION RESOURCE AND DEVELOPMENT (918) 486-2471
CARD, 107 S. Broadway, Coweta, OK 74429
www.cardcaa.org
- CREOKS BEHAVIORAL HEALTH (918) 402-1323
Kaitlyn Soldier
- ST. ANNE CATHOLIC CHURCH (918) 251-4000
301 S. Ninth St., Broken Arrow, OK 74012 (918) 994-1451
- WAGONER AREA NEIGHBORS (918) 485-2309
100 N.E. Eighth St., Wagoner, OK 74467

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Masonic Grant



Application

Seniors Rule



Newsletter

VETERANS SERVICES

- VETERANS AID (918) 348-4016
Muskogee County, Joyce
- CASE MANAGEMENT / CARE MANAGEMENT FOR VETERANS (918) 585-5551
Community Service Council of Greater Tulsa
16 E. 16th St., Tulsa, OK 74119 *csctulsa.org*
Open 8:30 a.m. to 5 p.m. Monday-Friday
*Serves Okmulgee and Wagoner counties as well as Creek, Osage,
Pawnee, Rogers and Tulsa counties*
- VA HEARING AIDSva.gov/prosthetics/psas/hearing_aids.asp
- KIBOIS.....(918) 682-7525
Serves 24 counties *For active vets*
- MAYS PLUS (personal care/housekeeping) (918) 752-0291
Serves Okmulgee County; contact Kerri Still at (918) 437-1271
- MILITARY ONESOURCE (800) 342-9647
www.militaryonesource.com
- MY HEALTHVET *myhealth.va.gov* *Online health records*
- NATIONAL CAREGIVER SUPPORT LINE (855) 260-3274
CAREGIVER ASSISTANCE *myhealth.va.gov*
- NATIONAL MILITARY SURVIVOR HELPLINE (TAPS) (800) 959-8277
TAPS Suicide Loss Survivor Assistance taps.org
- OKLAHOMA DEPARTMENT OF VETERANS AFFAIRS (918) 687-2500
(800) 827-1000
- PARALYZED VETERANS OF AMERICA (800) 555-9140
- SUICIDE PREVENTION HOTLINE FOR VETERANS (800) 273-8255
Can also text 838255 or go online at VeteransCrisisLine.net/Chat
Audrey Stone www.suicidepreventionlifeline.org (918) 577-3672
- SUPPORT SERVICES FOR VETERANS FAMILIES (KIBOIS)..... (918) 681-7525
421 W. Broadway, Muskogee, OK 74401 *Serving 24 Counties*
- THE BARRACKS(918) 687-5480
Yard work and wheel chair ramps for Vets


VETERANS SERVICES Continued

VA HOME CAREGIVER VOLUNTEER SUPPORT PROGRAM (888) 397-8387
HEALTH CARE BENEFITS (877) 222-8387

VETERANS ADMINISTRATION

VA BENEFITS COUNSELOR (800) 827-1000
LIFE INSURANCE (800) 669-8477
STATUS OF HEADSTONES OR MARKERS (800) 697-6947
TELECOMMUNICATIONS DEVICE FOR THE DEAF (800) 829-4833
VETERANS RIDE CONNECT (*veteransrideconnect.org*)..... (855) 735-4826
Muskogee—The Barracks (with advance notification)(918) 687-5480
VOLUNTEER PROGRAM FOR VETS VOLUNTEERING.....(918) 687-5480

MY VETERAN SERVICES:



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VISUAL SERVICES

See Disabilities

VOLUNTEERS

- COUNCIL ON AGING (918) 682-7891
- OMBUDSMAN VOLUNTEER PROGRAM (918) 682-7891
- RSVP OF MUSKOGEE (918) 683-1578
3300 E. Shawnee, Muskogee, OK 74403
- RSVP OF TULSA (Including Wagoner County) (918) 280-8656
5756 E. 31st St., Tulsa, OK 74135
- RSVP OF WAGONER (918) 485-8992
518 W. Cherokee St., Wagoner, OK 74467

WHEELCHAIR RAMPS

See Home Repairs, Housing and Utilities/Weatherization

- AMRAMP (amramp.com) (888) 715-7597
wheelchair ramps, stair lifts, grab bars, safety railings and more
- FIRST BAPTIST CHURCH, Wagoner, OK (918) 485-2428
- OKLAHOMA ABLE-TECH (405) 523-4807
Contact Melisa Cranfield at mecranf@okstate.edu
- MEN'S UNITED METHODIST CHURCH (Wagoner) (918) 485-3059
- PRESBYTERIAN CHURCH (Muskogee) (918) 348-0147
Contact Jim Webb
- THE BARRACKS (918) 687-5480
Will help veterans with wheelchair ramp assistance
Contact Victor Lezama
- THE BOD CHURCH (Sequoyah) (918) 774-2803
Will help seniors with ramps or other home projects
Contact Chris Thomas
- VETERANS ADMINISTRATION (918) 577-3057
Must be actively receiving VA services for ramp assistance
Contact Necole Travis



