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Chuan Spa, our award-winning spa and wellness brands at Langham Hospitality Group, takes a holistic approach to wellness offering services designed to nurture, balance and restore.

Chuan Spa, is delighted to bring you a selection of healthy dishes in this menu curated to revitalise and energise for guests to extend their wellness journey into their hotel room.

These dishes have been specially created in conjunction with nutritionist Miles Price, a member of the British Association of Nutrition and Lifestyle Medicine and are identified by the Chuan Spa logo. 🐫

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BREAKFAST MENU

THE LANGHAM BREAKFAST 46

Your choice of juice orange | cranberry | grapefruit | pineapple | apple

Free range eggs any style poached | fried | scrambled served with bacon, chicken sausages, mushrooms and heirloom tomatoes

Your choice of bakery croissant, pain au raisin, sourdough, or set of gluten-free bread served with a selection of jam, honey, peanut butter, margarine and butter seasonal fresh berries with organic yoghurt

Your choice of hot beverage

Tea: English breakfast, Earl Grey, Green Tea, Chamomile, Peppermint, Irish Breakfast, Darjeeling Coffee: Flat White, Latte, Cappuccino, Espresso, Long Black, Decaf Coffee, Hot Chocolate of hot/cold milk

CONTINENTAL BREAKFAST 37

Your choice of juice orange | cranberry | grapefruit | pineapple | apple

Your choice of bakery croissant, pain au raisin, sourdough, or set of gluten-free bread served with a selection of jam, honey, peanut butter, margarine and butter

Your choice of hot beverage

Tea: English Breakfast, Earl Grey, Green Tea, Chamomile, Peppermint, Irish Breakfast, Darjeeling Coffee: Flat White, Latte, Cappuccino, Expresso, Long Black, Decaf Coffee, Hot Chocolate of hot/cold milk

CHINESE BREAKFAST 47

Your choice of: fish | chicken | plain rice congee served with Chinese donuts, coriander, fried shallots and soy sauce

> Dim sum basket with har gow prawns and chicken shiu mai dumplings

Two fried eggs over easy

Your choice of hot beverage

Tea: English Breakfast, Earl Grey, Green Tea, Chamomile, Peppermint, Irish Breakfast, Darjeeling Coffee: Flat White, Latte, Cappuccino, Expresso, Long Black, Decaf Coffee, Hot Chocolate or Glass of hot/cold milk

SIDES 9

avocado (V) | baked beans (LG) | smoked salmon (LG, H) | hash brown potato bacon (LG) | spinach (V) | chicken sausages (LG, H)

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Available between 6am – 11 am

Yoghurt with oats, chia seeds and seasonal berries

Swiss style hard cheese, brie and smoked ham

Wok-char egg noodle with dark soy, bean sprouts, spring onion and sesame



BREAKFAST MENU

A LA CARTE

Fresh seasonal fruit platter (V) 22

Pastry basket (GFA) 16 croissants, chocolate muffins, chocolate pastries and Danish pastries 2 pieces per basket

Your choice of toasts sourdough | wholemeal | multigrain | white bread | brioche | gluten free bread 16 served with a selection of jams, honey, peanut butter, vegemite and butter

Wheat-free muesli with mixed berries and organic yoghurt (V) 19

Cereal bowl 15 Corn Flakes, Special K, Sultana Bran, Nutri Grain, Weet-Bix, Gluten-free Corn Flakes

Your choice of: soymilk, organic yoghurt, almond, low fat or full cream milk

Poached eggs with your choice: 29

Sourdough benedict with streaky bacon and olive oil hollandaise 🐫 This sumptuous breakfast option has all the good fats, to keep you satiated for hours whilst maintaining good energy levels.

poached | fried | scrambled served with bacon, sausages, mushroom, heirloom tomatoes

2 free-range eggs, dry-cured bacon, glazed onion, portobello mushroom 🐫 29 For those of you who need a super-boost of protein, whilst keeping it low carb, here's a breakfast for you.

Free-range eggs omelette or egg white omelette 31 choice of smoked salmon, onion, mushrooms, pork ham, seasonal tomatoes and cheddar cheese

> Tasmanian smoked salmon, toasted sourdough 30 with dill crème fraiche, baby capers and snow pea tendrils

This full protein breakfast is a balanced low carb start to your day!

Buttermilk pancakes (V) 27 with butter and maple syrup

tree nuts, fish, shellfish, sesame, soy, wheat/gluten, lupin & sulphites and whilst all reasonable efforts are taken to accommodate guest's dietary needs, we cannot guarantee that our food will be allergen free. If you would like further information please ask to speak to the chef in charge.

