



WAOSA
WEST AUSTRALIAN ORFF SCHULWERK ASSOCIATION

ASME Summer School 2023

Onward and Upward

16 January 2023

Exploring Orff Through Movement

The Orff approach is centred on teaching the elements of music through integrating the various media including speech, singing, movement and playing instruments.

Music and movement are the two primary art forms in the Schulwerk, and they are considered equal and interdependent.

Folk Dance – Seven Jumps – Shenanigans

- Simultaneous imitation

Mirroring – Kothbiro – Ayub Ogada

- Props - Scarves/balls/ribbons
- Unison
- 50/50
- groups of 4
- Show and tell

Wink Game

- Participants stand in a circle, facing the centre, with their partner behind them (hands behind their back).
- One person has no partner. This person is the “winker”. They surreptitiously wink at someone in the circle.
- If you are winked at, you need to run towards the “winker” (becoming the “winker’s” new partner), before your partner can gently tap you on the shoulders without moving his feet. If you successfully escape, your partner becomes the new “winker”. If not, the original “winker” tries again until he successfully steals a partner.

Elephant and Giraffe Game

- In 3’s, practise the *Elephant shape* – centre person makes a trunk with their arms and two outer people make ears and a *Giraffe shape* – centre person makes a tall shape with their arms while the two outer people, both hold the centre person’s waist and bend to make the giraffe’s body.
- To play the game, the participants stand in a circle and the caller walks around in the centre of the circle. At any time, they turn to a person in the circle and call out “Elephant” or “Giraffe”. This person immediately becomes the centre to make the Elephant or Giraffe shape (as outlined above) while the two people on either side, join in to make the rest of the shape. The Caller must count aloud to 5. If the group of 3 do not complete the correct shape in the given 5 seconds, the centre person becomes the new caller.

Elephant and mouse – Andre Van Der Plaas (suitable for Early Childhood.)

- Divide the children into two groups, the mice and the elephants.
- Discuss the movements of both mice and elephants.
- Play the music and allow the children to work out when each group should move.

“Elemental music is never just music. It's bound up with movement, dance and speech, and so it is a form of music in which one must participate, in which one is involved not as a listener but as a co-performer.” *Carl Orff*