Oklahoma Legislators EODD Service Area 2023-2025

Governor

Stitt, Kevin (R)

2300 N. Lincoln Blvd.

Room 212

Oklahoma City, OK 73105

Phone (405) 521-2342



Lt. Governor

Matt Pinnell (R)

2300 N Lincoln Blvd,

Room 117

Oklahoma City, 73105

Phone (405) 521-2161



U.S. Senate

Lankford, James (R)

Unites States Senate

316 Hart Senate Office Bldg.

Washington, D.C. 20510

Phone (202) 225-5754

Fax (202) 228-1015

Email



Mullin, Markwayne (R)

Unites States Senate

205 Russell Senate Off. Bldg.

Washington, D.C. 20510

Phone (202) 224-4721

Fax (202) 228-0380



U.S. Representatives

Hern, Kevin (R)

2448 E. 81st St.
Suite 5150
Tulsa, OK 74137
Phone (918) 935-3222

District 001



Brecheen, Josh (R)

811-A N. York St.
Muskogee, OK 74403
Phone (918) 687-2533

District 002



State Senators

Stephens, Blake (R)

2300 N. Lincoln Blvd.
Room 528.2
Oklahoma City, OK 73105
Phone (405) 521-5574

Executive assistant:
Ashlee Lester

District 003

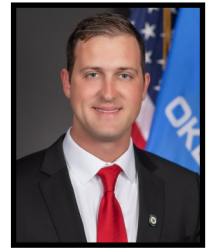


Wood, Tom (R)

2300 N. Lincoln Blvd.
Room 529.2
Oklahoma City, OK 73105
Phone (405) 521-5576

Executive assistant:
Chris Morriss

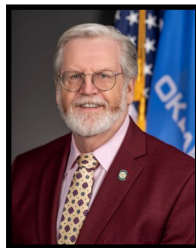
District 004



Thompson, Roger (R)

2300 N. Lincoln Blvd.
Room 537
Oklahoma City, OK 73105
Phone (405) 521-5588

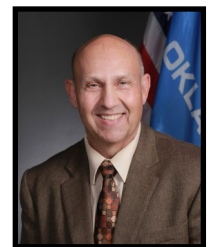
District 008



Dwayne Pemberton (R) District 009

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Oklahoma City, OK 73105
Phone (405) 521-5533

Executive assistant:
Peggy White



Haste, John (R)

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Room 428
Oklahoma City, OK 73105
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Executive assistant:
Laurie Nicoll

District 036



State Representatives

Olsen, Jim (R)

2300 N. Lincoln Blvd.
Room 329B
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Phone (405) 557-7315

**Legislative assistant:
Martha Perry***

* providing interim coverage

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Culver, Bob (R)

2300 N. Lincoln Blvd.
Room 50
Oklahoma City, OK 73105
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**Legislative assistant:
Abby Sexton**

District 004



McDuggle, Kevin (R)

2300 N. Lincoln Blvd.
Room 242
Oklahoma City, OK 73105
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**Legislative assistant:
Krista Reppond**

District 012

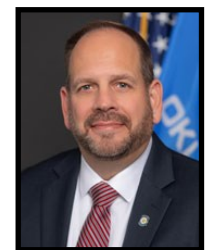


Hays, Neil (R)

2300 N. Lincoln Blvd.
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Oklahoma City, OK 73105
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**Legislative assistant:
Glenda Mollman**

District 013



Sneed, Chris (R)

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Room 404
Oklahoma City, OK 73105
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**Legislative assistant:
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District 014



Randleman, Randy (R)

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**Legislative assistant:
Vicki Adams**

District 015



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2300 N. Lincoln Blvd.
Room 455
Oklahoma City, OK 73105
Phone (405) 557-7375

**Legislative assistant:
Alecia Shannon**

District 016

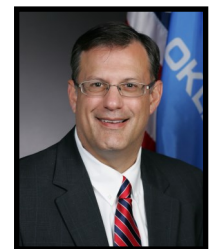


O'Donnell, Terry (R)

2300 N. Lincoln Blvd.
Room 305
Oklahoma City, OK 73105
Phone (405) 557-7379

**Legislative assistant:
Mary Hicks**

District 023



State Representatives

Banning, Chris (R)