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Honey, nuts and crunchy seed granola, Amarena cherry and organic yoghurt (V) 19

Bircher muesli with apple, almond, orange, yoghurt and cinnamon (V) 19

Superfood porridge with banana and cinnamon honey (V) 21

Florentine with spinach, Hollandaise on English muffin (V)

Tasmanian smoked salmon with Hollandaise on toast

Mushrooms and herbs with Hollandaise on multigrain toast (V)

Free-range eggs any style 29

Crushed Hass avocado and roast tomatoes on seeded sourdough toast 🐫 29

Brioche French toast, pear and vanilla confit, walnut mascarpone and honeycomb (V) 27

PRIVATE KITCHEN MENU

TO START

Soup of the day 15 Lobster cocktail (DF) 38 with sweet, savoury and spicy horseradish sauce, melon, lettuce and roasted sourdough

> Quick seared peppered yellowtail tuna (H) 34 with Hawaiian poke sauce, avocado cream and chives

Sasiradas Thai beef salad 32 with lime, lemongrass, tomato, cucumber, fried shallots, pumpkin seeds, chili and herb dressing

Fresh natural oysters

half dozen 26 | full dozen 36

Your choice of sauce: lemon, shallots and red wine vinegar (LG) | cooked with XO chili sauce

Classic Caesar salad 🐫 30 with asparagus and toasted pumpkin seeds This heathy twist on the salad has added asparagus which contains high levels of antioxidant glutathione, which is great for the liver.

with chicken 32

Seasonal tomato, mozzarella, bocconcini (V, LG) 30 with selection of basil and extra virgin olive oil

MAIN

Grass-fed burger 35 with beetroot, egg, bacon, melted cheese, onions, lettuce, tomato, Dijon mustard, BBQ sauce served with fries and cos with blue cheese dressing

> Grilled seasonal fish on pumpkin puree (LG) 46 Daylesford preserved lemon, sprouts, pumpkin seeds and salted butter

Roasted free-range chicken thigh on black lentils (LG) 41 with lemon gravy, olives, roasted capsicum, capers and rocket salsa

Beef scotch fillet 55 scotch fillet steak, French fries, broccolini with cognac cream sauce

Burger 29 with spicy salsa, mayonnaise, lettuce, tomato, cheese, sweet potato fries and kale salad

> Spaghetti 27 "100% without meat" balls, tomato and basil sauce

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Available between 11 am – 11 pm

PLANT-BASED MAINS - VEGAN



PRIVATE KITCHEN MENU

Available between 11 am – 11 pm

SOUTH EAST ASIAN CLASSIC

Indonesian Nasi Goreng with chicken satay (H) 36 creamy peanut sauce, fragrant rice, egg, prawn chips and pickles

> Beef Rendang 39 with coconut rice, sambal, cucumber and coriander

> > Prawn wonton and egg noodle 34 with Chinese greens in superior soup

INDIAN CLASSIC

Chicken 'Makhani' curry with spiced okra and cauliflower 🐫 37 This healthy, low carb curry dish, packs some good fiber.

Lamb Rogan Josh 38

Goan fish curry 42

Baigan Masala – eggplant curry (VG) 30 *Curries served with rice, katchumbar salad and condiments

Club sandwich 32 with bacon, chicken, egg, tomato, lettuce, avocado-crème, mayonnaise and fries

Minute steak sandwich 39 with roasted onions, black pepper gravy, cheese and egg and fries

Grilled seasonal vegetables (V) 29 with zucchini, peppers, sun-dried tomato, feta and basil wrap

PIZZA, RISOTTO AND PASTA

Thin crust pita pizza (V) 30 with medley of tomatoes, cheese and basil

with prosciutto 34

Wild mushroom and asparagus risotto 🖞 37 with miso and grilled chicken This balanced dish, provides a balance of carbs and protein to keep your blood sugars stable.

