

2024 PASSPORT TO HEALTH

EMPLOYEE WELLNESS PROGRAM FOR TERRASCEND

GET STARTED TODAY!

STEP 1: COMPLETE INTRODUCTORY ACTIVITIES FOR 50 POINTS

- confidential personal health survey online at passport.attentivehealth.com
- ✓ goal setting meeting with your health coach, to schedule your 20-minute session, visit <u>passport.attentivehealth.com</u>, call 877.875.0333 OR scan the QR code below.

STEP 2: CHOOSE ADDITIONAL ACTIVITIES TO REACH 100 POINTS

✓ additional activities are listed on your Passport to Health[™]. You can access all program information at any time at <u>passport.attentivehealth.com</u>. Choose any to earn at least 50 more points to get to 100 points by October 31, 2024.

Benefits enrolled employees can earn a **\$40 per month wellness credit** (up to \$480 per year!) on their health insurance costs in 2025.

SCAN THE QR CODE

TO SCHEDULE YOUR COACHING APPOINTMENT



SAVE UP TO \$480 PER YEAR!

QUESTIONS? CONTACT US!

terrascend@attentivehealth.com | 877.875.0333 | passport.attentivehealth.com