2300 N. Lincoln Blvd.
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Phone (405) 557-7306

Legislative assistant:
Mariah Epperson

District 024



May, Stan (R)

2300 N. Lincoln Blvd.
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Phone (405) 557-7338

Legislative assistant:
Lacy Skrapka

District 080

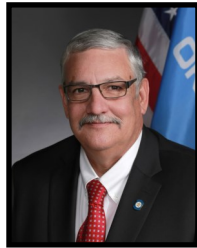


Hardin, David (R)

2300 N. Lincoln Blvd.
Room 250
Oklahoma City, OK 73105
Phone (405) 557-7394

Legislative assistant:
Ashley Fox

District 086



Davis, Dean (R)

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Room 500
Oklahoma City, OK 73105
Phone (405) 557-7362

Legislative assistant:
Jan Tupps*

District 098



* providing interim coverage

NOTES:

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County Commissioners

EODD Service Area

2023-2025

ADAIR COUNTY

<http://ltap.okstate.edu/adair.htm>

Courthouse, 220 W. Division/
P.O. Box 88, Stilwell, OK 74960
(918) 696-5310

District 1 Charles Boecher

Office: (918) 696-7898
Cell: (918) 221-3141
Email: ccboecher@gmail.com

District 2 Sam Chandler

Office: (918) 696-5310
Cell: (918) 696-9029
Email: commissioners@adaircountycourthouse.com

District 3 Larry Wood

Office: (918) 930-9593
Cell: (918) 822-4917
Email: adaircountycommissioner3@gmail.com

CHEROKEE COUNTY

<http://ltap.okstate.edu/cherokee.htm>

Courthouse, 213 W. Delaware,
Room 202, Tahlequah, OK 74464
(918) 456-4121

District 1 Bobby C. Whitewater

Office: (918) 458-6504
Cell: (918) 822-2154
Email: bwhitewater@cherokeecountyok.org
CC: district1@cherokeecountyok.org

District 2 Chris Jenkins

Office: (918) 772-3552
Cell: (918) 931-8690
Email: jbarnes@cherokeecountyok.org

District 3 Clif Hall

Office: (918) 458-6503
Cell: (918) 931-7421
Email: chall@cherokeecountyok.org
CC: district3@cherokeecountyok.org

McINTOSH COUNTY

<http://ltap.okstate.edu/mcintosh.htm>

Courthouse, 110 N. First St./
P.O. Box 110, Eufaula, OK 74432
(918) 689-3375

District 1 Loyal Dean Taylor

Office: (918) 473-6219
Cell: (918) 843-0935
Email: mcintoshdist1@gmail.com
CC: mcintoshcounty1@gmail.com

District 2 Monty Grider

Office: (918) 689-5459
Cell: (918) 490-3977
Email: d2-mcintoshco@att.net

District 3 Bobby Zigler

Office: (918) 689-4686
Cell: (918) 617-7597
Email: mburnscom3@yahoo.com
CC: stonemd3@yahoo.com