Egg-free homemade cassarecci pasta (V) 31 with blue cheese, white wine sauce, celery and roasted onions

SIDE DISHES

Fries with truffle oil and parsley (V, DF) 9

Spicy roasted cauliflower with cheese, onions and garlic (\forall) 9

Rocket salad, balsamic vinaigrette, cherry tomato and shaved parmesan (V) 9

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Channa Masala – chickpea curry (VG) 30

SANDWICHES all served with fries

Spaghetti pasta with meat ragout, tomato and basil 32



CHILDREN'S MENU

Recommended for up to 12 years of age

TO START

Creamy macaroni and cheese (V, H) 15 $\,$

Chicken nuggets and fries (H) 18

Cheese burger and fries (H) 18

Toasted ham and cheese sandwich 18

Egg fried rice (V, H) 12

Ice cream sundae with vanilla and chocolate ice cream, M&M's and chocolate sauce 16

Crepes with marinated strawberries and vanilla cream or chocolate sauce (V, H) 16

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Available between 11 am – 11 pm

Tomato and cheese pizza (V, H) 17

DESSERTS

Available between 11 am – 11 pm

Baked vanilla cheese cake with blueberry compote 21

Wattleseed pavlova, lemon myrtle cream, seasonal fruits and quandong (LG) 21

Lemon tart, Limoncello jelly, raspberry coulis, pistachio soil and meringue kisses 21

Chocolate Quinoa & Almond Cake (LG) 21 with Armagnac pear, Valrhona, Chocolate sauce

Chrysanthemum panna cotta, goji berry, tuile leaf and lychee jelly 21

Seasonal fruit platter (V) 22

Seasonal fresh fruit salad (V, H) 21 with orange juice and cinnamon

Local Victorian cheese board, hard, soft & blue cheese (V) 28 served with crackers, fruits sourdough

MOVIE SNACKS

Butter popcorn and milkshake (V) 23 choice of chocolate, vanilla or strawberry flavor

Just popcorn 10

Assorted gelato and sorbet (Cup) each 7.5

Gelato flavors: vanilla, pistachio, chocolate, salted caramel and popcorn (LG) Sorbet flavors: passion fruit, mango, wild forest berries (VG, LG)

Chocolate dipped ice cream cone 9

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OVERNIGHT

Friday and Saturday – available 11pm – 3am Sunday, Monday, Tuesday, Wednesday and Thursday – available 11 pm – 12 midnight

All day: last order 30 minutes before closing

Classic Caesar salad 🐫 30 with asparagus and toasted pumpkin seeds This heathy twist on the salad has added asparagus which contains high levels of antioxidant glutathione, which is great for the liver.

> with chicken 32 Grass-fed burger 35 with beetroot, egg, bacon, melted cheese, onions, lettuce, tomato, Dijon mustard, BBQ sauce served with fries and cos with blue cheese dressing

Club sandwich 32 with bacon, chicken, egg, tomato, lettuce, avocado-crème, mayonnaise and fries

Minute steak 39 sandwich with roasted onions, black pepper gravy, cheese and egg and fries

> Spaghetti pasta 32 Spaghetti pasta with meat ragout, tomato and basil

Chicken 'Makhani' curry with spiced okra and cauliflower 🐫 37 This healthy, low-carb curry dish, packs some good fiber.

PLANT-BASED MAINS - VEGAN

Spaghetti 27 "100% without meat" balls, tomato and basil sauce

DESSERTS

Baked vanilla cheese cake with blueberry compote 21

Seasonal fresh fruit salad (V, H) 21 with orange juice and cinnamon

Chocolate dipped ice cream cone 9

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ALL DAY MENU

Available between 6am – 11 pm

FRESHLY SQUEEZED JUICES

13

SUPER JUICES & SMOOTHIES

Green juice 15

Kale, cucumber, green apple, celery & ginger Mixed berry & coconut smoothie 🐫 16 Berries are a great source of Anthocyanins, which are very protective of the heart and stabilize your weight

Pomegranate, pineapple and yoghurt smoothie 41 16 A fresh, refreshing drink and a perfect pick-me-up with its tangy bite with the antioxidant properties of pomegranate

TEA

Small pot 9 Large pot 13 English Breakfast | Irish Breakfast | Earl Grey | Darjeeling | Jasmine | Green Lemon and Ginger | Mint | Decaf Ceylon | Chamomile

COFFEE

Freshly brewed coffee 7

espresso | double espresso | piccolo | macchiato | cappuccino long black | flat white | latte | mocha | hot chocolate

> Plunger coffee small pot 9 Plunger coffee large pot 13

All coffees are available decaffeinated upon request

MILK

Glass of milk 7

Hot chocolate 12

Made with premium chocolate and served with marshmallow

All teas and coffees served or made with full cream, skim, soy, oat or almond milk

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orange | carrot | watermelon | pineapple | apple

BEVERAGE

BEER

James Boag's 16 Peroni 15 Crown Lager 15 Heineken 15 Little Creatures Pale Ale 16 Corona 15 Coopers Pale Ale 16 Asahi 15