MUSKOGEE COUNTY

<http://ltap.okstate.edu/muskogee.htm>

Courthouse, P.O. Box 2307
Muskogee, OK 74402
(918) 682-9601

District 1 Ken Doke

Office: (918) 682-4511
Cell: (918) 360-9264

County Commissioners, Continued

MUSKOGEE COUNTY continued

Email: cc1@readymuskogee.org

District 2 Keith Hyslop

Office: (918) 682-7101

Cell: (918) 577-2028

Email: mcd2@readymuskogee.org

District 3 Kenny Payne

Office: (918) 682-1910

Cell: (918) 869-6186

Email: kpayne@readymuskogee.org

Grants Director Kevin Wilson

Office: (918) 682-9601

Cell: (918) 680-2761

Email: kwilson@readymuskogee.org

OKMULGEE COUNTY

<http://ltap.okstate.edu/okmulgee.htm>

Courthouse, 314 W. Seventh St.,
Second floor, Okmulgee, OK 74447
(918) 756-3836

Email: commissioners@okmulgeecounty.gov

District 1 Erik Zoellner

Office: (918) 267-3622

Cell: (918) 978-6552

Email: erik.zoellner@okmulgeecounty.gov

District 2 R. David Walker

Office: (918) 756-1531

Cell: (918) 756-6666

Email: r.david.walker@okmulgeecounty.gov

District 3 Michael Wallace

Office: (918) 652-4474

Cell: (918) 490-1297

Email: Michael.wallace@okmulgeecounty.gov

SEQUOYAH COUNTY

<http://ltap.okstate.edu/sequoyah.htm>

Courthouse, 117 S. Oak St, Suite 112,
Sallisaw, OK 74955
(918) 775-5539

District 1 Ray Watts

Office: (918) 427-5371

Cell: (479) 806-7690

Email: seqcodistrict1@gmail.com

District 2 Beau Burlison

Office: (918) 773-5281

Cell: (918) 774-2445

Email: seqcomm123@gmail.com

District 3 Jim Rogers

Office: (918) 775-6458

Cell: (918) 776-5373

Email: seqcomm123@gmail.com

WAGONER COUNTY

<http://ltap.okstate.edu/wagoner.htm>

Courthouse, 307 E. Cherokee
Wagoner, OK 74467
(918) 485-7700

District 1 James Hanning

Office: (918) 357-1927

Cell: (918) 991-5478

Email: wagcnty3@windstream.net

District 2 Chris Edwards

Office: (918) 485-4549

Email: wagcodist2@windstream.net

District 3 Tim Kelley

Office: (918) 486-2132

Cell: (918) 513-1097

Email: wagco3@windstream.net



1-800-677-1116

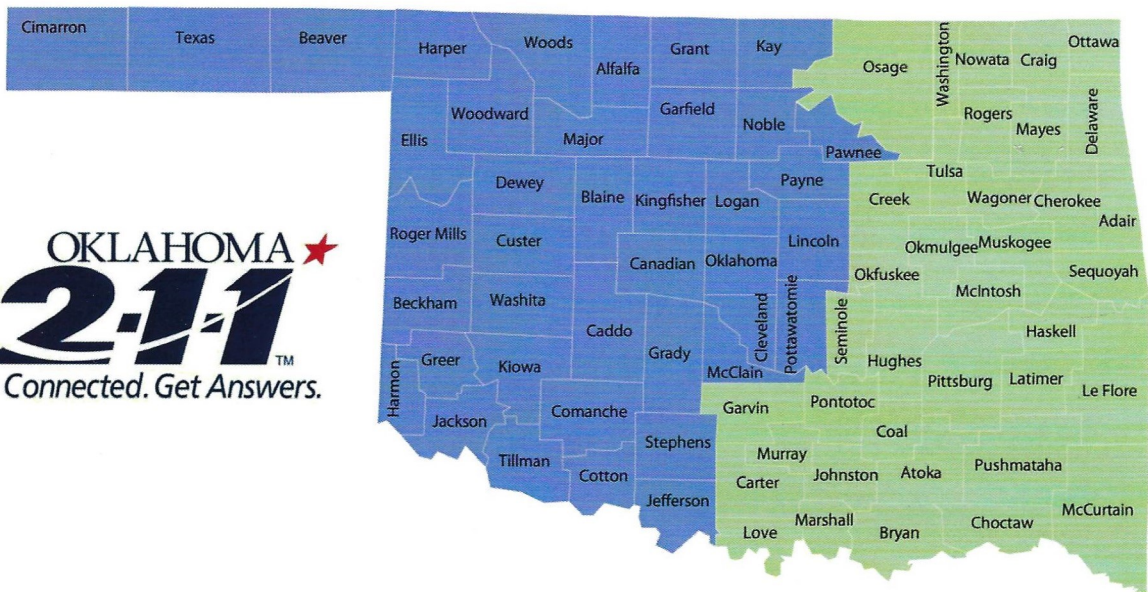
or visit

www.eldercare.gov

The Eldercare Locator is the first step to finding resources for older adults in any U.S. community. Just one phone call or web site visit instantly connects you to resources in your own community.

2-1-1 Oklahoma

OKLAHOMA ★
2-1-1™
Get Connected. Get Answers.



OKC HeartLine 2-1-1
877-362-1606

Tulsa Helpline
877-836-2111

www.211oklahoma.org

2401 NW 23rd Street, Suite 40
 Oklahoma City, OK 73107

Caring Assistance Line

Providing information
about services and support
for seniors and their caregivers

(800) 211-2116



OKLAHOMA
Human Services

Eastern Oklahoma ★
2-1-1

Get Connected. Get Answers.
COMMUNITY SERVICE COUNCIL

www.211oklahoma.org

(877) 836-2111



www.eldercare.gov
(800) 677-1116



**OKLAHOMA
ASSOCIATION
OF AREA
AGENCIES
ON AGING**

This resource directory is a publication of the Eastern Oklahoma Development District Area Agency on Aging serving Adair, Cherokee, McIntosh, Muskogee, Okmulgee, Sequoyah and Wagoner counties. Funding for the publication is provided in part by state and Older Americans Act funds from EODD Area Agency on Aging and DHS Aging Services. It is the policy of EODD Area Agency on Aging to serve all individuals who are eligible for its programs without regard to race, national origin, ancestry, color, religion, sex, age or disability.