COCKTAILS

Mojito - Bacardi rum, lime, mint, sugar and soda 26 Espresso Martini - Absolut vodka, Kahlua and shot of espresso 26 Margarita - Tequila, Cointreau, lime juice and agave syrup 26 Negroni - Beefeater gin, Campari and sweet vermouth 26 Langham Celebration Cocktail - Gin, Champagne, essence of Ginger & Rose 30 Old Fashioned - Woodford Reserve bourbon, angostura bitters and sugar 26

NON-ALCOHOLIC MOCKTAILS

Langham Sunrise - orange, pineapple and mango juice with lemonade and grenadine 19 Flamingo - fresh strawberries and banana blended with mango and guava juice 19

SOFT DRINKS 7

Coke | Coke No Sugar | Diet Coke | Sprite (lemonade) | Raspberry Lemonade | Lift | Fanta Lemon Lime Bitters | Dry Ginger Ale | Soda Water | Tonic Water

MILKSHAKE 15

chocolate | vanilla | strawberry | strawberry and banana

STILL AND SPARKLING WATER

Aqua Panna still water 500ml 8.5 Aqua Panna still water 11 13 San Pellegrino sparkling water 500ml 8.5 San Pellegrino sparkling water 11 13

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WINES

750 ml Bottle

CHAMPAGNE

NV Moët & Chandon Imperial Brut – Epernay, France 198 NV Moët & Chandon Imperial Rosé – Epernay, France 215 Taittinger Cuvee Prestige – Reims, France 185 Taittinger Cuvee Prestige Rosé – Reims, France 252 Veuve Cliquot Ponsardin Brut - Reims, France 205

SPARKLING WINE

NV Chandon Brut – Yarra Valley, VIC 85 NV Chandon Brut Rosé – Yarra Valley, VIC 94 MV Clover Hill Pyrenees - Pyrenees, VIC 80

ROSÉ WINE 2021 La Boheme, Act Two Pinot Noir Rosé – Yarra Valley, VIC 91

WHITE WINE

2021 3 Tales Sauvignon Blanc – Marlborough, NZ 68 2021 La Boheme Pinot Gris – Yarra Valley, VIC 86 2020 Soumah Chardonnay – Yarra Valley, VIC 88 2021 Jim Barry Watervale Riesling - Clare Valley, SA 94 2019 Yileena Park 'Premium Boutique' Chardonnay – Yarra Valley, VIC 110

RED WINE

2021 Redbank Long Paddock Merlot – King Oven's Alpine, VIC 70 2019 Bleasdale, Mulberry Tree Cabernet Sauvignon – Langhorne Creek, SA 78 2020 Dandelion Vineyards, Lionheart Shiraz – Barossa Valley, SA 92 2021 Red Claw Pinot Noir – Mornington Peninsula 92

MOSCATO

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Divici Prosecco Doc (Organic) – Veneto, Italy 78

2022 Alasia Moscato 77



WINES

375 ml Half Bottle

SPARKLING WINE

La Gioiosa Prosecco (200ml) – Veneto, Italy 28 Thorn Clark Pinot Noir Chard NV Brut - Eden Valley 38 Louis Bouillot Perle de Vigne – Bourgogne, France 48

CHAMPAGNE

Moët & Chandon – Reims, France 84 Louis Roederer Collection – Reims, France 98

WHITE WINE

Saint Claire Sauvignon Blanc – Marlborough, New Zealand 38 Thorn-Clarke Sandpiper Pinot Gris – Eden Valley, SA 39

RED WINE Bleasdale M. Tree Cabernet Sauvignon – Langhorne Creek, SA 39 Dandelion Lionheart Shiraz – Barossa Valley, SA 45

ROSE WINE Triennes Rosé IGP Méditerranée – Provence, France 45

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Saint Claire Estate P. Noir – Marlborough, New Zealand 46



SPIRITS 30ML

APERITIF AND DIGESTIVE

Aperol 15 Campari 15 Averna Amaro 15

IRISH WHISKEY

Tullamore DEW 17 Bushmills 10 Years 18

BLENDED SCOTCH

Chivas Regal 12 Years 16 Johnnie Walker Black 16

RUM

Ron Zacapa Centenario 23 22 Havana Club Anejo 3 Anos 15

LIQUEURS

Cointreau 15

AMERICAN WHISKEY

Jim Beam Bourbon 16 Jack Daniels 16 Makers Mark Bourbon 18

GIN

Tanqueray 18 Bombay Sapphire 17 Four Pillars 17

VODKA

Absolut 16 Ciroc 19

COGNAC

Hennessy V.S.O.P. 19 Remy Martin XO 39

TEQUILA Olmeca Blanco 15

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